

Benalla P-12 College

Executive Principal - Tony Clark

A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers,

School Council

Last Monday School Council met and welcomed some new and returning members. Office bearers were also elected for the next 12 months. Geoff Patterson has taken on the role of President again and Barb Dyer is Vice-President. Staff member Glenn Barker has taken on the role of Treasurer. There are still parent vacancies on school council. If you are interested in picking up one of these or would like to know more, please contact me at school. The College Annual Report was presented to school council at the meeting. This is a document that all schools must present each year. It covers our achievements and performance for the previous 12 months. A copy will be uploaded to our website and hard copies made available at each campus.

Visitors Policy

School council also looked at our updated visitors policy. This sets out the requirements for anyone who is not a staff member or a student coming to school.

All visitors must report to the office at the campus you are at. They must then sign in if there for more than 15 minutes. This ensures we know who is on site and we cannot allow people to simply wander on to any of our sites without permission. If visitors are having contact with any children they will also need to produce evidence of a valid working with Childrens Check.

All of these processes are in place to keep students and staff safe at school.

Assemblies

ANZAC Day is on the first weekend back after the holidays with no public holiday this year. We will have an assembly for all students in Years 5-12 on Tuesday April 27th to celebrate this day. The College captains will visit the Waller and Avon assemblies on Friday April 23rd to lead an ANZAC assembly at each of these campuses. We are still restricted by the 1 person to 2m sq rule at the moment which is why we can't have a whole school assembly. Parents are warmly invited to attend any of those assemblies next term.

I thank you all for your continued support of the school this term. We have endured a short lock down but managed to get back on track again quite well. I am sure everyone is ready for a break and I hope all families have a safe and happy Easter and holiday. I look forward to seeing everyone back next term on Monday April 19th.

Regards,
Tony Clark
Executive Principal.



DATES TO REMEMBER

Monday March 29 March

- VET Sport & Rec-Mount Feather-top Hike
- Easter Bonnet Parade -9.00am Avon Street-All welcome
- Parent Teacher phone interviews

Tuesday 30 March

- Avon & Waller St Grandparents day 12.30pm

Thursday April 1

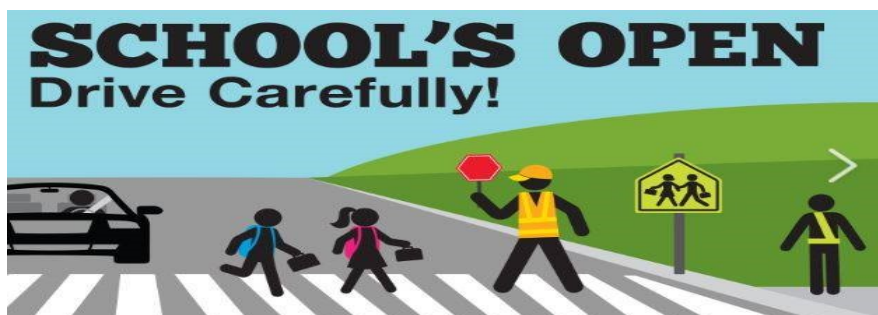
- Avon & Waller End of Term Assembly-9.00am
- **End of Term Dismissal – 2.30pm**

Monday 19 April
Term 2 commences



Our College Values

Respect
Responsibility
High Expectations
Integrity



TRAFFIC SAFETY PARAMOUNT

Remember to obey all speed limits, which includes school zones. We ask parents to be great role models for our students when walking, riding or driving to and from school. Police will be monitoring our campuses due to complaints about excessive speed, parking in no standing or bus zones and risky crossing behaviours.



SCHOOL UNIFORM DATES-FAITHFULL ST CAMPUS

Wednesday 14th April 3- 5.30pm

Wednesday 28th April 3- 5.30pm

Wednesday 19th May 3- 5.30pm

Wednesday 9th June 3- 5.30pm

Wednesday 14th July 3- 5.30pm

Orders can also be placed over the phone and delivered to your campus.

