Edition #35 Benalla P-12 College

Executive Principal - Tony Clark

A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

BENALLA P-12 COLLEGE ENSURES THAT EVERY CHILD LEARNS AND IS PREPARED FOR THE FUTURE THROUGH A COMMITMENT TO EXCELLENCE IN TEACHING, HIGH EXPECTATIONS AND POSITIVE RELATIONSHIPS IN A SAFE

Dear Parents, Carers and Friends of the Benalla P-12 College Community,

Scholarships

Each year the College offers 2 scholarships and an encouragement award from Year 4-8. These are designed to recognise and promote excellence and academic achievement and to support students in their education for the following year. Students apply, sit a literacy and numeracy assessment and have an interview with me.

As always, it was a difficult decision to make as the standard of applicants was high. I would like to again, commend those students who did apply and were unsuccessful. It is always worth applying and you never know until you try.

It gives me great pleasure to announce the scholarship recipients for 2021, as well as the encouragement award winners:

Year Level	Scholarship	Scholarship	Encouragement	Benalla P-12 Uniform Shop Open Days-Faithfull Street Campus	
4	Amy Lowe	Ben Green	Lacey Allen		
5	Imogen Williams	Jessie Shaw	Sadees Ranathun Gamage	 Wednesday November 11th 11am-5pm Wednesday November 18th 11am-5pm Wednesday December 2nd 10am 4pm (This will be the last day for the year.) 	
6	Danielle Knox	Mitchell Cooney	Robert Cooper		
7	Charlotte Quilliam	Emily Hedt	Riley Hupe		
8	Jett Buntine	Kayla Devlin	Pasan Ranathun Gamage		

Well done to all of these students for their commitment to academic excellence and success. A formal presentation of certificates will occur at an assembly once we are allowed to have them.

	Respect			
Avon St	Waller St	Clarke St	Faithfull St	
Yrs F-4	Yrs F-4	Yrs 5-6 Hub	Yrs 7-12	Responsibility
P: 035762 1646	P: 035762 2600	P: 035761 272	P: 035761 2777	
Attendance Hotline	Attendance Hotline	Attendance Hotline	Attendance Hotline	High Expectations
				Integrity
035762 1646	035762 2600	035761 2752	035761 2747	integiny



DATES TO REMEMBER

Monday 23rd

Year 11 Exams commence

Monday 30 Nov-Thursday 03 Dec

Year 10 & 11 Headstart commences

Wednesday 02 December

Last Day for Year 11 students

Monday 07 December

Year 5 Howqua Camp

Wednesday 10 December

Year 6 Howqua Camp

Call Judds Yarrawonga on 5744 1269 for any further details

> **Our College** Values

Weary Dunlop Scholarship

We are also very fortunate to have had a donation of \$500 for a new scholarship from the Weary Dunlop Foundation. They are a very supportive organisation who value our connection with Weary Dunlop. This new scholarship is for a student, currently in Year 9, who wishes to go on and study in the field of Health/Science/Medicine. Applications close today.

Transition

We are still waiting on news about Statewide Transition Day on Tuesday December 8th. Hopefully it will be able to go ahead as planned, but if not we will continue to support our Grade 4 and 6 students as they make the transition for next year. Our incoming Prep students and families have had the opportunity to come in for tours in small groups and this will continue this week. We will also be offering this to parents and students in Grade 4 and 6 starting next week.

Regards, Tony Clark Executive Principal.

Don't miss out on your 2021 Prep Transition visit

Do you or a friend have a younger child due to start school in 2021? Phone our Avon or Waller Campus to make a Prep transition appointment for this Thursday 19th or Friday 20th November. Come and meet our friendly staff and take a tour of

the campus. Our wonderful prep teachers are looking forward to meeting you.

Avon Street Campus 57621646 Waller Street Campus 57622600







A reminder to families, Please return all student 2021 permission forms asap to the general office at your campus.

HATS: A reminder that hats are compulsory for outside play this term. Please ensure your child/ren have a broad-brimmed hat, with their name clearly labelled on it. Hats are available to purchase from the office for \$10 each.



Dairy for more information Phone: 0439 667 42! mail: melvat@murraydairy.com.ai



PRIMARY CAMPUS NEWS –AVON STREET CAMPUS AVON ATTENDANCE



KINDNESS AWARD



Well done Maclan, Charlie and Hunter for being so kind.

STUDENTS OF THE WEEK



This weeks students of the week were: Sophie, Alarna, Bjorn, Sallyanne, Olivia and Isabelle Avon Street students received icy poles this week for 100% class attendance for week 5. Pictured left are Mrs Higgins class and below Ms Hartridge class . Congratulations you are all attendance champions! To help your class win this award simply turn up to school everyday.



GOLDEN SHOVEL AWARD WINNERS

Our Golden shovel award winners this week were Pharon and Aeryn.





