

# Benalla P-12 College

Executive Principal - Tony Clark

## A MESSAGE FROM OUR PRINCIPAL

### COLLEGE VISION

*BENALLA P-12 COLLEGE ENSURES THAT EVERY CHILD LEARNS AND IS PREPARED FOR THE FUTURE THROUGH A COMMITMENT TO EXCELLENCE IN TEACHING, HIGH EXPECTATIONS AND POSITIVE RELATIONSHIPS IN A SAFE*

Dear Parents, Carers and Friends of the Benalla P-12 College Community,

Last Friday marked the final day of schooling for our Year 12 students. It goes without saying that 2020 has been an incredibly challenging year for most of us and our Year 12 students are amongst those who have been the most greatly impacted. Having said that, we are very proud of our Year 12 class of 2020. They have endured remote learning and all its' challenges and have shown outstanding resilience to get through the year. They planned and executed a very positive last week of celebrations including the primary school dress up day, a staff v student basketball game, opening their time capsule and the final day of games and fun on Friday. Thank you to all of them for their good spirit over the last week and for finishing the year on a positive note. Special thanks to Year 12 Co-ordinator Amber Baker and Senior Sub-school Leader Jo Martin for working with the students to make it all happen.

VCE students begin exams next Tuesday so we wish them all the best and hope they spend the next week revising and studying as effectively as they can. Year 12 teachers are still available for support during normal timetabled sessions.

Teachers have been using the day today to begin the report writing process for this semester. This will again look a little different from the usual end of semester reports, but will include more detail than the mid-year report, especially in relation to English and Maths. Once again, we will be distributing these reports via Compass. You will be able to request a hard copy report if that is your preferred option.

There have been some minor changes to the school operations guide in the last week. These include a return to indoor sport and PE classes, and that Grade 6 and Year 12 Graduations can proceed. Unfortunately, at this stage parents are not permitted to attend these events, but they can be broadcast online and we are investigating options for this to happen.

Camps and excursions are allowed again and it is exciting that our first few activities are about to occur under these new rules. The Year 11 Outdoor Education class are off canoeing on the Murray River for three days and the Grade 5 and 6 camp to Howqua has been approved and is imminent.



- **Tuesday 3rd November - Melbourne Cup Public Holiday**

BENALLA P-12 UNIFORM SHOP  
2020 OPEN DAYS  
FAITHFULL STREET

- **Wednesday November 11th**  
11am-5pm
- **Wednesday November 18th**  
11am-5pm
- **Wednesday December 2<sup>nd</sup>**  
10am-4pm (This will be the last day for the year.)

Orders can also be placed over the phone and delivered to your campus.

Call Judds Yarrowonga on 5744 1269 for any further details

### Our College Values

Respect  
Responsibility  
High Expectations  
Integrity

**Avon St**  
Yrs F-4  
P: 035762 1646  
**Attendance Hotline**  
035762 1646

**Waller St**  
Yrs F-4  
P: 035762 2600  
**Attendance Hotline**  
035762 2600

**Clarke St**  
Yrs 5-6 Hub  
P: 035761 272  
**Attendance Hotline**  
035761 2752

**Faithfull St**  
Yrs 7-12  
P: 035761 2777  
**Attendance Hotline**  
035761 2747

Please remember that the restriction on access to school by parents and visitors is still in place. If you need to come to school for a particular reason, please call first to see if it can be resolved without having to come on site.

We are still complying with the DET guidelines for creating 'covid safe spaces' by ensuring all staff and students over 12 wear face masks, that hand hygiene is available and used regularly, that progressive cleaning occurs throughout the day and that we use outdoor spaces where possible. Staff and students who are unwell should still stay home and we appreciate the support that parents have been providing in this area.

Regards,  
Tony Clark  
Executive Principal.

## FAITHFULL CANTEEN

The Canteen pre-ordering app (called Qkr) is the preferred way for Year 5-12 students to buy from the Canteen. Pre-ordering reduces the queue, encourages social distancing by moving through quickly, and reduces cash handling. To help manage traffic flow and reduce large numbers of students waiting we encourage all families and students to please plan ahead and pre-order through the Qkr App. Details on how to use the App are attached or available from the General Office.

