Edition #21

Benalla P-12 College

Executive Principal - Tony Clark

A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers,

Tomorrow night (Tuesday 9th August) we are holding an information session about our primary campuses and programs. It is aimed at all current and prospective parents and will cover our approaches to teaching and learning, attendance, student wellbeing and transition for all students from Grade Prep to 6.

The session will be held at the Avon Campus from 6pm to 7pm. I would warmly invite all parents and carers to come along and hear about our great teachers and support staff and the work they do with children every day. I hope to see as many parents there as possible for a short but informative session.

One of the main topics we will discuss on Tuesday evening is student wellbeing. Over the past few years the educational landscape has changed quite a lot. One of these changes is the increased role that schools now play in developing and supporting student wellbeing alongside teaching and learning.

At Benalla P-12 we have a wide range of supports and programs to look after student wellbeing. These include dedicated wellbeing staff at each campus, the Doctors in Schools program, a secondary school nurse two days a week, a Secondary Mental Health Practitioner, Hands on Learning and access to specialist psychologist services if required.

These wellbeing supports and programs are there in equal measure along with high quality teaching and learning programs to ensure that all our students are successful at school and are well prepared to meet their potential.

Regards, Tony Clark Executive Principal.



BENALLA P-12 COLLEGE

2023 PREP TOURS



Please phone 03 5761 2777 to make a booking

Sam Hazell Waller Street Campus Principal

Jo Treacy Avon Street Campus Principal

Email: benalla.p12@education.vic.gov.au Web: www.benallap12.vic.edu.au

BENALLA P-12 COLLEGE COMMITTED TO EXCELLENCE

DATES TO REMEMBER

Tuesday 9 August

- Change4Change Sport & Fundraising BBQ - Clarke St Campus
- Avon Street Campus Pyjama Day
- Gold Coin Donation

Wednesday 10 August

 Clarke St Campus - Attendance Hall of Fame Lunch Party

Thursday 11 August

Lunch Party

Unit 4 Vet Community SAC

Friday 12 August

- Unit 4 Psych SAC
- All P-2 Cross Country at Avon

Uniform Shop

Uniform Shop Opening Hours

Faithful Street Campus

every

Wednesday

2.30-5.30pm

Friday

8am-12pm

Extra days will be scheduled at the start of the year and change of season

Our College Values

Respect

Responsibility

High Expectations

Integrity

Avon & Waller Street Campus News

Melbourne Stars visit Benalla P-12 College

Last week we were fortunate to have some Melbourne Stars visit our P-4 campuses. The players ran a clinic for some of our students and handed out quite a few freebies! The students really enjoyed the experience of meeting top level players including WBBL players Lucy Cripps, Sophie Reid and Kim McGrath and BBL player Clint Hinchcliffe. We also had two representatives from the Benalla Bushrangers: Shane Richardson and Charlie Bull.

Vanessa Neilson









Avon Street Campus Students of the Week













Waller Street Campus News

Year 4 Tree Planting Day

Last Wednesday Year 4 students from both Avon and Waller Campuses travelled to the Faithful Campus to participate in National Tree Day 2022. Working with the Hands on Learning team and Student Leadership Group, the Year 4 students learnt about the different types of plants that you might find in our school wetlands, how to plant a new tree, what a new tree needs to grow and the different types of animals that live in this type of environment.

On Wednesday the Year 4s went tree planting. We all planted about 5 trees and had a sausage sizzle for lunch, it was fun. – Brodie

Last Wednesday grade 4s from Waller and Avon went to Faithful St to plant trees because it was National Tree Day. My favourite part of the day was when one of older kids fell over in the mud. – Rebecca

We went to Faithful St to plant trees because it was National Tree Day. We had lots of fun and planted lots of trees. – Zak

At the tree planting day, we worked with the SLG kids from Faithful St and the Hands on Learning kids. My group planted seven plants and it was fun. We then played tiggy and had a sausage sizzle. – Lucas









Waller Street Campus News

P to 4 "Us Mob"