PRIMARY CAMPUS NEWS- WALLER STREET CAMPUS

STUDENTS OF THE WEEK

The Year 3/4 **Students of the week** and **Golden Shovel** awardees (from Week 4) were: L-R: Hannah (SOW), Sophia (SOW), Maddy (SOW), Nicolas (GS) and Tallulah (GS)





WALLER ATTENDANCE

Ms Clark's class won week 5 with the highest-class percentage for attendance of 99%. The class has celebrated with their prize with popcorn and a movie in their lunch break. For your child's class to win is easy, all you need to do is send your child to school every day. There will be a class weekly prize with the highest-class attendance percentage each week in term 4. There are 6 more chances of your child's class winning.



BENALLA P-12 COLLEGE

REMEMBERANCE DAY AT WALLER & AVON STREET



In the absence of campus assemblies, the Waller & Avon Street Campus Leaders lead the campus in a short Remembrance Day service over the loud speaker.

They spoke to students and staff about the significance of the day before pausing to remember with a one minute silence. Hannah showed great persistence reciting the Ode of *Remembrance*.

Charlie, Noah, Sophia, Hannah, Hayley, Boden, Sophie and Ben researched, discussed and practised their speeches before delivering them just before 11:00 a.m. Charlie also took it upon himself to conduct some further research (see below).

In 1918, after suffering a number defeats and heavy losses, the German forces agreed to a truce with the Allied troops and this signalled the end of WWI. The treaty was signed at 5 a.m. on the 11th November 1918, but did not officially come into effect until 6 hours later at 11:00 a.m.

Every year nations around the globe fall silent for one minute at 11:00 a.m. on the 11th day of the 11th month, to remember those who have served their country during war. It is estimated that over 60,000 Australians lost their lives in the Great War.

WE WILL REMEMBER THEM





In Flanders' Fields

In Flanders' fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard antid the guns below.

We are the dead. Short days ago We líved, felt dawn, saw sunset glow, Loved, and were loved, and now we líe In Flanders' fields.

Take up our quarrel with the foe: To you from failing hands we throw The torch, be yours to hold it high. If ye break faith with us who die We shall not sleep, though poppies grow In Flanders' fields.

Major John McCrae, 1915







YEAR 5/6 STUDENTS OF WEEK



This weeks 5/6 students of the week were: Tahlia Marks, Calista Allcroft, Georgie Anderson, Locky Kennedy & Billy Buitenhuis



KINDNESS AWARD



Alex Briggs & Kyle Morgan were the recipients of the Kindness award this week

You always have a choice. Choose kindness



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FAITHFULL STREET CAMPUS NEWS

Unit 2 Outdoor and Environmental Studies Barmah Canoe Trip

From the 4th to the 6th of November, our Year 11 Outdoor and Environmental Studies class participated in a canoeing trip from Barmah to Echuca. Before heading off, we paired up and packed all of our equipment into our brand new canoes. It took us a couple of hours to paddle 13 km, soon arriving at our first camping spot. We set up

our tents and cooked our dinner in front of a small fire that Lachie A volunteered to set up. We spent that night sharing stories and having many laughs. Soon after, we went to sleep on the schools brand new sleeping mats. The following day we spent the longest day on the water. Travelling 23km total with a head wind for the majority of the day. Most of that time we entertained ourselves with sing songs, discussion and races. A few of us even tried a bit of canoe Olympics; travelling around and under logs. That night was a repeat of the one before. Late night stories in front of a fire, this time prepared by Jack W while Mr Carboon troubled himself to explain the geology of the environment we were in. Poor Alex, having had a terrible sleep the night before, napping occasionally during this session. This lead to him being required to wash the group pot used for the hot chocolate. On the last day we left at 8 in the morning and cruised about 15 kilometres until we reached the port of Echuca. From there we bused home with the music blasting, rocking out to Rip Rip Woodchip.

Written by the Outdoor and Environmental Studies class









FOOD GLORIOUS FOOD!

Year 7s have been studying food in Indonesian this term. This has included them becoming familiar with spices by

smell and sight (and taste in some cases!), as well as researching the history of spices which have made Indonesia famous throughout the world for centuries.

Students presented their learning on some outstanding posters that had to include actual spices somewhere on the poster. Amber, Daisy and Abbie in particular presented work of a very high quality.

They have also tackled the Asian custom of eating with their hands and have learned the correct way to do so. Deisel added an unfortunate amount of chilli to his rice but chose to finish it all the same so he passed into legend, and almost passed out.



So if you need tips on the correct way to eat with your fingers, which is the most expensive spice or why people used spices in the first place, just ask a Year 7!















CLARKE STREET MUSIC

Fabulous sounds have recently been emanating from the music room at the end of Clarke St hub. With the unfortunate effects of the pandemic meaning that singing is on hold, all students have been honing their instrumental skills with great results.