More information can be found on page 10

**Each child who places a lunch order from 4-20 November will receive a free Zooper Dooper. There will be a ticket in each order which can be claimed at the Canteen at either recess or lunchtime for the duration of the promotion.**

**All Clarke st Lunch orders will automatically receive their free Zooper Dooper with their order.**

## Don't miss out on your 2021 Prep Transition visit

Phone our Avon or Waller Campus to make an appointment for Thursday 5th or Friday 6th November. Come and meet our friendly staff and take a tour of the campus. Our wonderful prep teachers are looking forward to meeting you.



## BOOKLISTS & PARENT PAYMENTS for 2021 (FOUNDATION TO YEAR 12)

Book list and Parent Payment information for 2021 has recently been mailed out to all families.

Booklists orders are due no later than **16 November** to receive free delivery to the school. Orders placed after 16/11 will be delivered to your home and a delivery charge will apply. Details about how to order and other information is included in the mail out, and is also available on the school website.

**Please note – bulk supplies will not be ordered by the school for primary students this year.**

All families (Foundation to Yr 12) need to purchase a backpack for their child/children. This is a new system for the primary levels so please contact the General Office if you need any help with ordering.



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**Instagram**





WEEK 3 & 4 GOLDEN SHOVEL AWARD WINNERS



Week 3 Golden Shovel awards winners were: Harry and Edward.

Pictured right are Ruby and Bonnie who were our week 4 recipients.





## STUDENTS OF THE WEEK & CLASS ATTENDANCE CHAMPIONS



Pictured above are our students of the week. Well done Ava, Edward, Alarna, Katie, Kaiden and William

Congratulations to Mrs Higgins class (below) who were this weeks class attendance champions for week 4 with 98%



## PRIMARY CAMPUS NEWS-WALLER STREET CAMPUS

### STUDENTS OF THE WEEK

Congratulations Ethan, Madisyn & Jake who were this weeks Students of the week.



### WALLER ATTENDANCE

Ms Comers's class won week 3 with the highest-class percentage for attendance of 95.52%. The class has celebrated with their prize of hot chips with tomato sauce. For your child's class to win it is easy, all you need to do is send your child to school every day. There will be a class weekly prize with the highest class attendance percentage each week in term 4. There is another 6 chances for your class to win.







### Students of the Week

Alex Briggs, Sam Gates, Mikayla Borradaile, Toby Reeve & Jaxson Hussell

### KINDNESS AWARDS



The Kindness Award has been introduced this term to recognise kind gestures that our students make, to brighten our school community. Well done Zac Fennell, Emma Williams & Camden Auld

Choose  KINDNESS.



Follow us on  
**Instagram**



**BOOK CLUB ISSUE 8 IS ONLINE  
ONLY NOW!**

**ORDERS CLOSE FRIDAY 9.00AM  
30th November**

Click on the link to view the catalogue [https://issuu.com/scholastic\\_australia/docs/aus\\_issue\\_3?fr=sMTQ2ZTEwOTgzNjE](https://issuu.com/scholastic_australia/docs/aus_issue_3?fr=sMTQ2ZTEwOTgzNjE)

**Online ordering via LOOP only.**

You can place your child's order at [scholastic.com.au/LOOP](https://scholastic.com.au/LOOP) or using the LOOP app, which can be downloaded from the App Store or Google Play Register. This link will take you to the registration page: <https://mybookclubs.scholastic.com.au/Parent/Register.aspx?ReturnUrl=>

**Enter your details | Add Child | Search  
for our School & your child's class |  
Ready to Order!**

**Thanks for  
supporting our school!**

**Please note cash and late orders cannot be  
accepted.**

For more information contact Scholastic Book  
Club 1800 021 233



YEARS 7-10 GAMES DAY

On Thursday the 12<sup>th</sup> of November year 7 to 10 students will be participating in a Games Day. The day will go from Recess until the end of the day (normal class will run period 1 and 2). Games Day is a house competition, so make sure you come dressed in your colours! Year level teams will be playing for house points to win the coveted Covid Cup! There is prizes to be won on the day and icy poles for participation. Games Day is an event run by our year 11 VET Sport and Recreation class as part of their assessment. It is sure to be a fantastic day, with opportunity to build upon our school community and spirit, as well as have some fun as a cohort