The "Us Mob" commenced this term for our Koori students to learn about aboriginal culture, customs, traditions, beliefs and much more. Rebecca Granage- Acting Koorie Education Coordinator from the Department of Education and Training came to explain and tell the history of some indigenous artefacts to the group along with an Emu Egg. Pictured is Bray, Sean, Kiki, Noah, Destiny, Zak and Dj holding some of the artefacts. If you are wanting any information about the "Us Mob" group, please don't hesitate to contact Bron on the Waller Campus or Scott from the Avon Campus











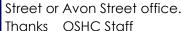






Out of School Hours Care

The Vacation Care program are after some empty can/tins for the September program! Any shape or size would be greatly appreciated. Tomato, fruit, milo, baby formula tins would be perfect. Drop into Waller









Clarke Street Campus Students of the Week







Faithfull Street Campus News

CANTEEN NEWS

Thursday 11th August there will be a special lunch of Nachos for \$5 on for order via the qkr app orders will have to be in by the 9th August so we can accommodate how much stock is needed. This will be the only thing available for lunch on the 11th the normal canteen menu will not be available for lunch.

Nachos

SENIOR STUDENTS OF THE WEEK



Year 10 Yanru Zong



Year 11- Jennifer Ludvigh



Year 12 Ella Sheehan

Faithfull Street Campus Yr 7-9 Students of the Week



Student of the Week, Year 7-9
Term 3, Week 3



Year 7- Barry Reid



Year 8- Ryder Levy



Year 9- Amber Armstong





Hands on Learning

National Tree Planting Day

The National Tree Day is on the 31st of July. As a celebration, the secondary Student Leadership Group (SLG) and the Hands on Learning students of Benalla P-12 College organised a tree planting day for the Year 4's from both the Avon and Waller Street campuses.

After a welcome to the Faithfull Street Wetlands sixty Year 4's participated in a scavenger hunt designed by the Year and 8's. In small groups, they had to find a range of wetland animals and insects hidden throughout the wetlands. After prizes had been awarded to the students who found all the animals and insects the Year 9's gave an informative talk about the design and importance of wetlands and used photos and a poster to help explain. The older students led small groups of the younger students to start the part of the day that they were most excited about, planting and getting their hands dirty.

The planting included a number of different types of plants, including rushes, grasses, herbaceous swamp plants and wattles. Over 150 plants were planted, much to everyone's pride.

Lunch was a sausage sizzle provided by the hospitable Hands On Learning crew, followed by a break for mingling between year levels. Many SLG members made some young new friends with the happy Year 4's.

The SLG and Hands On Learning people were thanked by the Year 4 campus leaders for a very successful and enjoyable day out.

Aria Winkler, SLG.





Faithfull Street Campus

Year 7-12 Words of the Week: Term 3 Week 1

Dear Parents and Guardians, Thank-you for supporting our Words of the Week. The feedback for this has been positive and so we will be continuing our Words of the Week for the second semester! To celebrate we will be running a competition using the words of the week. See details below. (Christa Rembold - Learning Specialist Literacy)

Words of the Week: Term 3 Week 5

Reinforce

Reluctant

The word reinforce is a verb and it means to support or strengthen an object or substance.

For example, you might reinforce an argument by adding evidence.

You might reinforce a wall by adding stronger materials to it.

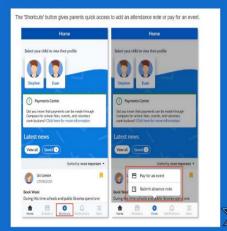
Reluctant is an adjective and it describes a person who is unwilling or lacking in enthusiasm for a task or event.

For example, you might be reluctant to put disinfectant on a cut because you know it's going to sting.

