Edition #14

Benalla P-12 College

Executive Principal - Tony Clark

A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers.

Once again we have received some excellent feedback about our students. Last Thursday a group of Year 11 students travelled to Melbourne to visit the Jewish Holocaust Museum as part of their English studies. The staff at the centre reported that our students were exceptionally respectful and well behaved and asked insightful questions during the presentation. This type of feedback is always wonderful to receive and a recognition that our College values of Respect, Responsibility, Integrity and High Expectations are being lived by our students. Congratulations to the students involved and the staff who took them down for the day.

Next week is Education Week. This is a time of year where we celebrate the value of education as well as all the things we do well as a school. We have a range of things happening across the week including a very exciting event with renowned Psychologist Michael Carr-Gregg on Wednesday evening at the Avon Campus. There are also some 'Meet the Principal' tours where parents are invited to come on a walk with me at each of the campuses to have a look and chat about our school and the programs we offer. Even if I know you, please feel welcome to come along for a walk and chat on any of the days available.

School Council is meeting next Monday for the May meeting. I would like to welcome Ben Anderson as a parent representative. Ben has children at the Waller Street Campus and will make a great addition to the council.

As we enter the cooler months, we start to see certain items of clothing appearing at school. Please note that hoodies and long sleeve shirts under school shirts are not to be worn. Wearing the correct uniform is a key part of school attendance and promotes a sense of belonging and equality for all students. If you need assistance with any uniform items please contact your campus office.

Email: benalla.p12@education.vic.gov.au Web: www.benallap12.vic.edu.au

Avon St Yrs F-4 P: 035762 1646 Attendance Hotline 035762 1646 Waller St Yrs F-4 P: 035762 2600 Attendance Hotline 035762 2600 Clarke St Yrs 5-6 Hub P: 035761 2272 Attendance Hotline 035761 2752 Faithfull St Yrs 7-12 P: 035761 2777 Attendance Hotline 035761 2747



DATES TO REMEMBER

Wednesday 19 May

 Uniform Shop Open-Faithfull Street Campus-3.00-5.30pm

Thursday 20 May

District Cross Country –11.30am Arundel Street oval

Friday 21 May

VCE GAT excursion –Lake Nillahcootie

Monday 24 May-Meet the Principal

Waller St Campus-9.30am

Tuesday 25 May -Meet the Principal

Faithfull/Clarke St Campus-Meet at the Faithfull Office-4.30pm

Wednesday 26 May-Building Resilient Young People Post COVID-19 Presentation

Avon St Campus –7.00pm Bookings Essential 57612777

Friday 28 May-Meet the Principal

Avon Street Campus 9.30am

Our College Values

Respect

Responsibility

High Expectations

Integrity

MEET THE PRINCIPAL

Benalla P-12 College invites you to come and meet the College Principal Tony Clark and have a tour of our school.



Monday 24 May, 2021 Waller Campus - 9.30am

(127-139 Waller Street)

Tuesday 25 May, 2021 Faithfull/Clarke Campus
-Meet at the Faithfull Office - 4.30pm

(20 Faithfull Street)

Friday 28 May, 2021 Avon Campus- 9.30am

For more information ring 57612746



SCHOOL UNIFORM DATES-FAITHFULL ST CAMPUS

Wednesday 19th May 3-5.30pm

Wednesday 9th June 3-5.30pm

Wednesday 14th July 3-5.30pm

Orders can also be placed over the phone and delivered to your campus.

Call Judds Yarrawonga on 5744 1269 for any further details



Have you moved house or changed your contact details?

It's important that we have up to date contact details on file so in an emergency, or if your child is injured or unwell, we can contact you as quickly as possible.

Please let the General Office staff know if you have changed your address, mobile number or email address.



If your contact information has changed, don't forget to let us know!





Instagram

AVON STREET CAMPUS NEWS





The Foundation students are learning how to use iPads. We read the green sheep and tried to find where it was hiding in the room by scanning QR codes. We found a red sheep. We found a blue sheep. Finally, we found the green sheep! We had lots of fun.



STUDENTS OF THE WEEK



Pictured above are this weeks students of the week. Well done Owen, Savannah, Hunter, Josh, Sallyanne and Josh.



Every student. Every day.