**7 - 10**  
**GAMES DAY**  
**Thursday the 12th of November**  
Come dressed in your house colours!

**GRAB & GO**  
**Brekky Club 8.30am**

*Don't forget to join us at Breakfast club from 8:30am on all campuses. Breakfast club is a little different now as its grab and go, but its still a great place to catch up with your friends and enjoy a great start to the day*



**Waller Street  
Campus is open  
everyday**

**Faithfull Street  
Campus -  
Tuesday—Friday**

**Avon Street  
Campus -  
Thursdays &  
Fridays**

2021 PREP TRANSITION VISITS

Do you or a friend have a younger child due to start school next year?

Phone our Avon or Waller Campus to make an appointment for our 2021 Prep transition visit this Thursday 5<sup>th</sup> or Friday 6<sup>th</sup> November. Come and meet our friendly staff and take a tour of the campus. Our wonderful prep teachers are looking forward to meeting you.

**Avon Street Campus-  
5762 1646**

**Waller Street Campus-  
5762 2600**



Follow us on  
**Instagram**  
**@benallap12college**



To the Class of 2020,

It has been a year like no other for Benalla P-12 College's Year 12 students. Completing their last year of schooling during a global pandemic has been no easy task; yet many have risen to the challenge and have demonstrated a tremendous amount of resilience that will remain long after they hang up their uniform for the last time.

Although students have missed many rites of passage that comes with graduating, they have also made the most out of their time. There are many events we were lucky enough to share in between and during lockdowns that will be remembered: A fun filled Swimming Carnival (where there was a heated debate as to whether staff or students won the relay). An amazing group of boys who organised a spectacular World's Greatest Shave fundraiser in honour of Bree Macfarlane-Auld who was diagnosed with cancer during the year-raising over \$3000. Many hilarious entries to our online weekly challenges including TikTok videos, pet tricks and art competitions. Some very brave teachers putting their embarrassment aside and entering a Remote Masked Singer that was broadcasted to students to reward them on the last day of Term 3. Upon return, the whole cohort has been working hard to redeem missed opportunities and have participated in a Prep Dress Up and Mini Athletics Day, staff vs students basketball match and Fancy Uniform Day where they cracked open their time capsule- a tradition of getting emotional reading letters that were written to themselves in year 7. Let's hope Celebration Day on Friday 30<sup>th</sup> August is just as much fun to reward them for surviving remote learning, and that if restrictions ease we are able to hold a formal and graduation in the near future.

All students should be commended for their dedication to achieve their VCE and VCAL certificates. If you know a Year 12 Student, please reach out and wish them luck on their upcoming VCE exams starting in November or congratulate them on finishing their outcomes as many VCAL students will have already finished and moving into their jobs and apprenticeships. They have had to re-imagine practical activities, complete assessment tasks online, filter through a thousand emails a day, study for exams, deal with technical difficulties- on both the student and teachers ends- and develop maturity beyond their years to balance these demands with their mental health under Covid restrictions.

We've shared many laughs and tears; but it has only brought many of us closer together. As I write this with a beaming smile (definitely not tearing up cause I will miss you all), I cannot express how very proud I am of you - and you all should be proud of yourselves too.

Miss Amber Baker  
Year 12 Coordinator 2020.



Follow us on  
**Instagram**





Follow us on  
**Instagram**





## Design Your Career Youth Summit

The **Design Your Career Youth Summit** is for senior **SECONDARY SCHOOL STUDENTS** preparing to make further education and career choices, **PARENTS** wanting to understand the emerging challenges their children will face, will be running from 9 November 2020.

This global online-only event, presented by The Ingenarium and supported by Careers England, Careers and Transition Education New Zealand and Cognita, is **FREE** to register and attend.

It will run over one week from 9 November, with all content remaining accessible to registered attendees for a limited time afterwards.

