

# Benalla P-12 College

Executive Principal - Tony Clark

## A MESSAGE FROM OUR PRINCIPAL

### COLLEGE VISION

*'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'*

Dear Parents and Carers,

#### School Council

Last week I sent out a post on Compass stating that School Council elections were open. This happens every year and there are 4 parent vacancies to fill this time around. School council meets 8 times per year on Monday nights for 1.5 hours. It is a great way to get involved in the school and we need parent representatives from across the campuses and year levels. If you are interested, or would like to know more, please get in touch with me at school or collect a nomination form from any office.

#### Whole School Assembly

We had previously advised that we were planning to run two 'half-school' assemblies on March 2<sup>nd</sup>. Due to last weeks lockdown we have pushed this back a week to Tuesday March 9<sup>th</sup>. It will still involve an assembly at 11.30am for P-4 and 11-12 students followed by an assembly for students in Years 5-10 at 12.30pm. Under the current guidelines we can have parents in for both of these assemblies.

#### Swimming Sports

Tomorrow is the secondary swimming sports at the Benalla pool. This is a normal school day and all students are expected to attend. Even if you don't swim it is a fun day out and important to be there to support others and your house. Students should wear house colours. There will be a BBQ and drinks available as a fundraiser for a local charity so bring along some money as well.

#### Capital Works

You may have noticed that the old D wing at Faithfull Street has started to be demolished. This is to make way for our new STEAM (Science Technology, Engineering Arts and Maths) building. The demolition stage will last 4 weeks and once the site is cleared the construction of the new building will begin. The site is safely fenced off and safe vehicle access is from Clarke Street.



### DATES TO REMEMBER

Tuesday 23 February

- Swimming Carnival

Wednesday 24 February

- Faithfull Street School Photos Yrs 5-9 & Clarke St-9.00am
- Hockey Clinic Yr 3/4 Avon & Waller

Tuesday 2 March

Southern Region Swimming – Seymour

Friday 5 March

Curriculum Day-Student Free Day

Monday 8 March

### PUBLIC HOLIDAY

Tuesday 9 March

- 11.30am -Assembly for F-4 & Yrs 11&12 Clarke Street Stadium
- 12.30pm-Assembly Yrs 5-10 Clarke street Stadium

### Our College Values

Respect

Responsibility

High Expectations

Integrity

Email: [benalla.p12@education.vic.gov.au](mailto:benalla.p12@education.vic.gov.au)

Web: [www.benallap12.vic.edu.au](http://www.benallap12.vic.edu.au)

**Avon St**  
Yrs F-4  
P: 035762 1646  
**Attendance Hotline**  
035762 1646

**Waller St**  
Yrs F-4  
P: 035762 2600  
**Attendance Hotline**  
035762 2600

**Clarke St**  
Yrs 5-6 Hub  
P: 035761 2272  
**Attendance Hotline**  
035761 2752

**Faithfull St**  
Yrs 7-12  
P: 035761 2777  
**Attendance Hotline**  
035761 2747

### Attendance – contacting school.

If your child needs to leave school early, please provide a written note with them at the start of the day. They can show this to the office or teacher or co-ordinator and arrangements made to sign them out at the appropriate time.

It can be difficult for office staff to get messages to students about leaving early or changing pick up arrangements at the end of the day. Please understand this and provide as much as notice as possible.

Regards,  
Tony Clark  
Executive Principal.

## Benalla P-12 College

### Photo Day 2021

Faithfull & Clarke Campus Years 5-9 Wednesday 24<sup>th</sup> February

All other Year levels Tuesday 11th May **NEW DATE**

#### To Order Photos:

Go to [www.msp.com.au](http://www.msp.com.au) and click "Order Photos". Enter your child's personalised shootkey and follow the prompts.

Order your School Photos before midnight  
Tuesday 2<sup>nd</sup> March

Late Orders can be accepted after Tuesday 2<sup>nd</sup> March by contacting **03 5482 3190**. All late orders incur an extra \$20 for postage and handling.

**Family Photos** – Please order online prior to photo day with the unique shootkey on the Family form. These are available from the school office. One shootkey per family.

**Please note envelopes and cash payments are to be handed to the photographer on the day.**



03 5482 3190  
admin.mrr@msp.com.au  
[www.msp.com.au](http://www.msp.com.au)



# Attendance Matters

Every student. Every day.



