

Benalla P-12 College

Executive Principal - Tony Clark

A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

'Benalla P-12 College ensures that every child learns and is prepared for the future through a commitment to excellence in teaching, high expectations and positive relationships in a safe and inclusive environment'

Dear Parents and Carers,

This week's newsletter would have been a bit different to the one I am writing now. Obviously the news on Friday afternoon that the state was going into a 5 day 'circuit breaker' lockdown came as a surprise to many. I certainly had not expected to be heading into remote learning again.

The good news is we have done this before. Even though this will only be a short period of time (fingers crossed) we are familiar with what to do and this made the announcement on Friday easier to prepare for. Senior students calmly collected their books and laptops and headed home. Primary students gladly accepted work packs and did the same.

We do however, understand that this can be a very difficult time for some families. Our wellbeing staff will be reaching out to students under their care to check in over the next few days. It is not unusual or unexpected to experience some anxiety at this time. It is very important however to resume those things we emphasised last time that are good for your wellbeing – sleep, exercise, diet and routine – and not too much screen time!!

If the lockdown does go beyond Wednesday, we will have a plan and will communicate this to you as soon as possible.

On a more positive note, prior to the announcement last week we had made a decision to run two assemblies on Tuesday March 2nd. We are unable to have whole school assemblies at the moment, but can run two separate assemblies and include parents.

The first assembly will be at 11.30am in the stadium at Clarke Street for students P-4 and 11-12. This will include the traditional introduction of our Preps and Year 12 students together. This will be followed by an assembly at 12.30pm for students in Years 5-10. Parents are welcome at both assemblies

Email: benalla.p12@education.vic.gov.au
Web: www.benallap12.vic.edu.au

Avon St
Yrs F-4
P: 035762 1646
Attendance
Hotline
035762 1646

Waller St
Yrs F-4
P: 035762 2600
Attendance
Hotline
035762 2600

Clarke St
Yrs 5-6 Hub
P: 035761 2272
Attendance
Hotline
035761 2752

Faithfull St
Yrs 7-12
P: 035761 2777
Attendance
Hotline
035761 2747



DATES TO REMEMBER

Monday 22 February

Year 10 Outdoor Education –Lake Benalla

Tuesday 23 February

- Swimming Carnival

Wednesday 24 February

- Faithfull Street School Photos Yrs 7-9 & Clarke St-9.00am
- Hockey Clinic Yr 3/4 Avon & Waller

Tuesday 2 March

- Assembly 11.30am Clarke St stadium-Years P-4 & 11-12
- Assembly 12.30pm Clarke Street stadium Years 5-10

Friday 5 March

Curriculum Day-Student Free Day

Our College Values

Respect

Responsibility

High Expectations

Integrity

Obviously things may change due to this recent lockdown, but if they return to normal, we will aim to proceed with the assemblies as planned.

Please continue to monitor Compass for updates, and of course, contact the school if you need any support or have any questions.

Regards,
Tony Clark
Executive Principal.

Benalla P-12 College

Photo Day 2021

Waller Street & Avon Street Monday 15th February **CANCELLED**

Faithfull & Clarke Campus Wednesday 24th February

To Order Photos:

Go to www.msp.com.au and click "Order Photos". Enter your child's personalised shootkey and follow the prompts.

Order your School Photos before midnight
Tuesday 2nd March

Late Orders can be accepted after Tuesday 2nd March by contacting **03 5482 3190**. All late orders incur an extra \$20 for postage and handling.

Family Photos – Please order online prior to photo day with the unique shootkey on the Family form. These are available from the school office. One shootkey per family.

Please note envelopes and cash payments are to be handed to the photographer on the day.




msp
photography
03 5482 3190
admin.mrr@msp.com.au
www.msp.com.au



Attendance Matters

Every student. Every day.



TERM 1 DATES, TUESDAY 28TH JANUARY– THURSDAY 1ST APRIL



Don't forget to join us at Breakfast club from 8:30am on all campuses.

