Edition #8

# Benalla P-12 College

Executive Principal - Tony Clark

#### A MESSAGE FROM OUR PRINCIPAL

#### **COLLEGE VISION**

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers.

#### **Parent Teacher Interviews**

Please remember that Parent Teacher Interviews are scheduled for this Thursday from  $3.30-6.30\,\mathrm{pm}$  and the following Tuesday from  $3.30-5.30\,\mathrm{pm}$ . The Thursday interviews this week are face to face while the Tuesday session is only phone interviews. As mentioned previously we are trialling this based on feedback from last year that many parents found phone interviews easier and more flexible with work and other commitments.

As usual, bookings are made via Compass. If you need assistance with this in any way, please contact any of the campus offices. These interviews are a very important opportunity to meet with your child's teachers and get some feedback about their progress and areas for further improvement.

#### School Cleaning and COVID Safety

Currently we receive additional funding to ensure that all high touch surfaces are cleaned daily. This includes all classroom furniture, toilets and shared spaces and will continue for term two. We are still encouraging all students to practice good hand hygiene and we will continue to supply sanitiser in all classrooms.

Physical distancing requirements are continuing to ease and we can now safely hold assemblies and invite parents on site.

#### Year 5 Camp

Last week our Grade 5 students went on camp for 3 days at Camp Howqua near Mansfield. For many students this was their first camp and overnight experience away from home. The students took part in a range of exciting and challenging activities including horse riding, archery, survivor course and high ropes. From all reports the students were exceptionally well behaved and participated very positively in all activities. Well done to all those who attended and thankyou to the staff who went along.

Email: benalla.p12@education.vic.gov.au Web: <a href="https://www.benallap12.vic.edu.au">www.benallap12.vic.edu.au</a>

Avon St Yrs F-4 P: 035762 1646 Attendance Hotline 035762 1646

**Waller St** Yrs F-4 P: 035762 2600 Attendance Hotline 035762 2600 Clarke St Yrs 5-6 Hub P: 035761 2272 Attendance Hotline 035761 2752 Faithfull St Yrs 7-12 P: 035761 2777 Attendance Hotline 035761 2747



#### **DATES TO REMEMBER**

#### Monday 22 March

Year 7 Immunisations

#### Wednesday 24 March

 Uniform Shop Open –Faithfull Street Campus 3.00pm-5.30pm

#### Thursday 25 March

- Tomorrow Today Year 10 &11 Careers Day
- Parent Teach Interviews

#### Monday March 29 March

- VET Sport & Rec-Feathertop
   Hika
- Easter Bonnet Parade –9.00am
   Avon Street-All welcome

#### Tuesday 30 March

 Avon & Waller St Grandparents day 12.30pm

#### Thursday April 1

- Avon & Waller End of Term Assembly-9.00am
- End of Term Dismissal –2.30pm

#### Our College Values

Respect

Responsibility

High Expectations

Integrity

#### PRINCIPALS MESSAGE CONTINUED...

#### **End of Term Arrangements**

Please remember that school finishes next Thursday at 2.30pm. Buses will run early on that day.

Regards, Tony Clark Executive Principal.



We now have 2 weeks to go until the end of term, there are only 10 days of school left. Not long now for holidays. Don't forget to make a time with your child's teacher for parent teacher interviews. This is a perfect time to discuss any difficulty you have with your child's attendance, if they are up to date with their school work requirements and how their absences have affected their learning.

#### Top attendance tips for parents

- Schools want to work in partnership with parents-act early if you have any concerns by contacting your child teacher and asking for advice and support.
- Remember every day counts
- Talk positively about school and the importance of attending every day.
- Open and prompt communication with your child's school about all absences is a good idea.
- There are no safe number of days for missing school-each day a student misses puts them behind, and can affect their educational outcomes and their social connectedness.
- Avoid making routine medical and dental appointments during the school day or planning holidays during the term
- Seek help from your school if you are concerned about your child's attendance and wellbeing. Schools want to work in partnership with parents.

If you are having trouble getting your child to school every day, please pop in to see one of our student wellbeing team:

- □ Avon/Clarke St Campus -Scott Greig 5762 1646
- □ Waller St Campus -Bron Greig 5762 2600
- ☐ Faithfull St Campus 7-9 -Lou McCloskey 5761 2777
- ☐ Faithful Senior Campus Craig Carley 5761 2777

We are here to support and work together with you to get your child back on track attending every day



## TRAFFIC SAFETY PARAMOUNT

Remember to obey all speed limits, which includes school zones. We ask parents to be great role models for our students when walking, riding or driving to and from school.

Police will be monitoring our campuses due to complaints about excessive speed, parking in no standing or bus zones and risky crossing behaviours.