Follow us on  
**Instagram**

TERM 1 DATES, TUESDAY 28TH JANUARY– THURSDAY 1ST APRIL



Don't forget to join us at Breakfast club from 8:30am on all campuses.

Breakfast club is a great place to catch up with your friends and enjoy a great start to the day.

**Waller Street  
Campus is open  
everyday**

**Faithfull Street  
Campus -  
Tuesday-Friday**

**Avon Street  
Campus -  
Thursdays &  
Fridays**



A reminder to families that our Foundation students will have each Wednesday off until the 3rd March.





## HOCKEY VICTORIA SCHOOL ROADSHOW

We are excited to welcome the Hockey Victoria Roadshow to our school next Wednesday and Thursday!

Avon, Waller & Clarke Street students are being given the fantastic opportunity to try out the exciting game of hockey! They will learn the skills of the game through exciting game-based activities suited to every year level and ability.

Hockey Victoria will be sending their amazing Participation Officers to our school in the coming weeks to provide an engaging, fun, and safe hockey experience for everyone.

At Hockey Victoria they pride themselves in providing an enjoyable experience for every student, so keep an eye out and see if you can spot one of their coaches at school soon!

If you enjoy the sessions during school, you can continue with your hockey experience by joining a local Hookin2Hockey program

[www.hookin2hockey.com.au](http://www.hookin2hockey.com.au). With programs all over the state you can find a local program that will suit your schedule.



On site students above and pictured right had a variety of activities to participate in during remote learning last



Don't  
Forget!

## SWIMMING CARNIVAL IS STILL HAPPENING TOMORROW 23 FEBRUARY



**Please remember.**  
**The swimming carnival is a compulsory event.**  
**A BBQ lunch will be available!**  
**NO ZINC OR PAINT ALLOWED**



Follow us on  
**Instagram**



## YEAR 4-6 SWIMMING TIME TRIALS

Congratulations to all students who participated in the time trials on Thursday. Everyone put in their best effort and some good times were recorded. There was plenty of cheering throughout the afternoon.

Well done Red House on earning the most points and being the overall winner.

- Red (Stirling) 160 points
- Yellow (Hotham) 140 points
- Blue (Buller) 115 points
- Green (Buffalo) 50 points

Congratulations to all students who placed 1st, 2<sup>nd</sup> and 3<sup>rd</sup>. Students who qualify to attend the Division event in Wangaratta on Friday 26<sup>th</sup> Feb will be notified early next week.

Thank you to Mr Major, Mr Holt and Emily Neilson for making the afternoon successful.

Vanessa Neilson



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**Instagram**



**Wednesday 3rd March**

**7.00pm**

**Performing Art Centre-Faithfull Street**

To participate in our amazing instrumental music program, it is essential to be at this night.

There will be a short performance by our most experienced band, the Symphonic Band along with an explanation about this special opportunity to learn music.

What makes this so great, is that music lessons are free to students.

The night concludes with registering a place in the 2021 Year 7 Band.

If you have any questions about learning music or the program, please don't hesitate to contact Barry Roberts, 57612777 or [roberts.barry.a@edumail.vic.gov.au](mailto:roberts.barry.a@edumail.vic.gov.au).



## RETURN OF STUDENT PORTFOLIOS

Are you in Year 10, 11 or 12 and have your Student Portfolio at home?

It would be greatly appreciated if you could return it to Molly Craig in the Careers Office in the Senior Building.

The portfolios for all Years 10, 11 and 12 students are stored in there, making it easy for students to access their resume or to put certificates into it.

If you have lost your portfolio, can you please let Molly know and she will organise for a new one for you.






Waller Street Campus SLG  
Presents...



Every Friday recess  
in Term 1  
(Starting 26<sup>th</sup> February)



Cost: 50c





Thank you for supporting our SLG event!



Follow us on  
**Instagram**



Dear Parent, Guardian or Student

Tomorrow Today, in partnership with a number of Benalla clubs, is running a program to ensure every Benalla young person can participate in local sport and recreational activities.

**So, if you hold a current Pension Card or Health Care Card, your children aged 5 to 19 can have from \$60 to \$130 paid towards their registration costs for a sport or activity in Benalla.**

If you already know what sport or activity you would like to do, phone Tomorrow Today on **5762 1211**. We will help to organise the registration and payment.

If you would like help with choosing a sport or hobby, you are invited to attend the:

**Benalla Come and Try Day**

**Sunday 21 March 2021**

**Churchill Reserve, Waller Street,  
Benalla**

**10am to 1pm**

Many clubs will run activities on the day and a free barbecue will be provided.