Breakfast club is a great place to catch up with your friends and enjoy a great start to the day.

Waller Street Campus is open everyday

Faithfull Street Campus - Tuesday-Friday

Avon Street Campus - Thursdays & Fridays



A reminder to families that our Foundation students will have each Wednesday off until the 3rd March.

Avon Street students were ecstatic at breakfast club last Thursday morning when they received an unexpected visit from First Constable Wassink and Senior Constable Atkinson. We thank them very much for taking the time out of their morning to visit the children.



Pictured BELOW are: Amelia, Levi, Haley, Dustin Dominic and Jedd.

One student from each class is selected each week for 100% attendance. Students who receive the weekly award are then invited to a celebration BBQ at the end of term and the class with the highest attendance for the term will also receive an award. Make sure your child attends every day to receive an award.



Congratulations Kaiden, Harry, Isabelle, Toby, Bella and Owen who were all last weeks students of the week!



STUDENTS OF THE WEEK-WALLER STREET



Our **Students of the Week for Week 3** were:
L-R: Jax, Miller, Toby, Ruby, Shanaih, Jonathon and Adam

WALLER STREET ATTENDANCE AWARDS



The **Week 3 Attendance Awards** went to:
L-R: Eli, Chelsey, Dianne, Thomas, Lily, Mia, Noah and Kayden



Congratulations to our Waller Street Campus leaders. Pictured above are: Charlie, Marli, Arli and Aaban



YEAR 3/4 SWIMMING PROGRAM

Avon and Waller Street Year 3/4 students have really enjoyed improving their water safety skills and swimming techniques at the Benalla YMCA last week.



Follow us on
Instagram

Our Year 6 Polo Shirts have arrived!! Our 6 students designed the shirt that helps celebrate the last year of Primary School. Students can wear this polo everyday during Year 6.



YEAR 5/6 TUDENTS OF THE WEEK



Penny Rando, Mekayla Halligan, Sadees Ranathun Gamage, Ava Sutherland, Darcey Carracher, Erin Jenkins

ATTENDANCE AWARDS



Harry Bowen, Andrew Noyes, Evie Taylor, Darcey Carracher, Blake Parker & Ben Green



Congratulations
Evie Taylor &
Imogen Williams



Follow us on
Instagram

Congratulations to the newly elected House Captains and House Leaders for 2021. Student's stood in front of their respective house and gave a speech to their peers, who then voted.

Their first major role is to be involved in the swimming carnival tomorrow.

Pip O'Donoghue
7-12 Sports Coordinator

10-12 House Captains are:

Will Smith, Jordyn Atkinson, Lana Sovacki, Lachy Anderson, Meagan Webster, Elliot McCallum, Perry Plex and Andre McLean-Franklin.



7-9 House Leaders are:

Back: Hannah Brain, Josh Roberston, Joseph Haebich-Mills

Front: Josie Reid, Alyssa Priest, Toby Reeves

Absent: Bailey Dawson, Emile Joel



Follow us on
Instagram

Benalla P-12 College is privileged to have one of Victoria's best school Performing Arts facilities and a highly experienced staff with a busy music program of instrumental teaching and performing bands all rehearsing and preparing for performances, locally and regionally. Currently the Year 8 Concert Band, Symphonic Band and Stage Band are all working hard.



Dear Parent, Guardian or Student



Tomorrow Today, in partnership with a number of Benalla clubs, is running a program to ensure every Benalla young person can participate in local sport and recreational activities.

So, if you hold a current Pension Card or Health Care Card, your children aged 5 to 19 can have from \$60 to \$130 paid towards their registration costs for a sport or activity in Benalla.

If you already know what sport or activity you would like to do, phone Tomorrow Today on **5762 1211**. We will help to organise the registration and payment.