#### AVON STREET CAMPUS NEWS

#### STUDENTS OF THE WEEK



Students of the week pictured above are: Cash, Tyson, Archie, Jazzi, Dustin and Bella.



On Friday students from the SLG group held a special Assembly and presented students on what is bullying, and how they can help each to stop bullying.

All students got a photo in front of Courage Wings and signed the pledge to have the courage to fly away from bullying.







#### STUDENTS LEADERSHIP GROUE

Pictured above are our Student Leadership Group Sebastien, Tyler, Sebastian, Levi, Cash, Amelia, Angus Henry, Imogen, Sonny and Fiza,

Last week our SLG ran a casual day to raise funds for States Schools Relief. Students at Avon Campus raised \$146.00





#### WALLER STREET CAMPUS NEWS

#### STUDENTS OF THE WEEK



Pictured Left – Right are our Waller Street students of the week Jakobi, Jai, Toby, Sophie, Mia, Caiden and Owen.



## Headlice....They're Back

Dear Parents & Carers,



There has been reports of head lice in some classrooms at Benalla P-12 College. Please check your child's hair this week.

Head lice do not transmit infectious diseases – they are transmitted by having head to head contact with someone who has head lice. You may be reassured to know that head lice are commonly found in places other than at Benalla P-12 College. Head lice are common in school-aged children and are the most adaptable creatures. They have survived living solely on humans for 10,000 years!! There is no way to prevent head lice so it's important to check your child's hair regularly even when you don't think they have head lice.

This issue is easily treatable with products and advice from your local chemist. Head lice is a common condition encountered in all schools and bears no stigma. For more information regarding treatment of head lice, please access the following links:

Scratching for Answers

https://www2.health.vic.gov.au/public-health/infectious-diseases/head-lice

We thank you for your support in this matter.



#### CLARKE STREET CAMPUS NEWS

#### YEAR 5 CAMP HOWQUA

The Year 5's had a fabulous time at Camp Howqua. They challenged themselves by stepping out of their comfort zone and doing activities like the Flying Fox, High Ropes and Horse Riding. The survivor course bought amazing team work, leadership qualities and lots of squeals going through the mud pit!

They loved all of the food! The roast and ice-cream was a hit!

All of the kids were extremely well behaved.

Good news for next year's year 5's – we've booked the camp again!

#### STUDENT REFLECTIONS

Camp Howqua was an amazing camp filled with awesome activities such as the water slide, the huge flying fox and so much more. There was also things to do in between the activities like the gaming room, beach volleyball and basketball courts. In the lounge room you could just sit and relax. Something else that was great about the camp – the staff. They were so friendly and helpful.



















#### BENALLA P-12 COLLEGE

#### Careers news

#### **CAREERS DAY CARNIVAL**



Students in Years 10 and 11 will be taking part in the Careers Day Carnival which has been organized by Tomorrow Today, this Thursday 25 March. Students will choose rom workshops and workplace visits in the morning, to the opportunity to speak to TAFEs, universities and apprenticeship providers and to hear from people who work in varied careers.

Students will be bused to and from the venues and lunch will be provided. Parents and carers can give permission via the Compass app, or by the paper permission forms which were distributed last week.

#### Early Leaders Program at Swinburne



Build the confidence, skills and network you need to transition to university with ease. The Early Leaders Program is all about preparing you for your future.

The **Early Leaders Program (ELP)** provides secondary students with the opportunity to be recognised for extra-curricular activities, making themselves attractive candidates for future employers. The ELP is open to all students who are undertaking Year 11 in 2021.

Completion of the *Early Leaders Program* can be a great achievement to include in applications for employment and further study. Undertaking it also provides a range of valuable benefits to students.

#### Students can:

- Develop life skills
- Grow your confidence
- Increase your employability
- Gain recognition for achievements from a leading university

Get out of your comfort zone and try something new

In addition to the above benefits, students who successfully complete the Early Leaders Program will be awarded credit towards the Swinburne Emerging Leaders Program, a program for enrolled Swinburne students only. <a href="https://www.swinburne.edu.au/life-at-swinburne/volunteering/emerging-leaders-program/">https://www.swinburne.edu.au/life-at-swinburne/volunteering/emerging-leaders-program/</a>

Applications for 2021 are now open. Students keen on finding out more, or applying, should visit Early Leaders Program (ELP) <a href="https://www.swinburne.edu.au/courses/planning-your-future/entry-into-university-from-vce/year-11-12-students/early-leaders-program/#apply">https://www.swinburne.edu.au/courses/planning-your-future/entry-into-university-from-vce/year-11-12-students/early-leaders-program/#apply</a>





### Teaching about bullying

Teaching and learning about bullying has an important role in creating a positive school climate.