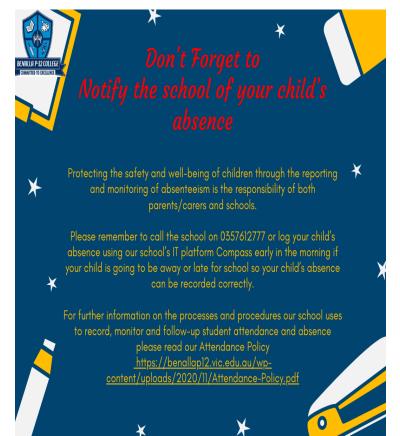
Challenge: Can you think of ways to get the 'Words of the Week' into your conversations??? C. Rembold (Learning Specialist – Literacy)

Adding an attendance note is as easy as 1, 2, 3..... Open Compass App Click on shortcuts

3. Submit attendance note











Faithfull Street Campus News

On Tuesday 2nd August Nick from Elevate Education came and ran two study skills sessions with our year 12 VCE students to help them prepare for exams. Students were able to reflect on their current practice and how they can make small changes to save them time and increase their marks. The sessions were, fun interactive and overall really





CAREERS

GREAT TOMORROW Benalla. Stronger together START TO WORK

WHAT IS GREAT START TO WORK?

A 6-week work-readiness program designed for all young people either looking for a part-time job or wanting some guidance in their existing part-time job.



WHO CAN COME ALONG?

Anyone living in Benalla aged 14-18 years old.

HOW MUCH DOES IT COST?

The program is absolutely FREE!

WHY JOIN THE PROGRAM?

You will learn how to:

- develop vour resume
- get your tax file number and bank account
- 'dress to impress'...on a budget
- gain confidence to go out and find work
- understand what employers' expect from their staff
- perfect your interview techniques in our mock interviews
- learn about your rights and your responsibilities
- connect with local business owners who hire young people

Do you already have a job but have some questions or need advice about your current work conditions?

Well this program is perfect for you, too!

WHEN?

4pm - 7pm Tuesday nights 19 and 26 July 2, 9, 16 and 23 August



WHERE?

At Tomorrow Today 66 Nunn St

SEE YOUR CAREERS ADVISOR TO APPLY!



Connect9





Connection, discovery, fun new experiences and living a great life!

WHAT IS CONNECT9?

A 10-week program just for Year 9 students. You are matched with a local mentor to explore some of the wonderful things that Benalla has to offer. You'll also make new friends and have the chance to consider your future.



SO WHAT HAPPENS IN CONNECT 9?

Every week we explore a new activity, there is so much to do here in Benalla!

- YMCA
- Masterchef Night
- Lakeside Scavenger Hunt
- Art
- Venturers
- Robotics
- Flight simulation
- New hobbies like archery, blacksmithing, fishing, sports and fitness, photography and more!
- Volunteering opportunities in the community
- A FREE GLIDER FLIGHT!

SEE YOUR YEAR 9
COORDINATOR TO APPLY!

WHO CAN COME ALONG?

Any Year 9 student living in Benalla Rural City.

HOW MUCH DOES IT COST?

The program is absolutely FREE!



WHEN?

5.30pm - 7.30pm Wednesday nights in Term 3

WHERE?

Tomorrow Today 66 Nunn St







parenting * ideas

INSIGHTS

Sextortion on Instagram



Even though Insights is for parents of children of all ages, we sometimes share content that is aimed specifically at parents of older children. This issue is one such example. However, parents of younger children will gain from reading this Insights article, simply because soon your children will be big enough to be utilising social media and online games. Once this happens, whether at your home or at a family member or friend home, your child is exposed to risks like those outlined below.

Our children are curious, and potential child predators recognise and prey on this. Recently we have had several disclosures of sextortion. Sextortion is a hybrid of the words Sexual and Extortion. Sextortion is a serious crime that occurs when someone threatens to distribute your private and sensitive material if you don't provide them images of a sexual nature, sexual favours, or money.

The way this often works is that your child will be approached and targeted through a direct message request from a stranger on their social media platform, such as Instagram. These approaches can also happen on games with chat functions including Roblox and Minecraft.

The most recent case that we referred to the Police was a 16 year old girl that had checked her direct message requests and accepted them (as most teens usually do even though this is very dangerous). Once the connection was made, the sextorter (that is, the new "friend" or "connection") said "If you don't send me a nude in 60 secs I will send this image to your friends and say it is you". They sent her a cropped image of a naked young woman laying on a bed.