If you have any questions about this project, please call Tomorrow Today on 5762 1211.

Tomorrow Today | Shop 10, 66 Nunn Street, Benalla, Vic 3672 | 03 5762 1211 | tomorrowtoday.com.au | ABN 90 610 420 123



*Fix Your Wheels*



A bike workshop for young people and families will be held at Waminda Community House on Wednesday, February 24<sup>th</sup>, from 3.00-4.30pm.

The skills based workshop will be facilitated by Glen from Wheelie Awesome and help teach young people how to repair and maintain their own bike, scooter or skateboard.

Bring along your bike/scooter/skateboard on the day and Glen will help you with what needs to be repaired.

- Basic repairs onsite only
- Cost- Free
- At - Waminda Community House, 19 Ballintine Street, Benalla.
- Enquiries - Ph: 0357624528

YOU ALWAYS  
have a  
choice.  
CHOOSE



**ATTEND TODAY**  
ACHIEVE TOMORROW

**Years 7 to 12 – Recess & Lunch**  
**Years 5 & 6 – Lunch orders only**

**From Monday February 22 - all hot food needs to be pre-ordered before 9am. There will be no hot food available if you haven't pre-ordered.**

- You can order online via the Qkr App – it's quick easy and you can order up to 2 weeks in advance.
- Or you can do a paper order at the Office – write your name and order on the paper bag available and put your money inside, or drop off an envelope with your name and order on the front and money sealed inside.
- The Canteen Manager will collect the orders at 9.15am each day and have the hot food ready and waiting at recess or lunchtime.
- No more slow queues or missing out on your lunch.



OR

### John Student (Year 7)

Recess – 1 chips with gravy	\$3.50
Lunch – 1 Chicken Burger	\$5.00
1 Bottle Water	\$1.00
1 Frozen Yoghurt	\$2.50
	\$12.00

### Getting started with Qkr

#### Step 1 Download Qkr!

On your Android phone or iPhone, iPad users can download the iPhone app

#### Step 2 Register

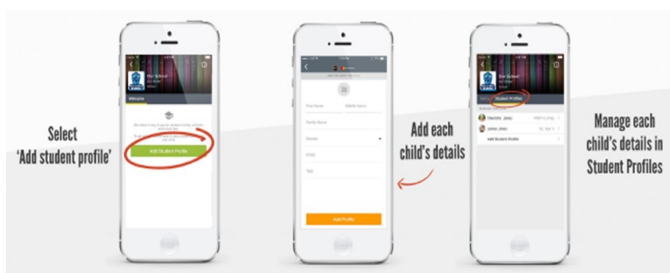
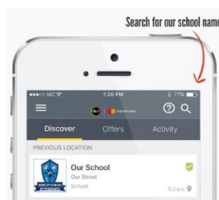
Select your Country of Residence as 'Australia' and follow the steps to register

#### Step 3 Find our School

Benalla P-12 College will appear in 'Nearby Locations' if you are within 10km of the school, or search for our school by name.

#### Step 4 Add Profile

When first accessing our school you will be prompted to add a student profile. This allows you to make



### You're now ready to order

- Select Menu
- Choose the date for your order
- Choose who you are ordering for
- Select Recess or Lunch
- Then scroll through the menu to select the items
- Add to cart
- Checkout and pay with the card of your choice (up to 5 cards can be loaded into the App).