Before the NDA, set up a professional learning session for staff to share your schools bullying prevention policy and discuss effective strategies to respond to reports of bullying. Talking about bullying can sometimes highlight issues or lead to increased bullying. Ensure staff know how to respond and that support is available. You'll find lots of great resources at www.bullyingnoway.gov.au

#### National definition of bullying for schools

Developed by educators across Australia

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices, and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

#### Fast facts

Approximately one in four Year 4 to Year 9 Australian students (27%) reported being bullied every few weeks or more often.





Approximately one in five young school students reported experiencing online bullying in any one year.



Prevalence varies across student ages, with bullying reported most frequently among Year 5 (32%) and Year 8 (29%) students.

83% of students who bully others online also bully others in person.



84% of students who were bullied online were also bullied in person.

Peers are present as onlookers, and play a central role in the bullying process in 85% of bullying interactions.



Source: www.bullyingnoway.gov.au/understanding/Documents/infographic-facts-figures.pdf



### Teaching about bullying

#### What we can do

#### Student tips

#### If it happens in person, try these:

- Ignore them. Try not to show any reaction.
- Tell them to stop and walk away.
- Pretend you don't care.
- Go somewhere safe.
- Get support from your friends.

#### If it happens online, try these:

- Avoid responding to the bullying.
- Report and block anyone who is bullying online
- Protect yourself online using privacy settings and keep records.

#### If you see someone being bullied:

- Leave negative conversations. Don't Join In.
- Support others being bullied.

#### If it doesn't stop:

- Talk to an adult (parent/carer/teacher) who can help stop the bullying.
- Keep asking for support until the bullying stops.

#### Parent tips

#### If your child talks to you about bullying:

- Listen calmly and get the whole story.
- 2. Reassure your child that they are not to blame.
- Ask your child what they want you to do about it and how you can help.
- Visit www.bullyingnoway.gov.au to find strategles.
- 5. Check in regularly with your child.

#### Need help now?

Kids Helpline www.kidshelpline.com.au

1800 551 800

headspace www.headspace.org.au

1800 650 890

Online bullying www.esafety.gov.au

BUILTING NO WAY!

### Listen, respect and acknowledge

Your first response to someone who tells you they are involved in bullying can make a difference to the outcome.

### If a young person reports bullying to you:

- Find a suitable place to talk, or make a time to discuss the problem privately.
- Listen to their whole story and show you are listening.
- Ensure that your voice is calm and your body language is open.
- Ask the young person if they feel safe and reassure them that you will try to help them.



- If they haven't already told you, ask the young person when, how and where the bullying happens.
- Avoid minimising the issue and reassure the young person it's not their fault and it's never okay to be bullied.
- Ask the young person what they want you to do and whether they want you to do anything at this stage.
- · Praise the young person for speaking out.
- · Keep checking in regularly.



### TOWONG FATHER & SON

This 3 day program is an opportunity for fathers

(or a male guardian) & their son to get away for adventure activities, a small service project & campfire conversation. The program is a chance to make some memories, share stories and connect.

www.themandalaproject.com.au
Call Nicho on 0435 910 357





INCLUDES | Food, Activities, Mountain Bike & Facilitators EXCLUDES | Tent/Swags

This is a drug, alcohol & technology free program.

AGES 12 – 16 WITH A FATHER OR GUARDIAN

COST | FREE SPONSORED BY PARKLANDS ALBURY WODONGA

> 5PM FRIDAY -4PM SUNDAY

**CORRYONG AREA** 

**MOUNTAIN BIKING** 

# Benalla Netball

# Autumn Competition 2021

SAVE THE DATE!

9th March – Junior and Ladies Social 16th March – Net Set Go

17th March - Mixed Competition

Keep up to date on registrations via our Facebook Page

Teams and individual entry welcome





#### <u>Fíx Your Wheels</u>

A bike workshop for young people and families will be hel at Waminda Community House on Wednesday, March 24th, from 3.00-5.00pm.

The skills based workshop will be facilitated by Glen from Wheelie Awesome and help teach young people how to repa and maintain their own bike, scooter or skateboard.

Bring along your bike/scooter/skateboard on the day an Glen will help you with what needs to be repaired.

Basic repairs onsite only

Cost-Free

At - Waminda Community House, 19 Ballintine Street, Benalla.

Enquiries - Ph: 0357624528



Come join us at
Waminda
19 Ballintine Street. Benalla

Sausage Sizzle

Easter crafts

Easter Egg Hunt

Cost - Free
Time - 3:30pm - 5:00pm
Thursday 25th March 2021
\*Date may change due to Covid 19 restrictions

