

Benalla P-12 College

Executive Principal - Tony Clark

A Message from our Principal

College Vision

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers,

At the moment it feels like the only thing in the media is COVID related. This will probably be the case for some time and is something we will all just have to get used to. Feeling flat, uncertain, frustrated and lacking energy are all signs of this constant cycle we are all in.

During times like this we don't always get things right. As a school we might not always communicate in the most effective way or handle every situation perfectly. But I can guarantee you all that every single member of staff here is working as hard as they can to do the best they can for every child here. And I am sure that you as parents are all doing your absolute best too.

This is a time for us to be kind and gentle with each other, to treat each other as we would like to be treated. To remember that every person on the other end of an email or phone call is human and is going through the same struggles as all of us. It's not a time to score points, but a time where we step up to support each other and build our collective strength as a community.

As we slowly move forward through these uncertain times, I hope this is how we will interact with each other.

Take care. Check in with each other and continue to support those around you. Stay safe and well.

Regards,

Tony Clark

Executive Principal.



DATES TO REMEMBER

Tuesday August 17

- HOL Learning Excursion-Lake Nillahcootie
- Year 11 Worlds Greatest Shave

Wednesday August 18

- Year 9,10 and 11 Course Counselling
- OES White Water Day Trip-King River

Friday August 20

Yearp-2-Cross Country-Avon Campus

Monday August 23

VCAL Jobcamp Excursion

Thursday August 26

- Victorian School Music Festival-Hawthorn Arts Centre

Our College Values

Respect

Responsibility



Register **NOW** For ...2022

Do you or a friend have a younger child due to start school next year? We are currently accepting enrolments for prospective 2022 prep students and their families. Please contact our friendly Avon and Waller Street Campus to register your interest.



Attendance

One of our key priority areas since coming back from lockdown is ensuring all students are back at school and engaged in their learning. This is incredibly important as we all know that 'every day counts'. Our wellbeing staff and admin team will be in contact with you if your child is absent and if you haven't provided an explanation. Please continue to support this process by using Compass to let us know your child will be away or providing a note afterwards.



EVERY MINUTE COUNTS


Just a little bit late doesn't seem much but.....

He/She is only missing just....	That equals....	Which is....	over 13 years of schooling, that's....
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly HALF A YEAR
20 minutes per day	1 hour 40 minutes per week	Nearly 2.5 weeks per year	Nearly 1 YEAR
Half an hour per day	Half a day per week	4 weeks per year	Nearly 1 AND A HALF YEARS
1 hour per day	1 day per week	8 weeks per year	Nearly 2 AND A HALF YEARS



Did you know your child's best learning time is the start of the school day?

That's when every minute counts the most!




ISSUE 6 IS

ONLINE NOW!

ORDERS CLOSE 9.00AM

3 September

Orders can only be paid for online through Scholastic Book Club Loop Orders using your credit card. Three easy steps can be found on the back page of the catalogue or follow the below link take you to the registration page:

<https://mybookclubs.scholastic.com.au/Parent/Register.aspx?ReturnUrl=>

Enter your details | Add Child | Search for our School & your child's class | Ready to Order!

dates
to Remember

SCHOOL UNIFORM DATES- FAITHFULL ST CAMPUS

3.30pm-5.30pm

Wednesday September 1st.

Orders can also be placed over the phone and delivered to your campus.

Call Judds Yarrawonga on 5744 1269 for any further details



Follow us on **Instagram**

term 3 dates, Monday 12th July- Friday 17th September

The Foundation students had a great time working on tying shoe laces using the bunny ears method. It is very tricky! They were very persistent. It was great to see the huge grins!!



STUDENTS OF THE WEEK



RED APRON AWARDS




Students of the week this week went to Sebastian, Talbot, William, Toby, Maclan, Orion and Katniss.

Red Apron awards winners were Liam and Fiza.

Well done to you all





Book Parade
Tuesday 24th August
9.00am

Dear Families,

We are inviting all students to dress up as their favourite book character on Tuesday to celebrate Book Week. Family and friends will be able to view the parade from the front fence.

Please adhere to COVID19 social distancing regulations.



The Waller Semester 2 House Leaders were presented with their badges on Tuesday morning and are pictured here with Mr. Hazell.