If you would like help with choosing a sport or hobby, you are invited to attend the:

Benalla Come and Try Day

Sunday 21 March 2021

**Churchill Reserve, Waller Street,
Benalla**

10am to 1pm

Many clubs will run activities on the day and a free barbecue will be provided.

If you have any questions about this project, please call Tomorrow Today on 5762 1211.

Years 7 to 12 – Recess & Lunch
Years 5 & 6 – Lunch orders only

From Monday February 22 - all hot food needs to be pre-ordered before 9am. There will be no hot food available if you haven't pre-ordered.

- You can order online via the Qkr App – it's quick easy and you can order up to 2 weeks in advance.
- Or you can do a paper order at the Office – write your name and order on the paper bag available and put your money inside, or drop off an envelope with your name and order on the front and money sealed inside.
- The Canteen Manager will collect the orders at 9.15am each day and have the hot food ready and waiting at recess or lunchtime.
- No more slow queues or missing out on your lunch.



OR

John Student (Year 7)

Recess – 1 chips with gravy	\$3.50
Lunch – 1 Chicken Burger	\$5.00
1 Bottle Water	\$1.00
1 Frozen Yoghurt	\$2.50
	\$12.00

Getting started with Qkr

Step 1 Download Qkr!

On your Android phone or iPhone, iPad users can download the iPhone app

Step 2 Register

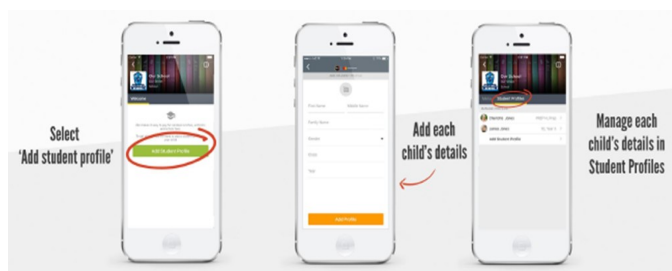
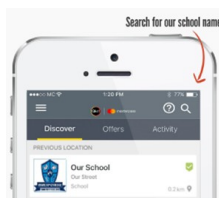
Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our School

Benalla P-12 College will appear in 'Nearby Locations' if you are within 10km of the school, or search for our school by name.

Step 4 Add Profile

When first accessing our school you will be prompted to add a student profile. This allows you to make



You're now ready to order

- Select Menu
- Choose the date for your order
- Choose who you are ordering for
- Select Recess or Lunch
- Then scroll through the menu to select the items
- Add to cart
- Checkout and pay with the card of your choice (up to 5 cards can be loaded into the App).

Its that easy!

Hot Food	
*Chicken Burger (Chicken, cheese, tomato, lettuce & mayo)	\$5.00
*Hamburger (Hamburger, cheese, tomato, lettuce & tomato sauce)	\$5.00
*Vegetarian Schnitzel burger (Vegetarian schnitzel, cheese, tomato, lettuce and mayo)	\$5.00
*Ham & Pineapple Pizza	\$3.00
*Cheese & Bacon Pizza	\$3.00
Fried Rice (Vegetarian)	\$3.00
Pot Noodle (Chicken, Beef)	\$2.00
Hot Chips (with gravy add 50c)	\$3.00
Dim Sims (Steamed, fried or vegetarian)	\$1.00
Chicken Tenders (3 tenders with salad)	\$3.50
Pie	\$3.50
Sausage Roll	\$3.50
Hot Dog	\$3.50
Sandwiches and Wraps	
Chicken Caesar Wrap	\$5.50
Sweet Chili Chicken Wrap	\$5.50
Ham & Cheese Sandwich	\$5.50
Egg Chive on Rye Sandwich	\$5.50
Chicken Cheese and Mayo Sandwich	\$5.50
Snacks	
Fruit Cups (Fruit Salad or Two Fruits)	\$2.00
Yoghurt (Plain, Strawberry or Blueberry)	\$2.00
Fresh Fruit (Apple, Banana or Orange)	\$1.00
Double Choc Muffin	\$3.50
Blueberry Muffin	\$3.50
Lemon Slice	\$2.50
Banana Bread	\$2.00
Muesli Bars	\$1.00
*Jam Donut	\$3.00
*Pre-order only.	
Icy Poles & Drinks	
Icy Pole	\$0.50
Zooper Dooper	\$1.00
Frozen Yogurt	\$2.50
Water	\$1.00
Hot Chocolate	\$2.00
Prima Juice (Orange, Apple, Tropical) FROZEN AVAILABLE	\$1.50
Flavoured Milk (Chocolate, Strawberry, Iced Coffee)	\$2.00