Registrations are **NOW OPEN** at [www.youthcareerssummit.com](http://www.youthcareerssummit.com) (where you can also find more information about the Event).

This will help to better understand emerging issues as students prepare for further education and career choices.

### What's Included

Attendees will hear from **30+ Technologists, Educators, CEOs, Talent Managers, Entrepreneurs, Innovators and Career & Leadership Counsellors** including:

- Hon. John Anderson AO, former Deputy Prime Minister of Australia
- Andrea Clarke, Bestselling Author of "Future Fit"
- Dr. Michelle Dickinson, Innovator, Adventurer, Nanogirl
- Dr. Nancy Gleason, Director Ballon Centre for Excellence in Teaching, NYU
- Kieran Gordon, Executive Director, Careers England
- Leigh Gray, Kaiarahi, Careers and Transition Education New Zealand
- Steven Lee, Managing Partner Financial Services, Ernst & Young APAC
- Prof. Louise McWhinnie, Dean of Transdisciplinary Innovation, UTS
- Anthony Salcito, Global Vice President of Microsoft Education

Join for free to discover:

- How **digital disruption** is transforming work and careers
- The **future skills and capabilities** that will be in demand, including the "soft" skills that are becoming increasingly important
- The emerging paths to career **impact and value**
- How to **prepare** for jobs that don't yet exist
- The importance of **psychological capital & mental toughness**
- What you can do to **stand out** to colleges and employers
- Tips for good education career **planning & decision making**
- How parents can **support** their kids through this process



## KINDNESS 21

Thank you for  
making our  
school a kinder





## QUICK & EASY CANTEEN ORDERING (Years 5-12)

- Online ordering before 9am is the preferred way to order from the canteen
- No finding change for school lunches in the morning
- No waiting in line (*reduces queues and promotes social distancing*)
- No bringing cash to school (*cashless payment*)
- No missing out on the Jam Donuts (*pre-order to get what you want*)

Download our new App to make pre-ordering from the Canteen quick and easy.



You can order up to 2 weeks in advance and have your child's hot lunch ready when the bell rings each day.

Just put in the order by 9.30am and forget about it.

### Getting started

#### Step 1 Download Qkr!

On your Android phone or iPhone, iPad users can download the iPhone app

#### Step 2 Register

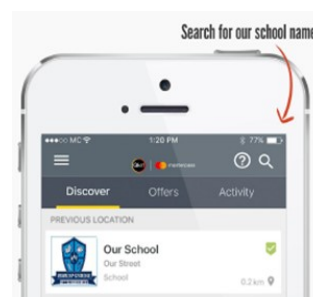
Select your Country of Residence as 'Australia' and follow the steps to register

#### Step 3 Find our School

Benalla P-12 College will appear in 'Nearby Locations' if you are within 10km of the school, or search for our school by name.

#### Step 4 Add your child's profile

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them



### You're now ready to order

- Select Menu
- Choose the date for your order
- Choose the child you are ordering for
- Select Recess or Lunch
- Then scroll through the menu to select the items
- Add to cart
- Checkout and pay with the card of your choice (up to 5 cards can be loaded into the App).

## Year Books For Sale

Faithfull Street Campus have some old School yearbooks from 2017, 2018 & 2019 for sale. Books can be purchased at the reduced price of \$5.00 each from the Faithfull Street office.

**FREE!**  
**ZOOPER  
DOOPER!!!!**

With every lunch  
order placed.

**4<sup>th</sup> November - 20<sup>th</sup>  
November.**



# The COVID-19 pandemic is impacting us all

Are you feeling isolated, lonely or worried?  
Do you need help with practical, emotional or social support?

We can help connect you with support and services where possible.

**Call 03 5760 2620 (Mon-Fri 9am-5pm)  
or email [casi@benalla.vic.gov.au](mailto:casi@benalla.vic.gov.au)  
to find out more.**

**You can also call the COVID Hotline  
1800 675 398 (24/7).**

This program is funded by Department of Health and Human Services and delivered by Benalla Rural City Council.