The 16 year old responded, saying that she would report them. Again they gave her 60 seconds. The girl responded with some forceful profanities in an attempt to shut down the conversation. The blackmailer went ahead and sent the image through another DM to three boys that were on her friend [s] list.

The perpetrator had done their research, and they knew the boys lived in the same town as they played sport together and had commented on a recent post the girl had shared. (This is easy to figure out through a public account on Instagram and why setting an Instagram account to private is a must.) The girl blocked the person doing the sextortion, but messages kept coming through under multiple account names. The girl took screenshots to use as evidence. They were all reported to Instagram and blocked. We notified the Police so that they were aware if the images were shared by other teens who may have believed it was her.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au





They contacted the teens involved who had received the photo and shut the whole situation down very quickly.

As frightening as this is, this is a good news story. The boys knew it wasn ther. They didn to pass things along. The girl blocked the perpetrator. The issue was reported and police intervened.

Nevertheless, this example highlights the enormous and urgent need we have to engage with our children with conversations about the way that they are using social media or online games and other platforms where our children can interact with, and be contacted by, people not known to them. Things you need to discuss with your children include: That they should never accept DM requests from anyone they don! know. Accepting a DM request from an unknown contact is not safe. Never. Ever

That they should never share personal details with people they do not know personally. Children are groomed every day by people who are not who they say they are. (E.g., a 47 year-old man pretending to be a 12-year-old boy)

Tell them to use an alias, and to avoid sharing anything about their location, school, favourite hobbies, or anything else with people on the Internet, even if they think they know who they are talking with Ask them to show you the DM request section of their online profiles from time to time. (DMs are usually just from their friends, but the DM request section is almost always from strangers)

Ask your child to show you how they report and block to be assured that they know what to do when things go wrong Make sure they know not to pay or respond to any demands at all. They should not engage at all

Teach them that they should take screenshots if something happens to have evidence if the authorities need to be notified

Let them know that they can always speak to you without judgment, that you will help them if they make a mistake online, and something goes wrong. They need to know that they should never be afraid to speak up.

In closing

If you are in Australia, make an image-based abuse report to https://www.esafety.gov.au/report/image-based-abuse Report suspected grooming to https://www.accce.gov.au/

Or report to your local Police or Crime stoppers via https://crimestoppers.com.au/

If you are not in Australia, immediately contact your local Police for advice and to make a report.



Kirra Pendergast

Kirra Pendergast is the CEO of Safe on Social Media Pty Ltd and The eSafety Training Company Pty Ltd. Both are purpose-driven organisations, aiming to keep as many people across the world safe online through education and empowerment. For further information visit www.safeonsocial.com and www.esafetyha.com

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au







Thoona CWA

Unlocking the key to Learning



Thoona CWA are inviting you to an informative afternoon on Dyslexia

Guest Speaker

Sally Beulke

B.Sc, Dip.Ed, B.Ed, TAE. DDAI Fac(USA). Dyslexia Victoria

August 15th @1:30 pm Thoona Hall Sargeant St, Thoona followed by afternoon tea and a chat.

Is your child or grandchild having difficulties with their school work? Did you know 1 in 10 children are dyslexic? Then come along and learn more about children with Dyslexia and how difficult it can be for them. We are endeavouring to create more awareness regarding Dyslexia.

For catering we need to know numbers, so please phone
Heather 0428 652 347 if you can attend.

Look forward to seeing you there.







Visit the Benalla Netball Facebook page for registration links or email benallanetball@gmail.com with any queries.

NETSETGO

Jenny Wapling "Wedgie" :0428 590 606 Stephanie Johnston "Koala": 0455 857 704 Kylie Dennis "Kooka" 0435 624 380

Enquiries:

Registrations are now OPEN!!! Starts 30th August



Visit the Benalla Netball Facebook page for registration links or email benallanetball@gmail.com with any queries.



