Edition #5

# Benalla P-12 College

Executive Principal - Tony Clark

### A MESSAGE FROM OUR PRINCIPAL

**COLLEGE VISION** 

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers.

### Parent – Teacher Interviews

As we would normally do, we have planned parent teacher interviews for the last two weeks of term. These are an important opportunity for parents to meet with teachers to discuss academic progress to this stage of the year as well as identify strategies for improvement if that is necessary.

After our experience last year, we have decided to try a slightly different approach. There will be two after school sessions available to meet with teachers, however one will be allocated to face to face meetings with parents coming to school. The other will be allocated to phone calls. There was good feedback last year about the option of phone calls which allow parents to discuss progress with teachers without having to take time from work or travel into school. We will trial this approach this semester and see how it goes.

Bookings will be made through Compass and information will be sent out very soon.

### **Whole School Assembly**

Next Tuesday March 9<sup>th</sup> we are running two assemblies back to back. P-4 and 11-12 students will attend the first assembly at 11.30am. This will involve the traditional introduction of the Year 12 and Prep students, followed by presentation of campus and house leaders. Year 5-10 students will have an assembly at 12.30pm where campus and house leaders will also be presented. Both assemblies will take place in the stadium at the Clarke Street Campus and parents are warmly invited to attend either or both.

### **Student Free Day**

Please remember that this Friday, March 5<sup>th</sup>, is a student free day and there are no classes running for any year level. Staff will be working on curriculum planning in the morning and then all staff are undertaking Cultural Safety and Awareness Training in the afternoon.

There will be care available on the day at the Waller Campus, with bookings through Kerry Masters as usual.

Email: benalla.p12@education.vic.gov.au Web: <a href="https://www.benallap12.vic.edu.au">www.benallap12.vic.edu.au</a>

Avon St Yrs F-4 P: 035762 1646 Attendance Hotline 035762 1646 Waller St Yrs F-4 P: 035762 2600 Attendance Hotline 035762 2600 Clarke St Yrs 5-6 Hub P: 035761 2272 Attendance Hotline 035761 2752 Faithfull St Yrs 7-12 P: 035761 2777 Attendance Hotline 035761 2747



### **DATES TO REMEMBER**

Tuesday 2 March

Southern Region Swimming – Seymour

Wednesday 3 March

 Instrumental Music Inforamtion Night-7.00pm Faithfull PAC

Friday 5 March

**Curriculum Day-Student Free Day** 

Monday 8 March

### **PUBLIC HOLIDAY**

Tuesday 9 March

- 11.30am -Assembly for F-4 & Yrs
   11&12 Clarke Street Stadium
- 12.30pm-Assembly Yrs 5-10 Clarke street Stadium

Wednesday 10 March

Year 11 Barmah Paddle– Murray River Barmah

### Our College Values

Respect

Responsibility

**High Expectations** 

Integrity

### PRINCIPALS MESSAGE CONTINUED...

### Attendance – contacting school.

If your child needs to leave school early, please provide a written note with them at the start of the day. They can show this to the office or teacher or co-ordinator and arrangements made to sign them out at the appropriate time.

It can be difficult for office staff to get messages to students about leaving early or changing pick up arrangements at the end of the day. Please understand this and provide as much as notice as possible.

Regards, Tony Clark Executive Principal.

# Benalla P-12 College Photo Day 2021

# **Tuesday 11th May NEW DATE**

### To Order Photos:

Go to <a href="www.msp.com.au">www.msp.com.au</a> and click "Order Photos". Enter your child's personalised shootkey and follow the prompts.

Late Orders can be accepted ph: **03 5482 3190**. All late orders incur an extra \$20 for postage and handling.

Family Photos – Please order online prior to photo day with the unique shootkey on the Family form. These are available from the school office. One shootkey per family.

Please note envelopes and cash payments are to be handed to the photographer on the day.