Call Judds Yarrowonga on 5744 1269 for any further details



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TERM 2 DATES, MONDAY 19TH APRIL– FRIDAY 25TH JUNE



Students of the week pictured above are: Chloe, Azaala, Evie, Olivia, Bjorn and Emily



RED APRON AND GOLDEN SHOVEL AWARD WINNERS

Pictured left with their awards are: Fiza, Haley, Caidayne, Amelia, Isabelle, Samuel, Josh Hooper, Jake and Josh Bamford and Lachlan. Absent Xavier



ATTENDANCE AWARDS

Pictured right are: Sophie, Piper, Vienna, Brayden, Josh and Hayden absent Cash
One student from each class is selected each week for 100% attendance. Students who receive the weekly award are then invited to a celebration BBQ at the end of term and the class with the highest attendance for the term will also receive an award.



ATTENDANCE

The **Attendance Awards for Week 8 & 9** went to:
Back L-R: Ava, Bentley, Jesse, Marli, Elijah, Olivia, Mason, Logan, Ryott, Jake, Addi, Ebony, Amazon & Kiki
Kneeling: Piper & Danni



STUDENTS OF THE WEEK



Our **Students of the Week** for Week 9 were:
Back L-R: Kiki, Emylie and Olivia
Front L-R: Lincoln, Ellyse, Elena, Rebecca and Rylee

RAY WHITE AWARD



Congratulations Leroy Mackenzie who was awarded the March 2021 Ray White award and presented by team member Jordan.





National Day of Action against Bullying and Violence

In support of the National Day of Action Against Bullying and Violence the Waller SLG ran two special events. On Thursday 18th March, all F-4 students were invited to wear casual and donate a gold coin. As a result of the generous donations we were able to raise...**\$188.35!** This money will be going to State Schools Relief.

Following the Casual Day, the SLG took responsibility for planning, practising and delivering a special presentation at the weekly Campus Assembly. Our young leaders spoke about what bullying is, the role of an active bystander and things that students can do if they experience bullying.



Waller Street Campus SLG presents...

EASTER FUN DAY

 Wednesday 31st March 

9:00 - 9:30 a.m. — Easter Bonnet Parade

On the basketball court near the Kitchen.

Be creative and re-use things from home if you can!

9:30 - 11:00 a.m. — Multi-age Activities



All parade participants go into a draw for a prize!

Parents and friends are very welcome to stay for the parade ☺



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Attendance Awards:
Zara Young, Erin Jenkins, Angus Woodward, Paige Clark-Harwood, Hayley Warnock & Edward Van Merkesteyn



STUDENTS OF THE WEEK



Students of the Week:
Sophie Marshall, Montana Blandford, Ryder Ginn, Ella Monaghan, Tyler Telford & Locky Kennedy



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Last Tuesday our Year 11 and 12 VET Community Services students organised a community project with a group of elderly residents at Royal Freemasons. Students ran trivia, a bean bag throwing competition and raffles as well as providing an Easter morning tea where residents beamed with stories from their past. After very limited social interaction throughout the Covid pandemic, and many residents not having any family to visit them, it was acknowledged that it was very beneficial for both students and residents to get to know one another and improve their social and emotional wellbeing.

Each term, students in Community Services study a different sector; disability support, children's services, mental health and for this term we started with 'Aged Care'. They were able to apply their understanding of aged care services, nutrition and exercise guidelines to plan the activities for the visit.

Residents involved on the day and the manager of the facility are keen for students to come back and visit their new buddies throughout the year to strengthen their connection to the community. We would like to thank the lifestyle coordinator Debbie who assisted us in the planning of the project and who spent her time after residents went to lunch taking us on tours.



YEAR 11 OES – MURRAY RIVER PADDLE

The Benalla P-12 College Year 11 Outdoor and Environmental studies class recently canoed 65km of the Murray River, between Forges Bend in Yarrawonga and Thompsons Beach in Cobram. The paddle, which occurred on the 10-12th of March, gave students the opportunity to investigate the different ways in which outdoor environments can be known, experienced and responded to. The group also had opportunities to gain key experiential knowledge, assisting them in identifying different motivations and responses that different user groups would have in an Inland Waterway environment.

