

Benalla P-12 College

Executive Principal - Tony Clark



A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

BENALLA P-12 COLLEGE ENSURES THAT EVERY CHILD LEARNS AND IS PREPARED FOR THE FUTURE THROUGH A COMMITMENT TO EXCELLENCE IN TEACHING, HIGH EXPECTATIONS AND POSITIVE RELATIONSHIPS IN A SAFE AND INCLUSIVE ENVIRONMENT

Dear Parents, Carers and Friends of the Benalla P-12 College Community,

Well here we are. Three weeks down into remote learning 2.0. There are definitely things that are working well this time around and we have a much greater percentage of students logging on to each and every class daily. There have also been some wonderful examples of student work completed remotely and it has been a great pleasure of mine to see these and share them with the staff at our weekly briefing. I would like to give a special mention to Ben Spinks of Year 8 for his outstanding science project that involved making a model of a cell, fully labelled. Well done Ben (and family).

This week our new Speech Pathologist started. Tayla Robinson will pick up where Bernie O'Brien left off and will provide speech therapy and assessment services to students across the College. She will also play a key role in supporting students who require literacy intervention. Tayla comes to us having worked in a regional role as a speech therapist and is well qualified and experienced to do the job. Families of children who were receiving speech services should get a call from Tayla soon.

School Council was scheduled to meet last night, but after discussions with President Geoff Patterson, the decision was made to postpone the meeting. The DET has given schools permission to reduce the number of meetings annually from 8 to 6, and we have already had 5. Trying to run an effective council meeting online was a bit challenging for us last time so we will aim to reschedule when we return.

One of the many challenges of remote learning for us is how to manage transition. Normally at this time of year we would be running tours for parents enrolling children into Foundation, as well as beginning the transition activities for our Year 4 and 6 students. Unfortunately these are not possible at the moment, but we are making plans to get them going again once we are able to.

Similarly with graduations and end of year ceremonies, we are making alternative plans to run 'virtual' graduations in the event that large gatherings are not allowed and parents are still not permitted on site. Hopefully these will still be sufficient to celebrate the important milestones that students are achieving, in particular our Year 12 and Grade 6 students.

Our College Values

Respect

Responsibility

High Expectations

Integrity

Email: benalla.p12@education.vic.gov.au
Web: www.benallap12.vic.edu.au

Avon St
Yrs F-4
P: 035762 1646
Attendance Hotline
035762 1646

Waller St
Yrs F-4
P: 035762 2600
Attendance Hotline
035762 2600

Clarke St
Yrs 5-6 Hub
P: 035761 2752
Attendance Hotline
035761 2747

Faithfull St
Yrs 7-12
P: 035761 2777
Attendance Hotline
035761 2747

PRINCIPALS MESSAGE CONTINUED.....

Finally, thank you all again for the amazing job you are all doing under these circumstances. We know that it is a very difficult and often stressful time for many families, and that many students are experiencing anxiety about their studies. Please remember that we are only a phone call or email away. If you need support please get in touch. The work you are doing at home to support your children through this period of remote learning is incredible. Thank you and well done.

Tony Clark

Executive Principal

100 DAYS OF LEARNING FOR OUR FOUNDATION STUDENTS AT BENALLA P-12 COLLEGE

Last Friday marked our Foundation's students 100th day of learning in their first year of school! Although we could not celebrate in style like we usually do, parents, teachers and all staff at Benalla P-12 College are so proud of the resilience and persistence shown this year by our littlest learners. They have still achieved so much in such a short amount of time! Well done Kids.

Benalla P-12 College is now taking enrolments for Foundation 2021.