RED APRON AWARDS



Congratulations to this weeks Red Apron award winners, well done Georgia and Sebastian





CASUAL DAY



Waller and Avon Campus
SLG Presents...

Casual Day!

Friday 4th June



Gold Coin Donation Both F-4 Campuses



This event is being held to support...



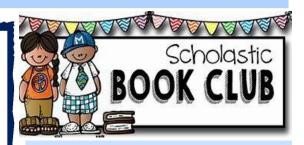


All F-4 students are welcome to come dressed in casual clothes.

Please wear enclosed footwear (no thongs) and

Sun Smart clothing (no singlet tops).

Thank you for supporting our fundraising event◎



ISSUE 4 IS ONLINE NOW!

ORDERS CLOSE 9.00AM 11th June

Orders can <u>only be paid for online</u> through Scholastic Book Club Loop

Orders using your credit card. Three easy steps can be found on the back page of the catalogue or follow the below link take you to the registration page:

https://mybookclubs.scholastic.com.au/
Parent/Register.aspx?ReturnUrl=

Enter your details | Add Child | Search for our School & your child's class | Ready to Order!

Thanks for supporting our school!

For more information contact Scholastic Book Club 1800 021 233

₩SCHOLASTIC



Every Child Deserves a Good Book

WALLER STREET CAMPUS NEWS

3/4 AXTEN-PIZZA

Last Wednesday we were lucky enough to make pizzas during our Kitchen class. The pizza's we made were Hawaiian, Aussie, The Lot, Pumpkin, Potato & Pesto and the very popular Dessert pizza (nutella, banana and marshmallow). We began by rolling out the pizza dough, next we prepared the toppings and spread them on top of the dough and then finally they were ready for the pizza oven. We all thoroughly enjoyed the process of making pizzas and we especially loved eating them! We would like to say thank you to the amazing Amanda Grimwade for organising a fantastic session and a big thank you to our volunteers; Amanda, Cheree and Leona.









STUDENTS OF THE WEEK

The <u>Students of the</u> <u>Week for Week 4</u>

were:

L-R: Jesse, Ryder, Ben, Daneeka, Zak, Leroy & Amazon

The Year 3/4 awards went to all of the Year 3s from each class





ATTENDANCE AWARDS

Attendance awards

Kobie Rawlings, Ella Jenkins, Amy Lowe, Eve Wagner, Mia Hopgood & Jack Bird



Kindness Award & Student of the Week

Willow Stocker, Seth Russell, Corey Vinten, Elly Decker, Alia Wall, Lily Bull, Alex Briggs

STUDENTS OF THE WEEK & KINDESS AWARD









BENALLA P-12 COLLEGE NEWS

music at lake nilahcootie



Last Wednesday, year 8 to 10 members of the Symphonic Band set off for Lake Nillahcootie on Music Camp with their spirits high. We were off an adventure and the mission was clear: play music together, improve and have fun in the process! Between jam-packed full band rehearsals, students prepared their own small ensemble performances for a concert on the second night. Despite the many rehearsals, campers still found time to fit in cricket, a relaxing bonfire and Mr Roberts' Spectacular Quizathon around mealtimes. Students returned to school on Friday feeling very tired but looking more like a united band-mission accomplished!

Thanks to Mr Roberts and Mr Roe for their excellent advice and to the students for all their hard work.

Miss Nichol.









Benalla P-12 College

Careers news



Year 9 students have been completing their Morrisby Profiling as part of their Career Intensive work in Humanities. Students answer a series of questions on their verbal, numerical and abstract, spatial and mechanical reasoning, their interests, work

style, workplace, personality and learning style. This then produces a report for each student based on their results, which looks at career suggestions, suggestions for subjects at Years 11 & 12 and post schooling options. Students and parents will meet later in the term with a qualified careers adviser, to go over the report and provide careers guidance.

Early in Term 2, Year 9 and 10 students were involved with My Life & Career Pathway Plan sessions with Glenn Irvine from GSI Business Coaching. Glenn ran through a series of activities getting

students to think about their life motivators, their top qualities, hobbies, their skills and interests. This moved students to look at various career possibility and doing some goals setting and making an action plan.

Also, this week a group of Year 11 and 12 students took part in My Career Rules, run through the Australian Business Community Network. Employees of Lendlease who are a global building and construction company talked with students about their pathways to their current position, the courses they have done, what the best things are about their job and many other questions. Students learnt that every job has meaning and skills learnt in one job can be used in another job. Skills like communication, teamwork and problem solving are all extremely valuable in every job.