The journey started with a half-day paddle leaving from Yarrawonga. In hot conditions the group paddled efficiently, completing 22km during the early afternoon. This allowed us to set up camp on the sandy One Tree Beach and find some shade during the hottest part of the day. Students took pleasure in being able to have a fish, with a few being successful. The cloudless night allowed us all to take in the amazing stars, with minimal light from the moon, students enjoyed being able to point out constellations and listening to stories from the dreamtime. Thankfully the second days weather was a little cooler, the group paddled 29km with a large lunch stop during a downpour of rain. Once again, the afternoon saw the weather become steamy, with students happy that they paddled hard during the day and not during the afternoon heat. The final day the group paddled on calm water, cruising into to Thompsons Beach with 14km under their belt for the day. Once in Cobram, students commenced the usual clean up and packing of the trailer, then making our way back to school.





On the 1st of March, students from both the Year 12 VET Sport & Recreation and Year 12 VCE Outdoor and Environmental Studies classes headed off down the Hume Freeway for the four-hour bus trip to the Torquay and over the next three days all students participated in surfing and stand up paddle boarding lessons.

The Sport and Recreation students conducting their own sport & recreation beach sessions with the rest of the class. Some of the sessions students planned to take included beach cricket, ultimate frisbee, touch rugby, volleyball and beach soccer. All students were assessed on running these beach sessions over the 3 days spent on the camp.

In the meantime, Outdoor and Environmental Studies students visited numerous Wadawurrung sites along the surf coast to gain a greater understanding of how Australians have related to the outdoor environment over time including relationships of the Indigenous groups including the opportunity to visit the Narana Aboriginal Cultural Centre, an Indigenous oven midden and sundial. They also focussed on first non-Indigenous Australians, during increasing population, industrialisation and nation building.



YEAR 10 AND 11 CAREERS DAY CARNIVAL

What a day! Over 200 Year 10 and 11 students from across Benalla took part in the day organized by Tomorrow Today.

Workplace visits to Thales, Benalla Health, Benalla Country Racing Club, D&R Henderson, DELWP, Schneider Electric, Benalla Rose City Vets, Primal Health or University workshops in Engineering, Arts and Science took place in the morning.

Students then met at the Glasshouse, where they could speak with university, TAFE and apprenticeship and employment agencies to find out course and pathway options.

After lunch students took part in sessions run by the Police, SES, CFA, ADF, universities and employment and apprenticeship agencies.

Many thanks to Tomorrow Today putting the day together, to staff who attended and to all of our students who embraced the day wholeheartedly.

TOUR OF SCHNEIDER ELECTRIC

A group of senior students were fortunate to be given a guided tour through Schneider Electric. Students were shown through the various areas of this company and then were spoken to about School Based Apprenticeship opportunities for them to apply for. Many thanks to Schneider for making this SBAs available.





CAREERS DAY CARNIVAL



Students in Years 10 and 11 will be taking part in the Careers Day Carnival which has been organized by Tomorrow Today, this Thursday 25 March. Students will choose from workshops and workplace visits in the morning, to the opportunity to speak to TAFEs, universities and apprenticeship providers and to hear from people who work in varied careers.

Students will be bused to and from the venues and lunch will be provided. Parents and carers can give permission via the Compass app, or by the paper permission forms which were distributed last week.

Early Leaders Program at Swinburne

Build the confidence, skills and network you need to transition to university with ease. The Early Leaders Program is all about preparing you for your future.

The **Early Leaders Program (ELP)** provides secondary students with the opportunity to be recognised for extra-curricular activities, making themselves attractive candidates for future employers. The ELP is open to all students who are undertaking Year 11 in 2021.

Completion of the **Early Leaders Program** can be a great achievement to include in applications for employment and further study. Undertaking it also provides a range of valuable benefits to students.