03 5482 3190 admin.mrr@msp.com.au www.msp.com.au



BOOK CLUB 2021 ISSUE 2 IS

**ONLINE NOW!** 

ORDERS CLOSES 9.00AM
18th March

Click on the link to view the catalogue <a href="https://issuu.com/scholastic\_australia/docs/aus">https://issuu.com/scholastic\_australia/docs/aus</a> issue 3?fr=sMTQ2ZTEXOTazNiE

### Online ordering via LOOP only.

You can place your child's order at scholastic.com.au/LOOP or using the LOOP app, which can be downloaded from the App Store or Google Play Register.

This link will take you to the registration page:

https://mybookclubs.scholastic.com.au/ Parent/Register.aspx?ReturnUrl=

Enter your details | Add Child | Search for our School & your child's class | Ready to Order!

# Thanks for supporting our school!

Please note <u>cash</u> and late orders cannot be accepted.

For more information contact Scholastic Book Club 1800 021 233





A reminder to families that our Foundation students will have each Wednesday off until the 3rd March.



### AVON STREET CAMPUS NEWS

### KITCHEN GARDEN

Year 3/4 students had their first Kitchen lesson last Tuesday. They were able to practice some of the skills they learnt in the first week such as how to measure, use scales and use a knife safely. They worked well in teams to cook a delicious lunch for the grade which we enjoyed together. We broke off into 4 teams and all had a different recipe to follow. We cooked pita bread and spinach dip, tomato pasta and peach and raspberry muffins. We are looking forward to our next Kitchen class.



### STUDENTS OF THE WEEK



Congratulations Katniss, Maddison, Rifa, Vienna, Sebastian and Jack



### **ATTENDANCE**

Pictured left are: Ava, Beau, Georgia, Jordan, Hunter and Gemma.

One student from each class is selected each week for 100% attendance. Students who receive the weekly award are then invited to a celebration BBQ at the end of term and the class with the highest attendance for the term will also receive an award.

Make sure your child attends every day to receive an



### WALLER STREET CAMPUS NEWS

### STUDENT LEADERSHIE



<u>Student Leadership</u> badges were presented to the <u>Year 2</u> <u>representatives</u> from the four 1/2 classes. L-R: Benjamin, Iza-Bella, Jillian & Piper



### GOLDEN SHOVEL AWARD WINNERS

The <u>Golden Shovel and Red Apron</u> recipients were: Back L-R: Ellyse, Owen, Trae, Amanda (self-selected!), Char-Leah, Noah & Kiera Front L-R: Lucas, Lucas, Aroush, Carlissa, Marli, Patrick & Aaban



### STUDENTS OF THE WEEK

Our Students of the Week for Week 5 were:

Back L-R: Trae, Xayvier, Logan & Braxton

Front L-R: Steele, Dom, Lily, Addison, Benjamin & Blaike



Pictured right are: Zac Fennell, Jai Nolen, Mason Butterworth, Jayden Curtis, Emily Milner & Amy Lowe

### YEAR 5/6 TUDENTS OF THE WEEK



### KINDNESS AWARD





### CLARKE STREET CAMPUS LEADERS

Congratulations to our Campus Leaders pictured right are Erin Jenkins, Lily Stewart, Charli Levy, Ruby Simpson, Liam Fielding & Leila Fischer



### BEANLLA P-12 COLLEGE

### BULLER WINS 7-12 SWIMMING CARNI-







Congratulations to all students who participated in the swimming sports on Tuesday. It was wonderful to see such good sportsmanship between all houses! Well done to BULLER house who won the day!

Winner of the Super Swim – Fastest Male and Female swimmer of the day.

Male – Lachie Anderson Female – Josie Reid







14 - Eloise Armstrong & Josh Robertson

15 - Josie Reid & Oliver Hall

16 - Bailey Bickerdike & Kyke Termorshuizen

17 - Tayissa Gray & Ayden Phillips



Open - Jordyn Atkinson & Lachy Anderson, Harry Hodge













### BENALLA P-12 COLLEGE

### CARFERS NEWS

### **CAREER ACTION PLANS**

All students in Years 10, 11 and 12 will be doing their Career Action Plans in Term 1. The CAPs are designed for students to think and plan their pathways and to make decisions about course selections in upper secondary and then look beyond secondary school to university or TAFE or an apprenticeship/traineeship or work.