For more information contact:
Avon St campus- 5762 1646
Waller St campus- 5762 2600



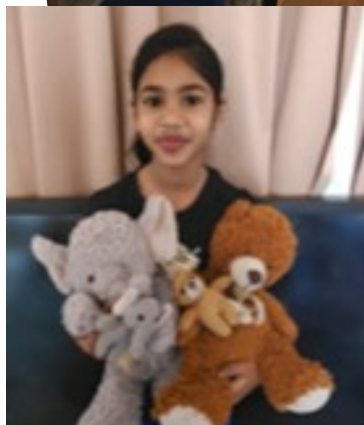
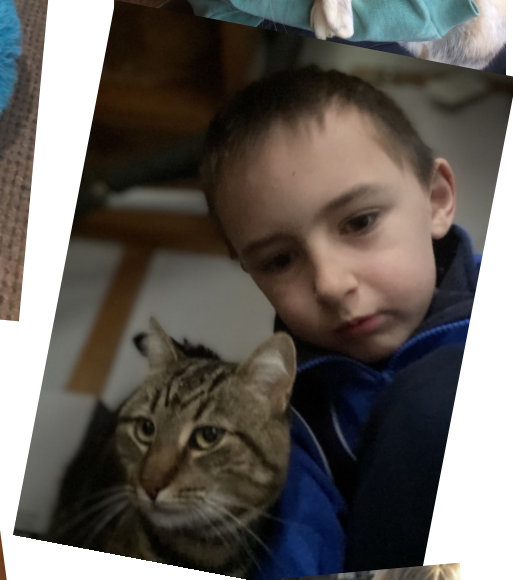
PRIMARY CAMPUS NEWS-REMOTE LEARNING 2.0 'SHOW US YOUR PET'

The 1/2 team have now settled into Remote Learning #2. We are very impressed with the hard work our kids and their families are putting in, to keep their education on track.

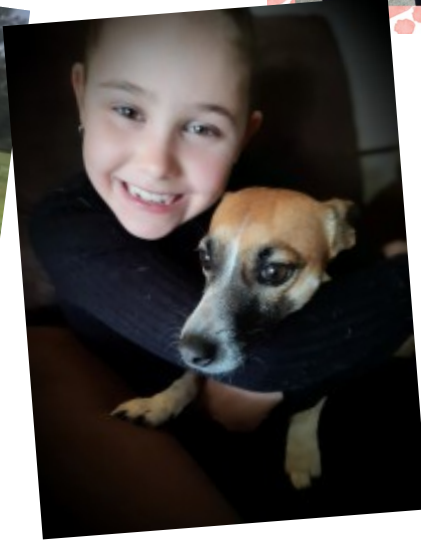
Our pets can play an important part in our emotional wellbeing. They help us feel loved and loving. Last Friday we had a 'Show us your Pets' day. Our ClassDojo pages were flooded with all kinds of animal, and children, loveliness. Please enjoy these photos from F-4 at Avon and Waller.

We will hold a themed photo day each Fun Friday. Everyone can send in photos on your portfolio page on ClassDojo. The weekly theme will be posted on ClassDojo and the whole-school Dojo site.

Keep up the good work everyone. Don't forget to reach out to us on ClassDojo if you need any help.



'SHOW US YOUR PET'



Staying Connected

Please make sure you log into your Google Classrooms at the start of each lesson and answer the attendance question.

Every Monday read this newsletter. It will update you on latest advice and arrangements for the week.

Other important information can be found on your Year Level Google Classroom and Compass.

Year 9 Course Counselling

Thank you to all Year 9's and their guardians and parents for committing to course counselling over the recent past. There are several students that still need to complete their course counselling session and hand in their course selection forms.

Wear It Purple Day

Wear it Purple Day is on Friday 28th August. Celebrate WIPD by wearing Purple on Friday. Details of our photo competition is in your Year Level Google classroom. Wear it Purple was founded in 2010 in response to stories of real teenagers and real heartache following bullying and harassment as a result from the lack of acceptance of their sexuality or gender identity. Be part of a movement that has the potential to save thousands of lives. Be part of this change.

Live 4 Life

Live 4 Life will now be moved to Term 4 for our Year 8 cohort. Below are the aims for Live 4 Life. Please remember to reach out to each others during remote and flexible learning.