**Charles Sturt
University**

CHARLES STURT UNIVERSITY EXPLORE DAYS

CSU are excited to be having their Explore Days back on campus this year. These will include tours, information sessions and hands-on workshops.

Albury Wodonga Campus is happening on 30 March and Wagga Wagga Campus on 23 March.

Follow the links to find out more and to book your place.

[https://study.csu.edu.au/life/events/explore-day/
explore-albury-wodonga](https://study.csu.edu.au/life/events/explore-day/explore-albury-wodonga)

[https://study.csu.edu.au/life/events/explore-day/
explore-wagga-wagga](https://study.csu.edu.au/life/events/explore-day/explore-wagga-wagga)

DR & NURSE SERVICE –EVERY TUESDAY

The Doctor and Nurse surgery at Benalla P-12 operates every Tuesday from 9am to 12:30pm for Year 7 - 12 students at the school Doctor suite.

To book an appointment you can see Craig Carley or Lou McCloskey.

Alternatively you can call or text 0427752398 or walk in to book an appointment.

For further information on the service please see Craig or Lou.

ARE YOU ELIGIBLE FOR THE CAMPS, SPORTS AND

EXCURSIONS PAYMENT FOR 2021

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps and sporting activities.

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible. There is also a special consideration category for asylum seeker and refugee families.

Payment amounts this year are \$125 for eligible primary school students and \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please complete an application form on the next page and provide a copy of your concession card.

You can also download the form, and find out more about the program and eligibility, on the Department of Education and Training's [Camps, Sports and Excursions Fund web page](#).

Check with the school office if you are unsure, and please return completed forms to the school office as soon as possible.



Follow us on
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CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

Parent/legal guardian details

Surname _____

First name _____

Address _____

Town/suburb _____ State _____ Postcode _____

Contact number _____

Centrelink pensioner concession **OR** Health care card number (CRN)
 - - - **OR**
☐ Foster parent* **OR** ☐ Veterans affairs pensioner

*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

I understand that:

- DHHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- if I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and /or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant _____ Date ____ / ____ / ____



Follow us on
Instagram



Benalla Saints

Season 2021

After a season off due to COVID we are hoping to see good numbers back playing Football & Netball. Benalla Saints offers an inclusive environment in one of Victoria's premier leagues, now is a perfect time to get involved.

Benalla Saints Sports Club have now commenced training across all grades of Football & Netball. Details below of training times for each of our grades.

Football

- Under 18 (Male) football training on Tuesday & Thursday nights at the Benalla Showgrounds commencing at 6.00pm.
- Coach - Terry Blackburn

Youth Girls Football

- Our under 18 Youth Girls football has not commenced training but we are very interested to see what numbers there are wanting to play. If you are interested our Womens Senior Team trains on Wednesday & Friday nights from 5.30pm at the Benalla Showgrounds.

Netball

- Training commences on the 1st of February at the Benalla Showgrounds. Training is Monday and Wednesday nights commencing at 6.00 pm. Trials for the under 15's & under 17's will be conducted in the coming weeks.
- Coach - u/17 Robyn Smith & u/15 Courtney Sammon.

Any enquiries can be directed to the club email benalla.saints@bigpond.com or via Facebook.



Come & Try Hockey! Thursday 4th March 2021

All ages

1st night FREE!