STUDENTS OF THE WEEK



Congratulations to the Waller Campus Students of the Week, Lily, Loki, Chase, Johnny, Lily, Oliver, Arli, Isabella and Madisyn.

BOOK WEEK

23rd – 27th August
'Old worlds, New worlds, Other worlds'

To celebrate this years book week, P-4 Students will be having a celebration day on **Wednesday the 25th of August.**

Students are encouraged to come dressed up as their favourite book character. We will have a book week parade 9-9.30, then engage in some multi age activities for the rest of the morning.



Unfortunately, at this stage due to COVID-19 restrictions parents will not be able to attend our school parade; we will let you know if restrictions change before then.



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Term 3 dates, Monday 12th July– Friday 17th September

15 MILE CREEK

Across two weeks, all of the Year 3/4 students from Avon and Waller headed out to 15 Mile Creek for their much anticipated camp experience.

The wet weather did not dampen the spirits of the campers, who were ready and raring to get stuck into their outdoor activities!

Bike riding, hut building, tree planting, creek walking, rock climbing, archery, bush walking and zip lining challenged the students during the day activities. During the evening, night zip line was a big hit along with orienteering.

The camp staff challenged students to step outside their comfort zone and reflect on their personal emotions as well as the emotions of their group members.

The recent lockdowns and restrictions put these camps in doubt over a number of weeks but due to the determination and organisation of the fantastic staff at 15 Mile Creek and camp coordinator Danielle Milvain they were able to go ahead. – so a huge thank you to these people!



Follow us on
Instagram

Term 3 dates, Monday 12th July– Friday 17th September

Charli Levy's quick write response to her art lesson last week:

Today the Matildas were playing in the Olympics and we are making a 3D soccer ball to represent them. On the soccer ball it will have lots of patterns that will be very complex which means "not simple". Complex lines could be radiating, zig-zag, wavy or even straight.

Attendance



Above: Ella Monaghan, Tahnee Lagerwey, Montana Blandford, Amelia Meharry & Deakin Bonnitcha

Kindness Award

Below:

Mikaylah and Taylah



Step challenge week 1 winners (highest steps in one week).

Below: Thomas Grace, Jobe swtovell & Hailey Zeibell




**Kindness
Matters.**

Before the crack of dawn, on the 4th of August 2021, the year 11 and year 12 Outdoor Ed and Sport & Recreation departed the bus stop and set off for their annual three day Mount Hotham snow trip. The students left at 5:30am and arrived at Hotham Central at 9:30am. Students grabbed their skiing and snowboarding gear and set off to the infamous beginner slope Big D. There, we each learnt the absolute fundamental basics of snowboarding and skiing. A few hours later the students began their lessons at the bottom of the summit of Mount Hotham. These lessons went on for an hour and a half with one for each of the three days. After a day of snow, cold and fun, we were greeted by the warm smell of dinner and the sound of music within our Lodge. There, we took time to rest, play chess, pool and many card games like Uno. That evening, some students opted to go night skiing. With the pitch black sky and the soft, white snow completely illuminated by the tall, bright, yellow 'stadium' lights, we zoomed down the steep slopes and tested our newly found skills from our lessons.



The next day, we were woken at 7am for breakfast. We also had to prepare ourselves for our next ski/snowboarding lesson at 8:30am that day. We caught the shuttle bus to hotham central and began our lessons. Afterwards, we went back to our lodge and had lunch. We had rolls that were jam-packed with salads, meat and sauces. We chilled out there for a while before heading back to the slopes. We continued skiing for hours and hours until 5pm, where we learnt the destructive and heartbreaking news that we were going back into another seven day lockdown. This put us all down, trying not to think of the fact that we were not going to be able to enjoy our third day in the snow. We all returned back to the lodge trying to figure out how and when we will be getting back to Benalla. However, we put aside the negative news and embraced a night of barbequed sausages and burgers and music. The next day we were scheduled to be picked up by the bus at 10am. Before this, we decided to take a walk in the sun and snow. This lifted our spirits greatly and allowed us to end our trip with a positive mood. Overall the students thank all the teachers and Hotham staff involved with the trip, which allowed us to have such an amazing time.

