

Benalla P-12 College

Acting Executive Principal - Kylie Cotter

A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers,

School Council

It is the time of year again when we call for nominations for the parent positions on school council and hold elections if required. Details about the opening and closing dates are posted at each campus office, along with the number of positions. In short, there are **3 parent vacancies** and nominations open today and close next **Monday February 27**.

No special skills are required to be on school council, just a willingness to be involved and learn. Training is provided if needed for new councillors and it is a great way to contribute to policy development at school. There are several sub-committees including Finance, OHS, Buildings and Grounds and Education that councillors can also be a part of and develop a better understanding of the way the school operates.

College Council meets 8 times per year (twice each term). Meetings are 90 mins, usually starting at 5.30, and rotate between the campuses. We have had good representation from each of the campuses in the last few years but this is not essential. We just need parents who are interested in making a positive contribution to the success of the school.

If you would like to nominate yourself or someone else, please fill in a form available at any campus office. If the number of nominations exceeds the number of vacancies, an election will be held and further information will be sent out about that.

If you are interested but would like to know more or have any questions, please get in touch with me through any campus office.

Swimming Sports

Tomorrow is the secondary swimming sports at the Benalla pool. This is a normal school day and all students are expected to attend. Even if you don't swim it is a fun day out and important to be there to support others and your house. Students should wear house colours. There will be a BBQ and drinks available as a fundraiser so bring along some money as well.

Email: benalla.p12@education.vic.gov.au
Web: www.benallap12.vic.edu.au



DATES TO REMEMBER

Monday 20 –23 February

- Year 3/4 Swimming Program– Avon St
- Year 1/2 Hockey Clinic-Avon & Waller Street

Tuesday 21 February

- Year 7-12 Swimming Carnival
- Year 5/6 Hockey Clinic-Clarke Street

Wednesday 22 February

Year 5-9 School Photos

Monday 27 February

Ovens & Mitta Division Swimming-Wangaratta

Tuesday 28 February– 2 March

Year 3/4 Swimming Program-Waller St

Tuesday 20 –23 February

Year 3/4 Swimming Program

Please Note
The uniform Shop will
be closed Friday the
10th March

Our College Values

Respect

Responsibility

High Expectations

Integrity

Privacy Reminder

Annual privacy reminder for our school community

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy.

Please take time to read our school's collection notice, found on our website <http://www.benallap12.vic.edu.au> to your school's collection notice. For more information about privacy, refer to: Schools' Privacy Policy — information for parents.

Kylie Cotter
Acting Principal



A reminder to families to please sign Local Excursion and Media permission forms on Compass



Attendance Matters

Every student. Every day.



Follow us on
Instagram

Every day counts, even when your child is anxious

What can I do if my child has anxiety?

It is important not to dismiss your child's anxiety but to help them see the situations they are worried about may not be as bad as they think.

- Remain clam- you will be better placed to make them feel more confident. Try not to let your child see that you are worried or frustrated.
- Listen to your child and encourage him/her to share their feelings and fears.
- Don't dismiss your child's feelings-everyone feels afraid sometimes and your child might perceive this as you not understanding or not caring of their concerns.
- Discuss various scenarios, possible outcomes and ways to handle situations to help your child develop problem solving strategies.
- Avoid taking over or giving your child the impression that you will fight their battles for them. Some children with anxiety are happy for others to do things for them and if you take over it stops them from learning how to cope themselves.
- Seek assistance from your child's school- there is support and assistance available. The sooner you talk to your child's school about your concerns, the better.
- Avoid being late when picking up or dropping off your child for school.

If you feel your child is experiencing anxiety and not wanting to come to school, please speak with your child's teacher, or contact one of our student wellbeing team members who can offer assistance and make recommendations about professional support if needed.

Help us to help you, please contact one of our Wellbeing team, Lou, Bron, Meagan or Scott to assist with your child and their attendance.

- ☐ Avon St Campus -Scott Greig 5762 1646
- ☐ Waller St Campus -Bron Greig 5762 2600
- ☐ Faithfull St Campus -Lou McCloskey 5761 2777
- ☐ Senior Campus Faithful Campus -Meagan 5761 2777

In primary school, some students **miss** on average **3 weeks** of school **per year**. That's **half a year** of school by the end of **year 6**.



Going to school every day is the single most important part of your child's education.

For more information and resources to help address attendance issues, visit: education.vic.gov.au



Department of Education and Early Childhood Development

In Years 7-10, students **miss** on average almost **a week** **every term** - that's **four weeks** of school per year.



Going to school every day is the single most important part of your child's education.