All abilities

Have fun, make friends
Whole family can play together
Come and surprise yourself!

No experience needed

Equipment provided

COVID safe

HOOKIN2HOCKEY

4.30 – 5.30 pm 4 – 12 year olds

FUN SUMMER HOCKEY

6 – 7 pm Teens and Adults

Term 1 = fun hockey, Term 2 = competition starts
Hockey field, Churchill Reserve cnr Waller & Margaret St
Bring a hat, drink, and friends!

More info: Lee, 0416 169 767 or benallahockey@gmail.com



Junior netball players we want you!

**IF ANY JUNIOR PLAYERS WANT
TO JOIN A FUN, FAMILY
FRIENDLY CLUB CONTACT
NETBALL COORDINATOR KATE
NOLAN - 0438621880 OR PLEASE
JOIN US AT TRAINING
THURSDAYS 6PM GOORAMBAT**



WANT TO TRY TENNIS - Commence 30 Jan 2021

COME AND TRY AT BENALLA LAWN TENNIS & CROQUET CLUB
SATURDAY MORNINGS 8.30 – 9.30 Commencing 30th Jan. 2021.
BRING SMOOTH SOLED SHOES, DRINK, HAT & SUNSCREEN
BRING YOUR OWN RACQUET.
BENALLA LAWN TENNIS & CROQUET CLUB INC.





The new school year is full of excitement and possibility for students and parents. Regardless of how a child or young person has previously performed, this year offers a chance to set a new course.

While it's tempting as a parent to make the attainment of good academic results the main priority, this is a narrow view that may be incompatible with long-term success. It's wiser to broaden your view and focus on helping your child or young person become the best student they can be. Here's how.

Encourage learning

The rapidly changing world and workforce that your child will enter requires that they have a willingness to continually learn and adapt. The concept of a lifelong learner, previously lauded by educators with an eye to the future, has now become a reality. Learning and continual improvement should be embedded in each child's psyche so that school life is just a starting point to a lifetime of learning, growth and development. Help your child see themselves as successful learners who achieve results through hard work and application, and that nothing is beyond them if they apply themselves.

Promote leadership

Leadership is required in all walks of life including at school, at work, in families and in the wider community. Help your child see themselves as a leader by focusing on personal leadership capacities such as planning ahead, communicating clearly, being accountable for their behaviour, developing emotional awareness and fostering good relationships with siblings and peers. Personal leadership development provides a strong foundation for the development of leadership skills in more public forums in later life.

Applaud independence

The school years are critical for the development of independence, which can easily be closed down by the roadblocks of impatience, overindulgence, fear and lack of time. Alternatively, independence is promoted when we show patience, provide opportunity, display confidence and teach students how.

Embed wellbeing

If there is one difference that modern schooling is making to the next generation it's in the leadership they have shown in recent years to the maintenance of mental health and wellbeing practises. Parents can support their child's long term wellbeing by embedding wellbeing habits including healthy eating, exercise, sleep, relaxation techniques, regular time in nature, gratitude and mindfulness.

Teach socialisation

If you want your child to be liked by others, it's essential to spend time and effort developing the skills and attitudes needed to succeed. Develop in them an awareness of how their behaviour impacts on others, instil manners and community-mindedness and develop a broad range of friendship skills that will assist them to relate well to others.

Foster resilience

2020 showed us life is unpredictable, full of ups and downs, straight balls and curve balls. It's the unpredictability, the downs and the curve balls that develop kids' resilience. How parents and teachers react to the hardships, frustrations and difficulties kids face either hamper or foster resilience. Spoil, overprotect or pamper and growth opportunities are wasted. Support, encourage and teach kids to cope and you'll be helping them develop a real sense of psychological hardiness and resilience that's essential for long term happiness and success.

Make this year a memorable one by helping your child grow and develop into the best student they can be. Keep the focus broad and do all you can to ensure that your child sees themselves as a confident and continuous learner.

Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World* and *Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