**Year 10 – I Plan** - students use decision-making skills to plan their learning and career programs. The plan will allow students to understand themselves and the influences on them through identification of interests, values and skills, to reflect on their previous year and investigate and consider opportunities in learning and future work options.



**Year 11 – I Decide** - students decide on their best options and opportunities. The plan will allow students to undertake career exploration and consider their attributes, skills, education/training requirements, courses and labour market information relating to their career choices.

**Year 12 – I Apply** - students apply their skills and knowledge to their learning and career planning. The plan will allow students to gain career management information to assist them to set new goals that align with their career choices.

### Park Ranger Courses on offer in Victoria

Park rangers' control, supervise and manage national parks, scenic areas, historic sites, nature reserves and other recreational areas

Park rangers may perform the following tasks:

- assist with guided tours and promote an understanding and appreciation of the natural and cultural features of the park
- supervise public visits and inform visitors about park facilities, advising of park rules and regulations, and enforcing these when necessary
- patrol waterways, roads and tracks to observe and report on the park environment, including the condition of animals and plants
- ensure endangered animals and plants are protected, and assist with related research projects
- ensure parks, park facilities and equipment are clean and properly maintained
- assist with wildlife management projects, including surveys and monitoring of wildlife
- participate in search and rescue operations
- supervise and coordinate fire management, weed eradication and pest-control programmes
- investigate and report to supervisors on matters relating to park management
- support local communities in protecting their cultural heritage and in developing sustainable land management practices
- conduct research into the protection and recording of Indigenous and historical sites
- supervise and train park staff and volunteers, and oversee crews of general maintenance workers and contractors
- undertake administrative and clerical duties
- prepare, review and implement reports, submissions, management plans, development proposals and environmental impact assessments

There are several professional associations park rangers can be part of, and in Victoria it is Parks Victoria. There are a number of courses in Victoria that prepare students for a career as a park ranger. Some of these include –

INSTITUTION	COURSES
Box Hill Institute	<u>Diploma of Conservation and Land Management</u>
Deakin University	Bachelor of Environmental Science - Environmental Management & Sustainability
	Bachelor of Wildlife and Conservation Biology
Federation University	<u>Diploma of Conservation and Land Management</u>
	Bachelor of Environmental and Conservation Science
Holmesglen Institute	<u>Diploma of Conservation and Land Management</u>
La Trobe University	Bachelor of Outdoor Education
Melbourne Polytechnic	<u>Diploma of Conservation and Land Management</u>
RMIT University	<u>Diploma of Conservation and Land Management</u>
Swinburne University	<u>Diploma of Conservation and Land Management</u>

### BENALLA P-12 COLLEGE

YEAR 7 MUSIC INFORMATION NIGHT- WEDNESDAY, 3RD MARCH, 7PM

# Wednesday 3rd March 7.00pm

### Performing Art Centre-Faithfull Street

To participate in our amazing instrumental music is program, it is essential to be at this night. There will be a short performance by our most experience band, the Symphonic Band along with an explanation about this special opportunity to learn music.

What make this so great, is that music lessons are free to students.

The night concludes with registering a place in the 2021 Year 7 Band.

If you have any questions about learning music or the program, please don't hesitate to contact Barry Roberts, 57612777 or roberts.barry.a@edumail.vic.gov.au.



# CHARLES STURT UNIVERSITY EXPLORE DAYS

CSU are excited to being have their Explore Days back on campus this year. These will include tours, information sessions and hands-on workshops.

Albury Wodonga Campus is happening on 30 March and Wagga Wagga Campus on 23 March.