For more information and resources to help address attendance issues, visit: education.vic.gov.au



Department of Education and Early Childhood Development

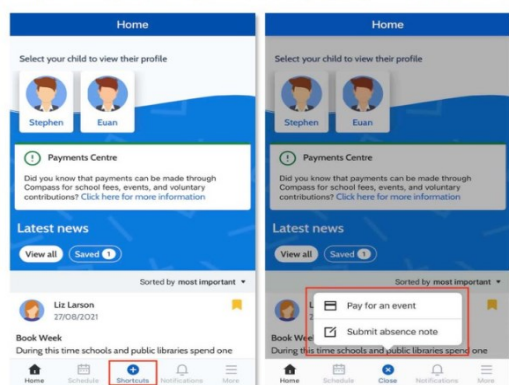


Follow us on
Instagram

Adding an attendance note is as easy as 1, 2, 3.....

1. Open Compass App
2. Click on shortcuts
3. Submit attendance note

The 'Shortcuts' button gives parents quick access to add an attendance note or pay for an event.



Benalla P-12 College

Photo Day 2023

Student envelopes will be sent home this week.

Tuesday 14th February.

Avon, Waller & Year 10-12 Faithfull Campus

Wednesday 22nd February

Faithfull Campus Years 5-9

To Order Photos:

Go to www.msp.com.au and click "Order Photos". Enter your child's personalised shootkey and follow the prompts.

Order your School Photos before midnight Friday 17th February

Late Orders can be accepted after 17th February by contacting 03 5482 3190. All late orders incur an extra \$20 for postage and handling.

Family Photos - Please order online prior to photo day with the unique shootkey on the Family form. Extra Family Envelopes are available at the School Office.

1 Family Shoot Key per Family.




msp
photography

03 5482 3190
admin.mrr@msp.com.au
www.msp.com.au



BENALLA P-12 UNIFORM SHOP
2023 OPEN DAYS
FAITHFULL STREET
CAMPUS

The uniform Shop will be
open every

Wednesday 2.30pm-5.30pm
&
Friday 8.00am-12.00pm

Uniforms can be
ordered through the
QKR app



Step 1 Download Qkr!

On your Android phone or iPhone, iPad users can download iPhone app

Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our School

Benalla P-12 College will appear in 'Nearby Locations' if you are within 10km of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them

You're now ready to order uniforms

- Select Menu
- Click on Uniform
- View menu
- Select items
- Add to cart
- Checkout and pay with credit card



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Instagram

TERM 1 DATES, TUESDAY 31ST JAN-

AVON STREET STUDENTS OF THE WEEK

Congratulations to our students of week 3 & 4



Avon Street Campus

Thank you to everyone for completing the Media and Intercampus permission forms on Compass.

Our lunch orders day is Friday each week please write your child's name, class and total money enclosed in an envelope no change is given.

Breaky Club is every Thursday and Friday from 8.30am we love to see you.

Please join us for assembly each Friday 2.40pm, all welcome



Follow us on
Instagram

The AFL North East Border were excited to bring the 2023 AFL Community Camps to Benalla P-12 College last week. Our Year 1/2 and 3/4 students were delighted to be visited by some players from the St Kilda Football Club. The players talked about when they first started playing football, how they train, their favourite pregame meal and their most memorable moments.

Students had prepared some questions for the players and also had the opportunity to have photos taken with players and football apparel and balls signed.



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BENALLA P-12 COLLEGE

Waller Street Campus News

STUDENTS OF WEEK 3 & 4



House Leaders pictured above
Buffalo – Levi and Kiki
Buller – Khloe and Eva
Hotham – Akira and Hailey
Stirling – Jemma and Eli



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Our intensive swimming program has been taking place this week at the Faithful Street Swimming Pool. Thank you to our Swim instructors, Tamara and Vicki from the YMCA. Students have had the opportunity to swim every day, and have developed their skills and learnt about water safety. They have been having lots of fun playing games and enjoying the pool in this hot weather.



PRIMARY SWIMMING TRIALS



Congratulations to some of our Year 5/6 students who swam in our swimming Time Trials. Despite the very hot day, the students swam to the best of their ability and some great times were recorded.

Well done to all students who participated in every event. House points were earned throughout the afternoon. Congratulations goes to Stirling, coming in first place. Followed by Buller, Buffalo and Hotham. Thank you to Ross, Mr Major and Emily who helped run the event. Also, to the parents and families who came to cheer the kids on.

Vanessa Neilson



Follow us on
Instagram

Senior School News:

The Senior School House Captains were voted in last week! A huge congratulations to our house captains for 2023!