Live4Life is a youth suicide prevention and mental health education community based model. Live4Life model aims to:

- Increase the mental health knowledge of all year 8 and year 11 students
- Increase the mental health knowledge of teachers, parents and carers
- Reduce barriers to seeking help for emerging or current mental health issues in young people
- Increase awareness of local professional help
- Decrease stigma and build community resilience to address common mental health problems

Tips For Remote Learning

1. Staying organized and having a strong routine are crucial. Structure your day like a normal school day. You need to log in to your subject Google Classrooms at the start of each lesson and answer the attendance question. This is how we are marking the roll this time so this is critical for your attendance.
2. Set up a space where you can work uninterrupted.
3. Have a recess and lunch break at the school time and in this break try to get a bit of exercise/fresh air.
4. Look after your well being. Make sure you connect with your friends and have some fun.
5. Constant media coverage can keep you in a heightened state of anxiety—try to limit related media exposure and focus on factual information from reliable, trustworthy sources of information.

School Values Awards

Year 7: Alexia Squires, Amber Armstrong, Aria Winkler, Blake Wilson, Brandon Sebaly, Charlotte Quilliam, Charlotte Rowland-Williams, Daisy Coleman, Diesel Vella, Emily Buitenhuis, Emily Hedt, Euan Winton, Hamish Willett, Isobel Sutherland, Jaxon McCarthy, Joshua Robertson, Keely Williams, Koren Bonnitche, Logan Witherow, Mackenzie Bickerdike, Manni D'Arma, Murray Davis, Paige Daly, Riley Hupe, Rory Buntine, Skylah Bull and Zach Schluter

Student of the week: Rory Buntine, Amber Armstrong, Diesel Vella, Aria Winkler and Zach Schluter.

Year 8: Alia Heeps, Annabelle Lowe, Bailey Dawson, Benjamin Spinks, Campbell Drury, Chenel Herbert, Cliona McGinn, Cody Marks, Cooper Woods, Dakota Lindsay Whitelaw, Declan Fletcher, Gemma Mathieson, Georgea Baldwin-Randi, Grace Cooney, Hailie Maddox, Hannah Brain, Hayley Cooper, Imogen Biddle, Jack Anderson, Jackson Lindsay, Jakob Decker, Jett Buntine, Jett Morgan, Joseph Haebich-Mills, Jude Ballantyne, Jye Pastuszka-McMahon, Kaylah Devlin, Lincoln Campbell, Lincoln Terry, Max Cullen, Max Woods, Pasan Ranathun Gamage, Rachael Fowles, Rose Mathieson, Seth Arnold, Summer Walker, Sunny Freeman, Taylor Holland, Teresa Cairnes, Timothy Matkovich-Allan, Tyler Stowermann and Yanru Zong.

Student of the week: Jude Ballantyne

School Values Awards

Year 9: Anna Jay Evans, Bailey Bickerdike, Charlize Thomson, Christopher Dosser, Cody Spencer, Ebony Armstrong, Ebony Jones, Ella Willett, Erin Quin, Isabelle Martin, Jasmine Woodford, Jennifer Ludvigh, Kaitlyn Barrow Glass, Kayla Gracie, Kayne Clark, Kyle Termorshuizen, Maddison Brain, Memphis Williams, Molly Glazebrook, Nicole Patterson, Oliver Hall, Rylie Hawking, Tyler McGregor, Waylon Walker and William Smith.

Student of the week: Ella Willett

100% Attendance for the past week

Year 7: Amber Armstrong, Rory Buntine, Paige Daly, Emily Hedt, Jaxon McCarthy, Zach Schluter, Blake Wilson and Diesel Vella.

Year 8: Imogen Biddle, Hannah Brain, Jett Buntine, Lincoln Campbell, Grace Cooney, Declan Fletcher, Rachael Fowles, Alia Heeps, Taylor Holland, Hailie Maddox, Tim Matkovich and Pasan Ranathan Gamage.

Year 9:
Ebony Armstrong, Chloe Broom, Jack Dekluver, Kayla Gracie, Michael Maddox and Haylea Smith Jasmine Woodford

YEARS 10-12 NEWS –FAITHFULL STREET CAMPUS

Staying Connected

Please make sure you log into your Google Classrooms at the start of each lesson and answer the attendance question.

Every Monday read this newsletter. It will update you on latest advice and arrangements for the week.