Benalla P-12 College

Year 11 and 12 OFS – Great Ocean Walk

During the last week of April Year 11 and 12 Outdoor and Environmental Studies students headed down to Cape Otway after school. Students set up camp at Blanket Bay in the dark and the next morning were greeted with a spectacular sunrise. After packing up camp the group left to begin their first stretch of the trip, from blanket bay to the Cape Otway Light Station.

At the light station students toured the oldest lighthouse on mainland Australia, here they were also given a lecture on the indigenous history of the area, learning the ancient practices of the Gadubanud and their uses of native flora and fauna. Much to the delight of some of the students, that night the group stayed in a park with flushing toilets and showers as well as a mini golf course.

The following morning the group hiked further around the Cape walking along the beach for a large section of the day, eating saltbush and coastal celery that grows along the coastal walk. Student Coby Linke said he found the trip extremely valuable and that it was great experiencing

the coastal environment. "I really enjoyed all parts of the walk and found the information to be valuable for our course." Said Coby. "All the difficult parts were worth it when we were greeted with the awesome views."

A special thanks to Mr Carboon, Miss Felstead and Jessie for making such a great trip possible.

Written by Zoe Thomson and Lachlan Sands











parenting *****ideas

Building Resilient Young People Post COVD-19



SUPPORTED BY



PRESENTS DR MICHAEL CARR-GREGG



SchoolTV's Dr Michael Carr-Gregg comes to Benalla to share his insights on how best to support students in returning to learning in this new post COVID safe environment.

Michael will be encouraging parents and carers to implement some simple steps to help their kids deal with the challenges they currently face. This will include tips on how to identify and manage anxiety, school refusal and adjusting to being back at school.

Even before the coronavirus transformed our lives and social landscape, 1 in 4 young people struggled with their wellbeing from time to time. Post lock down a combination of financial hardship, social isolation and uncertainty as to the future has created significant levels of stress for some young people.

Because parenting doesn't come with instructions, this presentation offers practical, evidence-based strategies to build resilience at this difficult time.

SUITABLE FOR: PARENTS, GRANDPARENTS AND ADULT CARERS

DURATION: 45 MINUTE PRESENTATION FOLLOWED BY 15 MINUTES QUESTION TIME

This presentation will also be live streamed to those families who may not be able to attend this event in person due to capacity numbers in relation to COVID compliance regulations.

Some of Michael's books will also be available for purchase on the evening. Credit card and EFTPOS facilities will be available for your convenience.







WHO IS PRESENTING?

Dr Michael Carr-Gregg is one of Australia's highest profile psychologists, author, broadcaster and specialist in parenting, children, adolescents and mental health. He wrote his PhD at the University of NSW on adolescents with cancer and in 1985, he founded the world's first national teenage cancer patients support group, Canteen. He currently works in private practice in Melbourne and is the Commonwealth Government representative on the Board of the Australian Children's Television Foundation and is the Consultant Psychologist to Australian Boarding Schools Association. He joined SchoolTV in 2016 as a key presenter to help support parents in understanding the mental health and wellbeing challenges faced by young people today.

PROUDLY SUPPORTED BY









oarenting *****ideas

Young people, we need to talk



"Something is happening, and I don't know what it is, Mr. Jones." It's nearly sixty years since Bob Dylan sang those words as a demand for action to a generation of youth itching for change.

Dylan could well sing those words today as there's change in the air once more. Women of all ages are spotlighting the massive problem we have with inappropriate sexual behaviour and abuse from males. Former Liberal staffer Brittany Higgins' disclosure of alleged rape by a work colleague in a minister's office in Parliament House has been the catalyst for others to speak up about similar incidents. While initially the focus was on Federal Parliament and men of a certain age, the petition (www.teachusconsent.com) by Australian student Chanel Contos moved the spotlight to young people. The petition calling for consent education in Australian schools was signed by 300,000 young women, with many recording harrowing accounts of sexual assault they've experienced.

The publication of the superb speech by the head prefect of Sydney's Cranbrook School urging boys to change the way they viewed women from sexual objects to "people just like you" was ground-breaking. It was a brave speech that led the way for many men as well as the students he addressed.