Buffalo: Tyler McGregor and Jennifer Ludvigh
 Hotham: Bethany Barrow-Glass and Alice O'Brien
 Buller: Charlize Thomson and Ella Willet
 Stirling: Kyle Termorshuizen and Issy Stevenson

Well done to all who applied this year. It takes a lot of courage to put yourself out there for leadership positions.

Our House Captains, along with our College Captains will be assisting in the organisation of the Swimming Carnival next week on Tuesday 21st February. They will also be active participants in the Student Leadership Group, assist in the organisation of the Athletics Carnival in Term 2 and be role models for our school values throughout the year.

Congratulations to our house captains for 2023.

**WORDS OF THE WEEK (WEEK 3 & 4)**

Each week we introduce two new vocabulary around the Faithful Street Campus. This term we are selecting words within the theme of relationships. Developing positive and respectful relationships is an important part of students' social and emotional wellbeing at school.

Ways to incorporate the words of the week at home:

- ⇒ Ask your young people about the words and what they might think they mean.
- ⇒ Discuss one or more of the relationships students have with a friend and how these words might fit into that friendship.
- ⇒ Ask your young person to put the word in a sentence.
- ⇒ Discuss other words that mean the same thing or words that mean the opposite.

Tegan Vogel

Secondary Learning Specialist (Literacy)

Indispensable

Indispensable is an adjective that means absolutely necessary.

Examples:

My friend is indispensable.

That employee is indispensable.

The teacher was teaching indispensable knowledge.

Grateful

Grateful is an adjective that describes the feeling of being thankful for something received or done. It is used to show appreciation.

Examples:

He was grateful that his friends came to his aid.

"I am so grateful for your contribution."

I'm grateful that the injury was not as bad as we had feared.

Rapport

Rapport is a noun for a relationship that is friendly and harmonious. It is a relationship that has mutual understanding and empathy, making communication easy.

Examples:

The teacher was able to build rapport with the students.

They were able to come to an agreement easily because of the rapport they had.

The boss had good rapport with the staff.

Authentic

Authentic is an adjective used to describe when something is true, real or genuine and it can be trusted and believed.

Examples

They have a truly authentic friendship.

The experts have confirmed that the signature on the letter is authentic.

We went to an authentic Mexican restaurant for his birthday.



ARE YOU ELIGIBLE FOR THE CAMPS, SPORTS AND EXCURSIONS PAYMENT FOR 2023

If you hold a valid means-tested Centrelink Card (ie Health Care Card, Pension/Veterans Affairs Card, Youth Allowance Card) you are eligible to receive CSEF funding. This is available to help families with the cost of **Camps, Sport & Excursions**.

- Families of students new to the school will need to complete an Application Form and provide a copy of their valid Centrelink Card to the school
- Families who received CSEF last year do not need to reapply again this year provided your card is still valid.



EVERY MINUTE COUNTS

Just a little bit late doesn't seem much but.....

| He/She is only missing just.... | That equals.... | Which is.... | over 13 years of schooling. That's.... |
|---------------------------------|----------------------------|---------------------------|--|
| 10 minutes per day | 50 minutes per week | Nearly 1.5 weeks per year | Nearly HALF A YEAR |
| 20 minutes per day | 1 hour 40 minutes per week | Nearly 2.5 weeks per year | Nearly 1 YEAR |
| Half an hour per day | Half a day per week | 4 weeks per year | Nearly 1 AND A HALF YEARS |
| 1 hour per day | 1 day per week | 8 weeks per year | Nearly 2 AND A HALF YEARS |



Did you know your child's best learning time is the start of the school day?

That's when every minute counts the most!



Brekky Club 8.30am

Don't forget to join us at Breakfast club from 8:30am on all campuses. Breakfast club is a great place to catch up with your friends and enjoy a great start to the day.



Waller Street Campus is open everyday

Faithfull Street Campus -Tuesday- Friday

Avon Street Campus - Thursdays & Fridays

Reminder!

HATS: A reminder that hats are compulsory for outside play this term. Please ensure your child/ren have a broad-brimmed hat, with their name clearly labelled on it. Hats are available to purchase from the office for \$10 each.