Weekly Year Level Assemblies via WebEx on Tuesdays:

Year 12 assembly at 11:30

Year 10 and 11 joint assembly at 12:00

Go to your Year Level Google Classroom and click on the link.

100% Attendance 14—20 August

A huge congratulations on 100% attendance to

Year 10- Evelyn Biddle, Dylan Brain, Maria Campbell, Cindy Daws, Taree Fletcher, Isabella Fowles, Georgia Nichols, Mason Rae-Green, Ella Sheehan, Kalisha Warner, Rhys Wylie

Year 11- Jess Patterson, Phoebe Howard, Alex Dowe

Year 12- Aaron Cook, Sienna Fox, Chelsea Mackinnon, Ebony Mathieson, Edward Mentiplay-Smith

It is important that you all attend all classes each day—let's see this list include your name next week.

NEVR North East Victoria Region Support

NEVR are offering our students two very useful supports.

Webinars presented by Dr Michael Carr-Gregg, one of Australia's most prominent adolescent psychologists. There are 6 in the series. Year 12 students can access these live at 12:30pm on Fridays. All students can view the recorded well being sessions. They are for half an hour and are informative, interesting and provide excellent strategies to help all students. I strongly recommend all students to watch these.

Year 12 Revision Lectures. These are one hour revision lectures that are held on weekends in a large number subjects. These are available for all students studying a Year 12 subject. You can attend the live lectures or watch the recordings.

Links to both of these resources are on Year Level Google Classrooms.

Final Message : We can do this!! Ms Martin

School Values

I will

Be Respectful

Be Responsible

Have High Ex-pectations of myself

Show Integrity

**Respect Responsibility
High Expectations Integrity**

I will

**Participate in online classes and
check ins
Use kind words in on line classes**

I will

**Check in daily for my attendance
in classes.
Regularly check my Google
Classroom**

I will

**Keep a tidy study space
Complete my work to the best of
my ability**

I will

**Maintain a positive attitude to
re-mote learning
Attempt all task and ask for help
if it is needed**

Find out more at [Global Science and Technology Program](#)

Useful YouTube Recordings on Courses

Biomedical Science: <https://youtu.be/LIRYbedQo8o>

Commerce and Business: <https://youtu.be/5ktwqfdbxqo>

Communication: <https://www.youtube.com/watch?v=JiAKJ9el5ao>

Criminology: <https://youtu.be/HWu3eGkeuJg>

Creative Arts: <https://youtu.be/gH85fmsNp6Q>

Design: <https://youtu.be/mipnTzsWRBQ>

Environmental: <https://youtu.be/AHWsiQsZpWs>

Law at Deakin: https://youtu.be/_4oLrZX3pP0



MONASH University Monash Entry Schemes

At Monash, we know that a student's ATAR might not accurately reflect their ability. Life can be a bumpy road, and there are all sorts of circumstances that can get in the way of a student's academic achievement.

We operate two schemes – the Monash Guarantee and the Special Entry Access Scheme (SEAS) – that can help students enter their preferred course, even if their ATAR is below the lowest selection rank.

By having two schemes, Monash wants to create a level playing field for everyone who aspires to an exceptional education. By operating both schemes, Monash can also help as many students as possible reach their full potential.

Students do not have to choose between the two schemes – depending on their situation and background, they could be eligible for one or both.

The Monash Guarantee

The Monash Guarantee can get a student into a Monash course even if they do not reach the course's lowest selection rank. Students could be eligible for the Monash Guarantee if they:

have experienced [financial disadvantage](#)

live in a [low socio-economic area](#)

are an [Indigenous Australian](#)

attend a [Monash list under-represented school](#)

So, every Monash undergraduate degree has a [Monash Guarantee ATAR](#), which is lower than the expected selection rank for that course. For most courses, if a student meets the [eligibility criteria](#), achieves the Monash Guarantee ATAR (starting at 70.00), and completes all course prerequisites, they will be eligible for a place at Monash. To be considered for the Monash Guarantee, Year 12 students must *submit a VTAC course application, complete a Special Entry Access Scheme (SEAS) application including any required documentation, and complete a VTAC Scholarship application.*

Find out more at [The Monash Guarantee](#).