Students can:

- Develop life skills
 - Grow your confidence
 - Increase your employability
 - Gain recognition for achievements from a leading university
- Get out of your comfort zone and try something new

In addition to the above benefits, students who successfully complete the Early Leaders Program will be awarded credit towards the Swinburne Emerging Leaders Program, a program for enrolled Swinburne students only. <https://www.swinburne.edu.au/life-at-swinburne/volunteering/emerging-leaders-program/>

Applications for 2021 are now open. Students keen on finding out more, or applying, should visit Early Leaders Program (ELP) <https://www.swinburne.edu.au/courses/planning-your-future/entry-into-university-from-vce/year-11-12-students/early-leaders-program/#apply>

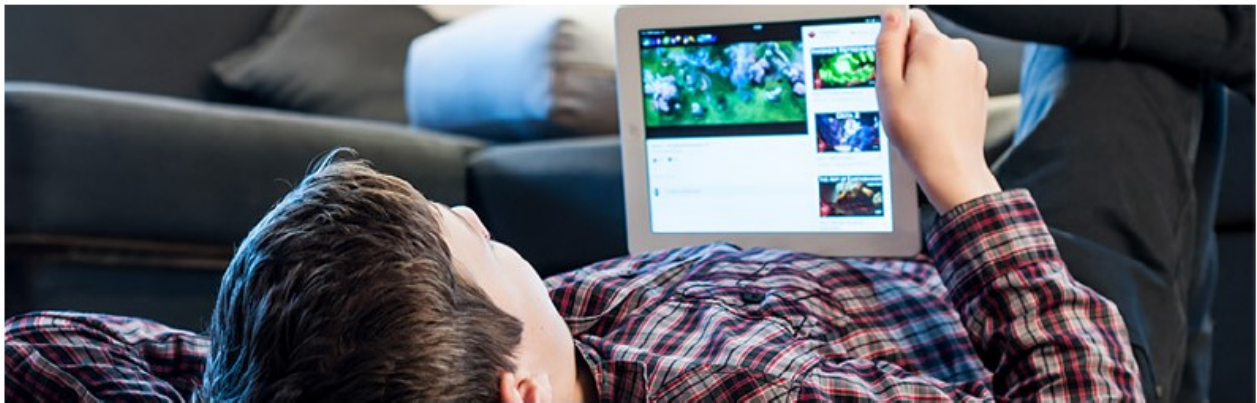


The 5/6 Hub is looking for a parent or two to help sort reading material into their correct book boxes.



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Establishing digital boundaries for the screen generation



Parents need to establish digital boundaries and be the pilot (for primary children) and co-pilot (for adolescents) of the digital plane.

Many parents establish screen time limits for their 'screenagers' (i.e. their children and teens) by stipulating how much time they can spend plugged in. Focusing solely on time is not the only digital boundary to consider. It's best to expand our dialogue beyond screen time as the only metric that's used to assess young people's digital behaviours.

We also need to create boundaries around:

The screens kids use

The most critical boundary parents need to establish with their children and teens relates to what they're doing online. Have conversations about the apps, platforms, games, videos, TV shows and media they consume and create. Visit the [eSafety Commissioner's](#) or [Common Sense Media's](#) websites to help you understand the various platforms and tools, so you're better prepared to know the risks and lessen some of the potential pitfalls.

The time of day

Establish what technology can be used at different times of the day. Ideally, devices would be switched off at least sixty minutes before bedtime as the blue light can delay the onset of sleep and reduce the quality of their sleep. Minimise exposure to rapid-fire, fast-paced screen action before school as this can hyper-arouse the brain and make it challenging to pay attention in class.

Technology zones

As a family, determine the 'no-go tech zones' in your house such as bedrooms, bathrooms, meal areas and play areas. Encourage them to use technology in publicly accessible, high-traffic areas of the home such as the kitchen, dining or lounge area. A young person is very unlikely to be sending nudes whilst sitting on the lounge or kitchen bench!

The people they interact with

Talk to your child or teen about who they're interacting with online and reassure them that if there's a problem online, they need to come and talk to you, as the pilot or co-pilot of the digital plane and avoid withdrawing screen time as a punishment.

Setting and enforcing firm digital boundaries with children young people is vital if we want them to cultivate healthy digital behaviours. These skills are critical if the screen generation is to thrive in the digital world.



Dr Kristy Goodwin

Dr Kristy Goodwin is a digital wellbeing and performance speaker, author and researcher (and mum who also deals with her kids' techno-tantrums!). She's the author of *Raising Your Child in a Digital World*, and a media commentator who doesn't suggest that we ban the iPhone, or unplug the gaming console (digital abstinence isn't the solution). Kristy translates research into essential information and realistic strategies for parents to ensure kids and teens thrive in the digital world. For further details visit www.drkristygoodwin.com.



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