While schools are being urged to tackle the problems outlined, families are the most appropriate starting points for meaningful change. Current events and the ensuing media storm provide wonderful conversation starters about these issues. Young people need to have their voices heard but they also need to hear the voices of parents and other adults, who are generally interested in their future wellbeing. Conversations can be wide and varied but should at least include the following areas.

Porn

Popular author and Parenting Ideas contributor Maggie Dent believes that boys' attitudes have become worse since the advent of the digital world. She says, "Porn is freely available and sadly, many children stumble upon it accidentally." Dent writes that "this problem of male entitlement where boys demand that girls meet their sexual needs, or where boys think there is no problem with raping a sleeping or unconscious girl, has to come from somewhere." Porn is so prolific and accessible that anyone with a mobile phone in their hand can access.

Consent

Respect is at the heart of consent. Boys need to respect the wishes, the dignity and humanity of a girl when she refuses to engage in sexualised behaviour of any sort. It is important to teach and reinforce to boys that no means no, not maybe.

To help girls feel more confident about saying no, they can practise withdrawing consent (non-sexual, of course) in a number of ways with the males closest to her at home. "No bro, you can't come into my room now." "No Dad, I don't want to talk right now. I can talk later though." Consent education should be common fare in every family.

Character

Porn, Tinder, Sexting and other digital behaviours may normalise highly sexualised behaviours, but no one makes a young person continually harass a girl for sex or send out a nude image without consent. Character and values play their part. Young people may make poor choices, but parents need to hold them accountable, model values of respect and fairness and be bold and upfront with their views.

In closing

Dylan also sang that 'the times they are changing.' Attitudes to women, particularly in relation to sexual assault need to change. As beneficiaries of this change young people need to be involved and parents can help get the ball rolling by talking about these issues in meaningful ways with their young people.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including Spoonfed Generation, and the bestselling Why First Borns Rule the World and Last Borns Want to Change It. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



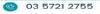


North East Regional Pre School Association

WELCOME TO OUR OPEN DAYS FOR 3 AND 4 YEAR OLD KINDERGARTEN IN 2022

- Appin Park Kindergarten (4 Year Old Program) Appin Street, Wangaratta Wednesday 26th May : 9.30am 11.00am
- Bernard Briggs Kindergarten (3 & 4 Year Old Program) Church St, Benalla Wednesday 26th May: 1.00pm - 2.00pm
- Chiltern Kindergarten (3 & 4 Year Old Program) Main St, Chiltern Monday 24th May : 10.00am 12.00pm
- Christopher Robin Kindergarten (4 Year Old Program) Merriwa Park, Wangaratta Tuesday 25th May: 1.00pm - 2.30pm
- Coronation Kindergarten (3 & 4 Year Old Program) Swan St, Wangaratta Thursday 27th May: 9.00am - 10.30am
- Glenrowan Pre School (3 & 4 Year Old Program) Old Hume Highway, Glenrowan Monday 24th May: 1.00pm - 2.00pm
- James Tilson Kindergarten (3 & 4 Year Old Program) Burke St, Wangaratta Tuesday 1st June: 2.00pm - 3.00pm
- Moyhu Pre School (Occasional Care, 3 & 4 Year Old Program) Byrne St, Moyhu Wednesday 26th May: 1.00pm - 2.00pm
- Munro Ave Pre School (4 Year Old Program) Munro Ave, Benalla Tuesday 1st June: 9.30am - 12.30pm
- Munro Ave Pre School (3 Year Old Program) Munro Ave, Benalla Wednesday 2nd June: 9.30am - 11.30am
- The Hub Kindergarten (3 Year Old Program) Burke St, Wangaratta Tuesday 1st June: 1.00pm - 2.00pm
- Wangaratta West Kindergarten (4 Year Old Program) Orkney St, Wangaratta Wednesday 26th May: 1.00pm 3.00pm
- Whitfield Community Childcare Centre (3 Year Old Program) Wangaratta Whitfield Rd, Whitfield Visitors welcome: email whitfieldchildcare@gmail.com to arrange a time
- Whorouly Kindergarten (3 & 4 Year Old Program) Church St, Whorouly Thursday 27th May : 9.15am - 11.00am

talk to our staff about how the programs are run, look over the facility, ask questions and collect a registration package







www.nerpsa.com.au