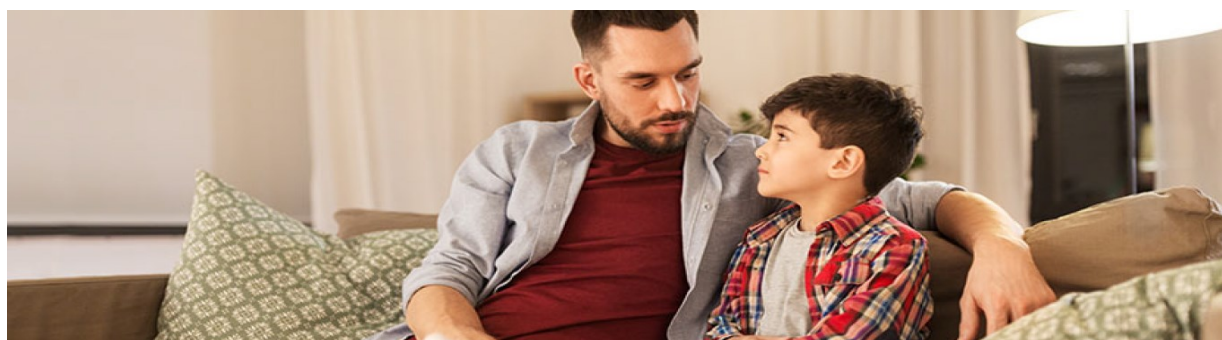


Special thanks to James Carboon, Elyse Felstead, Mitchell Booth, Jessie Gervasoni and Richard Hubbard.

By Harrison Drury.



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“Sticks and stones may break my bones, but words will never hurt me.”

This reply to playground name-calling has been taught to children by generations of parents. While the sentiments are true, it demonstrates how destructive language can be when it's used to hurt or humiliate.

Name-calling dehumanises the child or young person on the receiving end, making it easier for a perpetrator to bully, put down or abuse. The language of bullying and sexual abuse is deliberately vague and generalised making it easier to hurl insults about gender or ethnicity. It's much harder to insult someone when real names are used as it becomes personal.

Bullying uses language that dehumanises. Respectful relationships has its own language, and it's through this language that respect is shown, and personal safety and integrity are assured.

Parents can help children and young people to develop the language of respectful relationships in the following ways:

Use first or preferred names

The sound of a person's name respectfully spoken is music to the listener's ears. Teach kids to refer to other people by their first or preferred name. If a relative prefers to be called aunt or uncle rather than by their first name, then out of respect, encourage children and young people to adjust their language accordingly, even though you may not subscribe to such formalities. Politeness is respect in action.

Differentiate between behaviour and the person

It's incorrect to define a child's character through their poor behaviour. A child who tells lies is frequently called a liar, someone who steals is often labelled a thief, or someone who inadvertently shares secrets is deemed untrustworthy. In sporting parlance, focusing on the behaviour rather than on the person teaches kids about to play the ball, not the person. It may sound like splitting hairs but the focus on character traits rather than on a person's behaviour is hurtful, often degrading, and leads to resentment rather than change.

Call out disrespectful behaviour

The standard of behaviour you ignore is the standard of behaviour you accept. Disrespectful behaviour needs to be called out by adults so kids learn that bullying, racism and other forms of disrespectful language are not acceptable. When discussing the behaviour and character of friends, fictional characters in books and personalities on film differentiate between the behaviour and the person, calling out the use of negative labels when you hear them. It's easy to ignore disrespectful language when you hear it, but this one area where a consistent approach by adults is critical.



Frame behaviour as a choice

Framing behaviour as a choice is an essential respectful relationships strategy that needs to be reinforced for children and young people. "That's a smart/good/helpful choice!" is the type of response kids should repeatedly hear, reinforcing that their behaviour is a result of choice rather than driven by others, circumstances, or emotion. Personal choice negates the idea that somehow other people or circumstances determine behaviour, or become convenient scapegoats for all types of abuse and disrespectful behaviour. "She/he made me do it" just doesn't wash in a civilised society.