**Its that easy!**

Hot Food	
*Chicken Burger (Chicken, cheese, tomato, lettuce & mayo)	\$5.00
*Hamburger (Hamburger, cheese, tomato, lettuce & tomato sauce)	\$5.00
*Vegetarian Schnitzel burger (Vegetarian schnitzel, cheese, tomato, lettuce and mayo)	\$5.00
*Ham & Pineapple Pizza	\$3.00
*Cheese & Bacon Pizza	\$3.00
Fried Rice (Vegetarian)	\$3.00
Pot Noodle (Chicken, Beef)	\$2.00
Hot Chips (with gravy add 50c)	\$3.00
Dim Sims (Steamed, fried or vegetarian)	\$1.00
Chicken Tenders (3 tenders with salad)	\$3.50
Pie	\$3.50
Sausage Roll	\$3.50
Hot Dog	\$3.50
Sandwiches and Wraps	
Chicken Caesar Wrap	\$5.50
Sweet Chili Chicken Wrap	\$5.50
Ham & Cheese Sandwich	\$5.50
Egg Chive on Rye Sandwich	\$5.50
Chicken Cheese and Mayo Sandwich	\$5.50
Snacks	
Fruit Cups (Fruit Salad or Two Fruits)	\$2.00
Yoghurt (Plain, Strawberry or Blueberry)	\$2.00
Fresh Fruit (Apple, Banana or Orange)	\$1.00
Double Choc Muffin	\$3.50
Blueberry Muffin	\$3.50
Lemon Slice	\$2.50
Banana Bread	\$2.00
Muesli Bars	\$1.00
*Jam Donut	\$3.00
<b>*Pre-order only.</b>	
Icy Poles & Drinks	
Icy Pole	\$0.50
Zooper Dooper	\$1.00
Frozen Yogurt	\$2.50
Water	\$1.00
Hot Chocolate	\$2.00
Prima Juice (Orange, Apple, Tropical) FROZEN AVAILABLE	\$1.50
Flavoured Milk (Chocolate, Strawberry, Iced Coffee)	\$2.00



**Charles Sturt  
University**

## CHARLES STURT UNIVERSITY EXPLORE DAYS

CSU are excited to be having their Explore Days back on campus this year. These will include tours, information sessions and hands-on workshops.

Albury Wodonga Campus is happening on 30 March and Wagga Wagga Campus on 23 March.

Follow the links to find out more and to book your place.

[https://study.csu.edu.au/life/events/explore-day/  
explore-albury-wodonga](https://study.csu.edu.au/life/events/explore-day/explore-albury-wodonga)

[https://study.csu.edu.au/life/events/explore-day/  
explore-wagga-wagga](https://study.csu.edu.au/life/events/explore-day/explore-wagga-wagga)

## DR & NURSE SERVICE –EVERY TUESDAY

The Doctor and Nurse surgery at Benalla P-12 operates every Tuesday from 9am to 12:30pm for Year 7 - 12 students at the school Doctor suite.

To book an appointment you can see Craig Carley or Lou McCloskey.

Alternatively you can call or text 0427752398 or walk in to book an appointment.

For further information on the service please see Craig or Lou.

## **ARE YOU ELIGIBLE FOR THE CAMPS, SPORTS AND**

### ***EXCURSIONS PAYMENT FOR 2021***

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps and sporting activities.

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible. There is also a special consideration category for asylum seeker and refugee families.

Payment amounts this year are \$125 for eligible primary school students and \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please complete an application form on the next page and provide a copy of your concession card.

You can also download the form, and find out more about the program and eligibility, on the Department of Education and Training's [Camps, Sports and Excursions Fund web page](#).

Check with the school office if you are unsure, and please return completed forms to the school office as soon as possible.



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**Instagram**





## CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

## Parent/legal guardian details

Surname First name Address Town/suburb  State  Postcode Contact number Centrelink pensioner concession **OR** Health care card number (CRN)
 -  -  -  **OR**
☐ Foster parent\* **OR** ☐ Veterans affairs pensioner

\*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

## Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

I understand that:

- DHHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- if I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant  Date  /  /



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**Instagram**



## Benalla Saints

Season 2021

After a season off due to COVID we are hoping to see good numbers back playing Football & Netball. Benalla Saints offers an inclusive environment in one of Victoria's premier leagues, now is a perfect time to get involved.

Benalla Saints Sports Club have now commenced training across all grades of Football & Netball. Details below of training times for each of our grades.

### Football

- Under 18 (Male) football training on Tuesday & Thursday nights at the Benalla Showgrounds commencing at 6.00pm.
- Coach - Terry Blackburn

### Youth Girls Football

- Our under 18 Youth Girls football has not commenced training but we are very interested to see what numbers there are wanting to play. If you are interested our Womens Senior Team trains on Wednesday & Friday nights from 5.30pm at the Benalla Showgrounds.

### Netball

- Training commences on the 1<sup>st</sup> of February at the Benalla Showgrounds. Training is Monday and Wednesday nights commencing at 6.00 pm. Trials for the under 15's & under 17's will be conducted in the coming weeks.
- Coach - u/17 Robyn Smith & u/15 Courtney Sammon.

Any enquiries can be directed to the club email [benalla.saints@bigpond.com](mailto:benalla.saints@bigpond.com) or via Facebook.