Special Entry Access Scheme (SEAS)

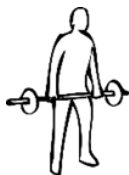
SEAS adjusts a student's ATAR in recognition of circumstances that may have affected their education. This gives students a better chance of getting an offer for the course they want. Monash uses this adjusted ATAR for selection into a course.

Find out more at [Monash SEAS](#)

**Dates for Term 3**

Year 12 VTAC timely applications – opened 3 August and closes 30 September

VTAC SEAS and Scholarship applications open 3 August and closes 9 October

What is a Sports Physiotherapist?

The [Health Times](#) website indicates that sports physiotherapy is a *specialised branch of physiotherapy, and sports physios provide advice on how to avoid sports injuries, treat injuries and help recovery for those playing recreational sport right through to elite sport.*

A sports physio is a registered physiotherapist who has achieved further study after completing a physiotherapy degree - in which students achieve an understanding of the physical, structural and the physiological aspects of human form and movement.

To become a sports physio, one will first need to complete a four-year bachelor degree in physiotherapy. Alternatively, students can complete an associated bachelor degree, such as in exercise physiology, followed by a postgraduate qualification in physiotherapy.

Physiotherapists can later choose to practice in sports physiotherapy but are unable to refer to themselves as a sports physio until they have achieved titled membership of the [Australian Physiotherapy Association \(APA\)](#).

Snapshot of Melbourne Polytechnic in 2020

Melbourne Polytechnic has been delivering vocational training since 1912 and today offers a diverse range of innovative, hands-on TAFE (VET) and Higher Education (Degree) program

- In October 2014, the Northern Melbourne Institute of TAFE (NMIT) changed its name to Melbourne Polytechnic

There are hundreds of [courses](#) to pick and choose from at Melbourne Polytechnic including pre-apprenticeships, apprenticeships and traineeships, and short courses too

Melbourne Polytechnic offers students a range of [services](#), facilities and learning resources across its campuses. There are six libraries, as well as learning services, conference facilities, restaurants and much more

Melbourne Polytechnic has a range of [campuses](#) including two Skills and Job Centres in Northland and Plenty Valley

Melbourne Polytechnic also participates in the [Free TAFE](#) for Priority courses

A number of [scholarships](#) are available to a range of students, and they differ from semester to semester and year to year so students are encouraged to keep an eye on what may be available to them.

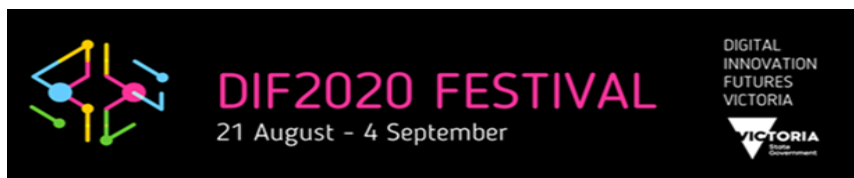
News from Deakin University**Global Science and Technology Program at Deakin**

The **Global Science and Technology Program** aims to recognise, reward, and support high-achieving students, by providing opportunity for overseas study. It aims, therefore, to add an international experience to a students' degree, supporting them in developing new skills and a broader world view while studying overseas.

A minimum ATAR of 80.00 is required for entry into this course, and students must also meet the entry requirements of Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

Successful applicants will be offered a monetary scholarship to assist with travel costs and will be required to participate in the Deakin Global Citizenship Program.

Scholarships will be awarded across the faculty to students undertaking any course offered by the Faculty of Science, Engineering and Built Environment.