Develop a wide vocabulary

Build a wide vocabulary of terms essential to respectful relationships. Terms such as safety, choice, respect, acceptance, tolerance, love, likeable and host of others should be familiar to kids as well as phrases that emphasise fair and respectful treatment of others in all types of environments.

In closing

Respect is shown not only through the treatment of others but through the language kids use every day. By focusing on the language of respect you are laying the basis for kids to enjoy respectful relationships both now and in the future.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World* and *Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting.



www.benallap12.vic.edu.au

Register **NOW** For...2022

Do you or a friend have a younger child due to start school next year? We are currently accepting enrolments for prospective 2022 prep students and their families. Please contact our friendly Avon and Waller Street Campus to register your interest.



AVON STREET CAMPUS (Foundation–Year 4) Phone: (03) 5762 1646 | WALLER STREET CAMPUS (Foundation–Year 4) Phone: (03) 5762 2600
CLARKE STREET CAMPUS (Years 5–6) Phone: (03) 5761 2752 | FAITHFULL STREET CAMPUS (Years 7–12) Phone: (03) 5761 2777



Follow us on
Instagram

Come and Try Day

**SUNDAY 12
SEPTEMBER
2021**



Free community event showcasing Benalla's great sports and recreation activities.

Come and Try Day

Free community event showcasing Benalla's great sports and recreation activities.

Come and try:

- > Baseball
- > Basketball
- > Guides
- > Cricket
- > Archery
- > Soccer
- > Gibbs TaeKwonDo
- > Tennis
- > Room at the Table
- > Squash
- > Little Athletics
- > Dance

Who

Young people aged 5-19 years

When

Sunday 12 September 2021

Time

10am – 1pm

Where

Benalla Indoor Recreation Centre and All Blacks oval (Entry via Ackerly Avenue)

For more Information

Call Corena at Tomorrow Today on 5762 1211 or email admin@tomorrowtoday.com.au

If you decide to join a club or do an activity, Tomorrow Today can provide financial assistance to families with pension and health care cards.

**FREE
SAUSAGE
SIZZLE!**



Racquet Club Tennis Coaching



There is a range of tennis programs offered at Euroa Lawn and Benalla Gardens Tennis Clubs. Ages 3+ with weekday afternoons and Saturday morning options available.

- Kinder group sessions
- Primary and secondary school group lessons
- Squad sessions
- Private lessons (limited spots)
- Cardio Tennis

Tennis Australia accredited coach Kyle Andrews

For more details contact 0405 208 529 or Racquet Club Tennis coaching on Facebook

**Term 3
enrolments**



AUSTRALIAN NATIONAL BUSKING CHAMPIONSHIPS™ RUTHERGLEN SATURDAY 28 AUGUST 2021

Busking Prize Money Over \$5,000

Category	1st	2nd	3rd
Open Age	\$1000	\$500	\$300
Secondary Age	\$500	\$200	\$100
Primary	\$300	\$200	\$100
People's Choice	\$500	\$300	\$100

Best Band	\$500
Judges Encouragement Award	\$200
Special Judges Awards	\$200x4

Entry Fees for Buskers:

Solo	\$20
Duos	\$40
Groups (3 or more)	\$50

Buskers will be required to play 2-3 x 30 min sets at various locations along Rutherglen's closed Main St. Judging will be conducted by 3 Judges between 10am and 4pm.



Find us at Busking Rutherglen on Facebook and entry forms can be obtained from buskinghearrutherglen@gmail.com



Follow us on
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FULL IMPACT PROJECT

BE HEARD

Are you aged 11-19 years old and living, studying, working or playing in Benalla? The Full Impact Project is an exciting initiative that will give young people of Benalla a voice on local issues.

Tomorrow Today is looking for a diverse group of young people to form our Full Impact Advisory Committee. The committee will take part in

multiple workshops aimed at developing skills and knowledge to lead and influence change in the community.

Applications: surveymonkey.com/r/RWRGB7C
Applications close on 24 August 2021

The Full Impact Project celebrates diversity and equality.



Photo by Kevin Vo



admin@tomorrowtoday.com.au
03 5762 1211
Shop 10, 66 Nunn Street, Benalla 3672
tomorrowtoday.com.au

TOMORROW TODAY
Benalla. Stronger together



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