FAITHFULL ST CANTEEN MENU

HOT FOOD

RECESS

Egg & Bacon Roll \$5
Breaky wrap \$6
Ham, Cheese Toasty \$4
Hash Brown \$1

LUNCH

Cheese Burger \$5
Chicken & Cheese Burger \$6
Pie \$4 (add sauce .20c)
Sausage roll \$4 (add sauce .20c)
Hot Chips \$4 (add gravy .50c)
Chicken Nuggets & Chips \$6 (add sauce .20c)
Potato Cakes \$1
Dim Sims \$1
Vegetarian dim sim \$1

COLD FOOD

BERRY SMOOTHIE \$5
FRUIT SALAD \$4
WRAPS \$6
Sweet Chili Chicken, Ham salad, Chicken Salad, Salad
CHICKEN SALAD BOWL \$6
MUFFIN \$4
Chocolate, Blueberry
LEMON SLICE \$
CHOC CHIP COOKIE \$1
ICY POLE \$1

DRINKS:

FLAVOURED MILK. \$3.00
Chocolate, Strawberry, Banana, Iced Coffee, Honeycomb
UP & GO \$4.00
Chocolate, Strawberry, Banana, Vanilla
Prima \$2.50
Orange, Apple, Tropical
Water \$1



CLARKE ST CANTEEN MENU LUNCH ONLY

HOT FOOD

Cheese Burger \$5
Chicken & Cheese Burger \$6
Chicken Nuggets Chips \$5
Pie \$4 (add sauce .20c)
Sausage Roll \$4 (add sauce .20c)
Hot Chips \$4 (add gravy .50c)
Chicken nuggets & Chips \$6 (add sauce .20c)
Potato Cake \$1
Dim Sim \$1
Vegetarian dim sim \$1

COLD FOOD

FRUIT SALAD \$4
WRAPS \$5
Sweet Chili Chicken, Ham salad, Chicken Salad, Salad
CHICKEN SALAD BOWL \$6
LEMON SLICE \$4
MUFFINS \$4
Chocolate, Blueberry
ICY POLE \$1



Use the QKR app and pre-order your lunches.

ALL orders need to be placed by
9.00am

A reminder to change your child's year level on the OKR app

Step 1 Download Qkr!

On your Android phone or iPhone, iPad users can download iPhone app

Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our School

Benalla P-12 College will appear in 'Nearby Locations' if you are within 10km of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them

Come & Try HOCKEY!

Starts Thurs 2nd
March!

No experience needed!

First 3 sessions FREE!

Have fun, make friends

Whole family can play together

Come and surprise yourself!

Equipment provided, COVID safe

HOOKIN2HOCKEY

4.30 – 5.30pm 5-12 year olds

FUN SUMMER HOCKEY

6 – 7pm Teens and Adults

Join in any week, competition starts 29th April

Hockey field, Churchill Reserve, Waller St

Bring a drink bottle and friends!

More info: benallahockey@gmail.com

RSVP please for session planning:



Connect9

TOMORROW TODAY
Benalla. Stronger together

Calling
ALL
Year 9s

WHAT IS Connect9?

A 10-week program just for Year 9 students. You are matched with a local mentor to explore some of the wonderful things that Benalla has to offer. You'll also make new friends and have the chance to consider your future.

WHAT'S IN THE PROGRAM?

Every week we explore a new activity, there is so much to do here in Benalla!

- YMCA
- Masterchef Night
- Lakeside Scavenger Hunt
- Art
- Venturers
- Robotics
- Flight simulation
- New hobbies like archery, blacksmithing, fishing, sports and fitness, photography and more!
- Volunteering opportunities in the community
- A FREE GLIDER FLIGHT!

WHO CAN COME ALONG?

Any Year 9 student living in Benalla Rural City.

HOW MUCH DOES IT COST?

The program is absolutely FREE!

WHEN?

You can join the program in either Term 2 or Term 3.

TERM 2 2023

Tuesdays 5.30pm - 7.30pm

TERM 3 2023

Wednesdays 5.30pm - 7.30pm

WHERE?

Tomorrow Today
66 Nunn St, Benalla



USE THIS QR CODE
TO APPLY, OR
SEE YOUR YEAR 9
COORDINATOR



U12 ALLOCATION SESSIONS

19TH & 26TH FEBRUARY

9am till 10.30am

Auskick Ovals, Arundel St

Bring water bottle & hat



Follow us on
Instagram

Tomorrow Today, in partnership with Benalla sports and recreation groups, is running a program to ensure every Benalla young person can participate in an after-school/weekend activity.

So, if you hold a current Pension Card or Health Care Card and live in the Benalla local government area, your children aged 5 to 19 can have from \$60 to \$130 paid towards their registration costs for a sport or activity in Benalla.

If you already know what sport or activity you would like to do, phone Tomorrow Today on 5762 1211. We will help to organise the registration and payment. If you would like help with choosing a sport or hobby, join us on Sunday March 5 for Come and Try Day.



Come and Try Day

A FREE community event showcasing Benalla's great sports and recreation activities for young people aged 5-19 years.

For more information, call Alex at Tomorrow Today on 03 5762 1211

When: Sunday 5 March 2023

Time: 10am – 1pm

Where: Benalla All Blacks Reserve and Benalla Indoor Recreation Centre, 9 Ackerly Ave



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