Pictured is Grade 5 with some serious ukulele attitude. So far they know five chords, two more than you need for an ACDC song. Grade 6 students have also been treated to a visit from Mr Roberts and Mr Rowe who demonstrated a heap of fantastic instruments including saxophones, trumpets, trombones and clarinets that the kids will have the opportunity to learn next year. Some have already put in their expressions of interest, and any student who does so soon will get a head-start lesson before the end of the year. So get in that paperwork! It's a great opportunity and



always exciting to see emerging talent to replace our amazing senior students as they graduate Year 12.



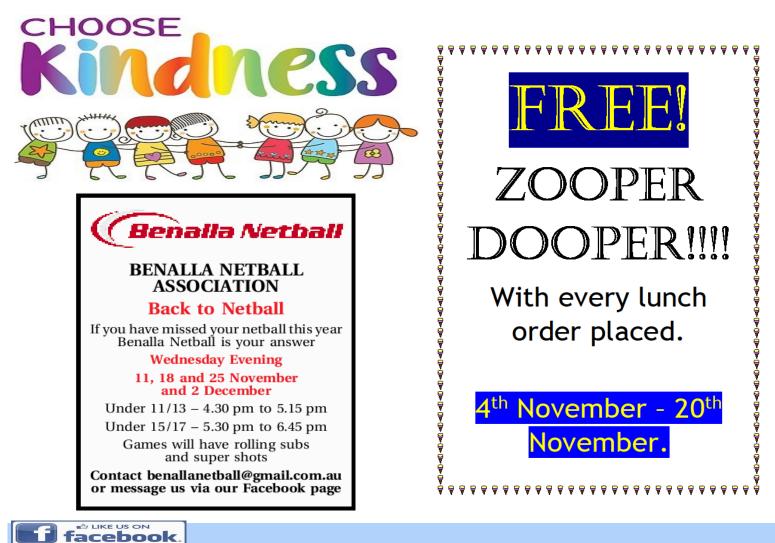


MIDDLE SCHOOL STUDENTS OF THE WEEK



Middle School Student of the week for Term 4, weeks 3, 4 and 5.

Pictured above left to right: Emily Hedt, Aria Winkler, Kaylah Devlin and Alia Heeps



parenting *****ideas

The power of sorry



Our boys tend to get into trouble more than our girls. There are lots of cultural and biological reasons for this but much of it boils down to the fact that boys are still soft-wired to be 'mammoth hunters', ready to react to any threat.

Generally, boys have more muscle than girls and, with that, a physicality that gets them in strife. There's also brain research that shows that, while females tend to quickly shift emotions from the brain's limbic system to the word centres of the brain, males tend to shift them into their bodies.

This is more obvious as our boys become teens as they can be as big and strong as men, but their brains are under construction and their bodies are flooded with testosterone.

Author and counsellor Michael Gurian writes that boys tend to seek external measures of success to feel good about themselves. It is critical they maintain credibility and status in the eyes of the 'tribe'... that's their peers, not you.

Inevitably, all this means your son will probably make many mistakes; or hurt himself; hurt someone else; or make a very poor, thoughtless, seemingly stupid or cruel choice.

React with compassion not shame

How you react as a parent can significantly impact how your son recovers from mucking up. Your first reactions may be anger, disappointment or the urge to discipline harshly. However, there are other ways of reacting that can strengthen your bond with your son and ensure he learns from the experience through growth rather than shame.

Listen to him, guide him to see the impact of his poor choice, help him make it right, forgive him and ask him what he might do next time he's in the same situation.

Break down the old male-code

This code told us that men don't apologise as it's a sign of weakness. One of the most powerful things we can teach our boys is that when we make mistakes, we own up to them and we apologise if need be. Teach your boys that saying sorry when they really mean it is a sign of courage and strength, not the opposite. It is also about taking responsibility for your actions, which is important for boys to learn. They need to see the men in their lives – particularly dads – apologise.

Don't force an apology

Forcing a boy to apologise can be problematic. A genuine apology is very different to a forced apology. A genuine apology has a real sense of remorse attached to it. Coach your son to see the situation through the other person's eyes. If someone has been impacted, he needs to apologise and make amends even if he didn't intend for the consequences of his poor choice to happen. It doesn't mean he's wrong. It just means his choice affected someone.

Embrace failure

To help your son better learn about failure, have conversations about things you hear in the media where boys and men have experienced failure and recovered. Steve Smith, the former captain of the Australian cricket team who was involved in a ball-tampering scandal, is a great example. He owned his mistake, publicly apologised, paid his dues and went on to have a very successful return to cricket.

Your son is going to make poor decisions repeatedly until he has enough myelin in his brain to be more mindful of the choices he makes. That is just a fact of life. As parents, your job is to, day-by-day, help your son learn a culture of accountability without a need for severe punishment, shaming or ridicule.

Maggie Dent

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. She has written seven major books including the bestselling Mothering Our Boys and her 2020 release, From Boys to Men. Maggie is host of the ABC podcast, Parental As Anything. For further details visit maggiedent.com