## BENALLA LAWN TENNIS & CROQUET CLUB Inc.

### TENNIS PROGRAM FOR CHILDREN AGED 3 - 10 YEARS WANTING TO TRY TENNIS

WHERE - ACKERLY AVE-Benalla Lawn  
Tennis and Croquet Club

WHEN - SATURDAY MORNINGS 9.30am  
TO 10.30am

COMMENCING 10th October 2020

BRING - SMOOTH SOLED SHOES, DRINK,  
HAT, SUNSCREEN

BRING OWN RACQUET IF YOU HAVE  
ONE.



Follow us on  
**Instagram**



## Parenting in challenging times



This year's unique challenges have brought a sharper focus on child-rearing styles. Parents who rely on one style have often struggled to meet the emotional needs of their children.

Kids who are worried, fearful or fretting about the future initially benefit from a nurturant, empathetic approach. "I get it" is what they want to hear so they feel safe and secure. They also benefit from a firmer approach where an adult communicates "You can cope with this" is something kids need to hear when they experience change, difficulty and disappointment.

This combination of nurturance and firmness is known as an authoritative approach according to Diane Baumrind, a leading researcher on parenting styles. A purely nurturant style is known as a permissive style, while a singularly firm style is known as authoritarian.

### Warm cat, firm dog

It's helpful to use a cat and dog metaphor when discussing the authoritative approach. As dog-owners know these pets are highly relational and respond favorably to attention. The dog style of parenting is empathetic and has an encouraging, relationshipbuilding focus. Cats, on the other hand, are usually self-sufficient and can live happily without you. Continuing the metaphor, the cat style of parenting is more likely to challenge kids, better able to manage poor behaviour and provide solid family leadership.

### Body language counts

The dog-cat styles are expressed through our non-verbal language – our tone of voice, posture and heads. A cat speaks in a flat, clipped voice using a minimum of words. Their head is still, its body upright and confident. A cat is calm, quiet and in control. A dog, on the other hand, speaks with lots of inflection in their voice. They'll smile a great deal and lean in when they speak. It's a warmer more approachable style suited to conversations and building relationships.

### Which style do you identify with?

Most people naturally have a preference for one style over the other. If you defer to one then you may have to work a little harder or more consciously to bring the other side to the fore. Many parents working in partnership with each other will share the dogcat loads. One parent is firm in approach, while the other uses a warmer, more personal approach. Sometimes parents switch styles according to the gender or personality of their children. This is quite common as boys have a tendency to bring out the firm cat in their fathers and the warmer, protective dog-side in their mothers.

Conversely, fathers often respond to their daughters in dog-like ways and anecdotally, it seems, many mothers are more naturally cat-like with their daughters. Single parents without the luxury of sharing the parenting will generally need to be flexible and move between the two styles.

### Avoid mixed messages

Get your cat and dog wrong and you risk being ineffective and failing to meet either a child's needs or the needs of a particular situation. If your first response to a child's difficulty is to be distant and unapproachable, then you are probably not meeting their immediate emotional needs. Your child or young person needs you to be approachable or dog-like when they come to you with genuine concerns. Conversely, approach a child or teen whose behaviour isn't up to standard with a dog-like approach and you'll be ignored or not taken seriously, leaving you either angry or deflated.

### Flexibility is the key

It's my experience that it's possible to move seamlessly between the two modes but it takes awareness and practice. If you naturally default to cat mode, then you may have to put some conscious effort into responding with empathy and nurturance when your child or young person struggles. Alternatively, you may practise dog-like behaviours easily but have to work on your



## A flexible approach to raising kids



### Related webinar

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Parenting like a cat and dog' at no cost.

#### About

In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children.

#### When

11 November 2020 8:00pm AEDT.

#### To redeem

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-parenting-like-a-cat-and-dog>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code METAPHOR and click 'Apply Coupon' Your discount of \$37 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details including our school's name to verify your eligibility. These are the details you will use to login to your account and access your webinar and resources
7. Click 'Place Order'

This offer is valid until 31 December 2020. If you're unable to make the broadcast time, just register anyway and you will get access to the recording. The recording will be available in your Parenting Ideas dashboard so you can refer to it at anytime.

### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World* and *Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