Follow the links to find out more and to book your place.

https://study.csu.edu.au/life/events/explore-day/explore-albury-wodonga

https://study.csu.edu.au/life/events/explore-day/explore-wagga-wagga

### PUPIL FREE DAY – THIS FRIDAY 5 MARCH

### (ALL CARE AT WALLER STREET ONLY)

Just a reminder to families that this Friday 5th March is a student free day and all day care will be provided at the Waller Street only.

8.30am -6.00pm

Bookings are essential.

Early drop off by arrangement

Waller 0407 715 660

Avon 0428 014 133

Dear Parent, Guardian or Student



Tomorrow Today, in partnership with a number of Benalla clubs, is running a program to ensure every Benalla young person can participate in local sport and recreational activities.

So, if you hold a current Pension Card or Health Care Card, your children aged 5 to 19 can have from \$60 to \$130 paid towards their registration costs for a sport or activity in Benalla.

If you already know what sport or activity you would like to do, phone Tomorrow Today on **5762 1211**. We will help to organise the registration and payment.

If you would like help with choosing a sport or hobby, you are invited to attend the:

### **Benalla Come and Try Day**

Sunday 21 March 2021 Churchill Reserve, Waller Street, Benalla 10am to 1pm

Many clubs will run activities on the day and a free barbecue will be provided.

If you have any questions about this project, please call Tomorrow Today on 5762 1211.

Tomorrow Today | Shop 10, 66 Nunn Street, Benalla, Vic 3672 | 03 5762 1211 | tomorrowtoday.com.au | ABN 90 610 420 123



### FAITHFULL & CLARKE STREET CAMPUS CANTEEN NEWS

### CANTEEN-HOT FOOD ORDERS

### Years 7 to 12 – Recess & Lunch Years 5 & 6 – Lunch orders only

# From Monday February 22 - all hot food needs to be pre-ordered before 9am. There will be no hot food available if you haven't pre-ordered.

- You can order online via the Qkr App it's quick easy and you can order up to 2 weeks in advance.
- Or you can do a paper order at the Office write your name and order on the paper bag available and put your money inside, or drop off an envelope with your name and order on the front and money sealed inside.
- The Canteen Manager will collect the orders at 9.15am each day and have the hot food ready and waiting at recess or lunchtime.
- No more slow queues or missing out on your lunch.

# Qkr! or

### John Student (Year 7)

Recess – 1 chips with gravy \$3.50 Lunch – 1 Chicken Burger \$5.00 1 Bottle Water \$1.00 1 Frozen Yoghurt \$2.50

ghurt <u>\$2.50</u> \$12.00

# Getting started with Qkr

### Step 1 Download Qkr!

On your Android phone or iPhone, iPad users can download the iPhone app



### Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

### **Step 3** Find our School

Benalla P-12 College will appear in 'Nearby Locations' if you are within 10km of the school, or search for our school by name.

### Step 4 Add Profile

When first accessing our school you will be prompted to add a student profile. This allows you to make



### You're now ready to order

- Select Menu
- Choose the date for your order
- Choose who you are ordering for
- Select Recess or Lunch
- Then scroll through the menu to select the items
- · Add to cart
- Checkout and pay with the card of your choice (up to 5 cards can be loaded into the App).

Its that easy!





### BENALLA P-12 COLLEGE

### CSEF APPLICATION FORM

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps and sporting activities.

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible CSEF. There is also a special consideration category for asylum seeker and refugee families.

If you would like to apply for the first time, please complete an application form on the next page and provide a copy of your concession card.

Check with the school office if you are unsure, and please return completed forms to the school office as soon as possible.





JANUARY VACTION CARE NEWS

## PUPIL FREE DAY – THIS FRIDAY 5 MARCH (ALL CARE AT WALLER STREET ONLY)

Just a reminder to families that this Friday 5th March is a student free day and all day care will be provided at the Waller Street only.