HOLD THE DATE



**Virtual BiG Day In Wangaratta Wednesday 26 August 2020
9.00am to 12.00pm Guest Speakers include:**



Dr Tim Kitchen – Adobe



Calvin Davidson – Microsoft



Mike Gardiner - Buzzy Games

PLUS! Emma Jones – GHD & Nick Cooper – Issimo

Join us on **26 August at 09.00am (AEST)** online for
2020 Virtual BiG Day In Wangaratta LIVE presentations
<https://www.thebigdayin.com.au/live-wangaratta>

**No registration required - just click on the link above on the day &
select 'Watch on the Web'**

Students will be able to ask questions in the Q & A session
by clicking on the 'Ask a Question' button

- Each presentation will be approximately 25 minutes
- Further details on our website - more details to come!

www.thebigdayin.com.au



FREE Online Synchronous STEM Workshops: Engineering, IT, Building Construction, Media & Communication, Business & Finance **31st August – 4th September 2020**

Year 7-10 students have an opportunity to engage in a range of online workshops that provide an insight into Traditional and Non-Traditional STEM Pathways delivered by female students from RMIT's Vocational STEM Courses in Engineering, IT& Cybersecurity, Building & Construction, Media & Communication and Business & Finance.

Each workshop will run for **50 minutes** which will include time for Q&A. Instructions on how to connect to the workshop and any additional information will be sent to teachers upon confirmation of registration.

To register your interest please complete the [online registration form](#)

For all enquiries please contact Quantum Victoria admin@quantumvictoria.vic.edu.au

Below is a table outlining the workshops on offer:

Date	TIME	
Occurring Each Day	10 am – 10.05 am	WELCOME QV & RMIT, College of Vocational Education
Monday 31 st August	10.05 am – 10.55 pm	A: Media & Communication
Tuesday 1 st September	10.05 am – 10.55 pm	B: Electronic Projects
Wednesday 2 nd September	10.05 am – 10.55 pm	C: Web Development/Cybersecurity
Thursday 3 rd September	10.05 am – 10.55 pm	D: Business & Finance
Thursday 3 rd September	10.05 am – 10.55 pm	E: Building Construction
Friday 4 th September	10.05 am – 10.55 pm	F: Science

INSIGHTS

Staying the course in COVID times

COVID-19 continues to test us in ways that were unimaginable at the start of 2020. It's becoming the defining event of this generation and a reference point for decades to come. We've had depression kids, war kids and now we have COVID-19 kids. The impact of COVID-19 is felt di high alert. Not every student is working from home, but most students are COVID conscious, knowing that they're only a corona cough or virus-filled hug away from remote learning. Encouraging kids to stay the course when they've been denied access to the classroom, peers and community activities is now a common parenting challenge. Denial is generally tolerable in the short term, but the novelty of changed circumstances soon wears off. The following strategies will assist both parents and kids to stay say the COVID long course:

Accept difficult Emotions

There's nothing so bad that we can't talk about, but there are behaviours that we won't accept' is a mantra that serves families well. It's okay for children to feel frustrated, annoyed, angry or upset about their change of circumstances due to the pandemic but that doesn't give them permission to behave disrespectfully, miss school requirements or fail to assist at home. It helps if parents validate how their children feel, then encourage them to focus on fulfilling school and family expectations.

Encourage acceptance

Some children and young people will protest the COVID induced changes that have been imposed upon them. In some respects, it may be admirable for children to push for a better deal, but the severity of the COVID-19 pandemic means that the individual needs to bend toward the greater community good. This is simply a case of accepting and making the best of the situation at hand.

Take it one day and week at a time

On family bush walks my young children would rarely complain when the tracks were windy. The complaint levels rose when paths were long and straight as the finish line seemed such a long way off. In similar vein during our current times its smart to keep kids focused on getting through each day and week rather than look too far ahead. Six weeks of Stage 4 may seem intolerable, so it's better to focus on getting through each day and week.

Be the hope person

Help children and young people understand that they will get through difficult times. "This too shall pass" is perhaps the most apt meme for our times. If your hope bucket is emptying out, seek out positive friends and relatives who can top it up. Our own resilience needs nurturing if we are to last the distance.

The internal parenting manual that guides us probably doesn't include chapters dealing with remote learning, lack of peer interaction and kids' disappointment. Most of us are treading new parenting ground so it's best to be open to change, accepting of difficulties and forgiving of inevitable parenting stumbles

Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World* and *Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.