## Come & Try Hockey! Thursday 4<sup>th</sup> March 2021

All ages

**1<sup>st</sup> night FREE!**

All abilities

Have fun, make friends  
Whole family can play together  
Come and surprise yourself!

No experience needed

Equipment provided

COVID safe

**HOOKIN2HOCKEY**

4.30 – 5.30 pm 4 – 12 year olds

**FUN SUMMER HOCKEY**

6 – 7 pm Teens and Adults

Term 1 = fun hockey, Term 2 = competition starts  
Hockey field, Churchill Reserve cnr Waller & Margaret St  
Bring a hat, drink, and friends!

More info: Lee, 0416 169 767 or [benallahockey@gmail.com](mailto:benallahockey@gmail.com)



## Junior netball players we want you!

**IF ANY JUNIOR PLAYERS WANT  
TO JOIN A FUN, FAMILY  
FRIENDLY CLUB CONTACT  
NETBALL COORDINATOR KATE  
NOLAN - 0438621880 OR PLEASE  
JOIN US AT TRAINING  
THURSDAYS 6PM GOORAMBAT**



### WANT TO TRY TENNIS - Commence 30 Jan 2021

COME AND TRY AT BENALLA LAWN TENNIS & CROQUET CLUB  
SATURDAY MORNINGS 8.30 – 9.30 Commencing 30th Jan. 2021.  
BRING SMOOTH SOLED SHOES, DRINK, HAT & SUNSCREEN  
BRING YOUR OWN RACQUET.  
BENALLA LAWN TENNIS & CROQUET CLUB INC.





## Seven ways to be a positive influence on children and young people



Parents and teachers influence children most during their first twelve years of life. We have less influence over teens as they become increasingly independent and look to their peers for guidance and approval.

The following strategies will help ensure that you have a positive influence on children at any age.

### BE AVAILABLE

Nothing says “You matter” more than a busy parent giving a child undivided attention. Research has established that children whose parents are emotionally present for their kids have better social, academic, and wellbeing outcomes than those whose parents aren't available.

### BE WARM

Sometimes we can forget that our children are people too – particularly when they're irritable, tired and obnoxious. By responding to kids warmly (even when you don't feel like it), you show that you value them as people. A gentle touch, a smile, or soft words bring warmth to a relationship, and increase the likelihood that you'll be listened to and be a positive influence on their lives.

### LISTEN, BUT DON'T FIX

Parents can fix sore knees, broken hearts, messy friendships, and even some difficult homework projects. But kids generally don't need adults to fix them. They just want us to ‘get’ what they're going through. When you see the world through their eyes, you are more understanding – and more likely to be listened to when they need us.

### SET LIMITS

Nothing says “I love you” more than a firm and clear “No!” from mum or dad.

“No, you can't say that to your sister. How can you make things right?”

“No, it's not ok for you to stay out until midnight. You're 14.”

“No, I don't feel right about you having your smartphone/tablet/laptop in your bedroom. Ever!”

Children and young people will often argue with you, but setting limits means that you are having a positive influence on your children. The trick is to not become too authoritarian or you'll simply drive unwanted behavior underground.

## PLAY

Playing games and laughing together binds us close to our kids. Through play you build a relationship of trust with that facilitates our ongoing positive influence.

## BE GRATEFUL

Grateful people are happier, healthier, have better relationships, sleep better, have more income, are less materialistic, achieve better academic outcomes and are more energetic. By being grateful you'll be a positive influence in the lives of your children. Say thanks often – and mean it.

## LOVE THEM AND SHOW IT EVERY DAY

We're always correcting our kids or telling them what to do. Pick this up, put that away, get off the computer, pack your bag, tidy up your room, and so on... and that's before 7.30 in the morning! Our ratio of negative to positive statements can often be the wrong way round. So find opportunities to tell your kids such things as:

- "You really make a positive difference around here."
- "I am amazed at the exceptional effort you make at..."
- "I love you – no matter what."

Your time with kids is short. By setting a positive example, you can be a positive and lasting influence in your children's lives.



### Dr Justin Coulson

Dr Justin Coulson helps families be happier. His Goalcast and TEDx positive parenting videos have been viewed by more than 100 million people. He is the author of 6 books about creating flourishing families and raising resilient children. Justin and his wife, Kylie, are the parents of 6 daughters. Find the Dr Justin Coulson's Happy Families podcast on Apple Podcasts and Spotify. For further details visit [www.happyfamilies.com.au](http://www.happyfamilies.com.au)