8.30am –6.00pm Bookings are essential. Early drop off by arrangement

Waller 0407 715 660 Avon 0428 014 133 We had large numbers attended our January vacation care program. The Program was held at Avon Street Campus. Activities included, nail painting, bike riding, swimming, two movie days, cupcake decorating, technology day, wet n wild day, cultural cooking and a craft day. Children enjoyed and participated well in all activities and were very resilient on hot weather days. We had some very creative designs on our cupcake decorating day and it was great to see the children trying new foods on cultural cooking day.

We would like to thank Terri Dodman for the artistic finger nail painting on most of our children who attended that day. We would also like to thank Tony Clark and Paula Allen for supervising our children who went on the bike ride around the lake. We were fortunate to have student Jessica Blaine who came in to assist us on our busier days as part of her placement. We also secured a past student Isaac Rowlands as our life guard on our swimming days.

Staff are already working on the April vacation care program and we hope to receive the same positive feedback.













# Come & Try Hockey!

### Thursday 4th March 2021

ııı ages

### 1<sup>st</sup> night FREE!

All abilities

Have fun, make friends
Whole family can play together
Come and surprise yourself!
No experience needed
Equipment provided
COVID safe



### HOOKINZHOCKEY

4.30 - 5.30 pm 4 - 12 year olds

### FUN SUMMER HOCKEY

6 - 7 pm Teens and Adults

Term 1 = fun hockey, Term 2 = competition starts
Hockey field, Churchill Reserve cnr Waller & Margaret St
Bring a hat, drink, and friends!
More info: Lee, 0416 169 767 or benallahockey@gmail.com

wore into: Lee, 0416 165 767 or benalianockey@gma



# parenting**\***ideas

# **Grandparents as Carers**



At school pick up time it's common to see people in their '60s, '70s and older greeting young children aller school. In secondary school many students are welcomed home by someone in that age group. You may well think that these are grandparents doing a spot of childcare while parents are at work, but increasingly grandparents and relatives of a grandparenting age are caring full-time for children.

### A time of mixed feelings

Grandparents who care full-time for children usually do so following a family crisis or loss. Becoming the full time carer can come as a shock. Many grandparents report that their world is turned upside down when they take on full time parenting roles. Not only are they prevented or restricted from participating in their ongoing interests, many experience their life in limbo as they may not know whether the parenting role is permanent or temporary.

While grandchildren may feel safe being with grandparents aller a crisis or experience of loss, it's dillicult to move from a highly relational grandparent mode to be the person who sets boundaries, makes sure homework is done and gets kids to school on time each day. On top of this many grandparents experience a mixture of emotions including grief for the death or disappearance of a child, anger for being placed in a situation they didn't want or shame for a dillicult family situation.

### The benefits of being grandparent carer

Conversations with grandparent carers reveal that many grandparents cherish the opportunity to be close to their grandchildren. For men, in particular, the chance to make up for time and milestones that they missed with their own children helps make their time looking aller grandchildren worthwhile. Some grandparents also report finding a new lease of life when they become carers.

Mark, a grandparent raising four primary-aged children appreciates the benefits that experience provides. He claims, "I don't stress nearly as much as I did when I was bringing up my two children. Some of the things I used to fight over with them seem ludicrous now. I'm more patient, more understanding and more fun to be around now with this lot. I laugh more now too."

### **Looking After yourself**

According to the Raising Children Network, grandparents who care for children "have higher levels of depression and anxiety and (experience) more physical and emotional health problems than grandparents who aren't carers." The extra responsibilities that come with being a grandparent carer such as dealing with money worries, facing legal issues and lack of peer support means that grandparent self-care is paramount. Age-related exercise, social interaction, a good diet, enough sleep and regular medical check-ups need to be part of the wellbeing regimens for grandparent carers.

### In closing

Like parents, grandparents benefit from being part of a school community. A welcoming school community can be a wonderful asset for those who are raising children the second time around.



### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including Spoonfed Generation, and the bestselling Why First Borns Rule the World and Last Borns Want to Change It. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au



