

# Benalla P-12 College

Executive Principal - Tony Clark



## A MESSAGE FROM OUR PRINCIPAL

### COLLEGE VISION

*BENALLA P-12 COLLEGE ENSURES THAT EVERY CHILD LEARNS AND IS PREPARED FOR THE FUTURE THROUGH A COMMITMENT TO EXCELLENCE IN TEACHING, HIGH EXPECTATIONS AND POSITIVE RELATIONSHIPS IN A SAFE AND INCLUSIVE ENVIRONMENT*

### Coronavirus Update

As mentioned last week, the Department of Education and Training (DET) has banned overseas travel for all schools. This is still in place and has now been extended to cover all school camps and excursions. Any events off school grounds will need to be postponed and rescheduled or cancelled. We will look at each event and determine what the best option is and let parents know.

There is also advice that school events involving community members and over 500 people should not proceed. This may impact our scheduled whole school assembly in term 2, but that is several weeks away. We have also taken the decision to cancel the Grandparents Days this week and the end of term assemblies at Waller and Avon Campuses.

At the moment, school will operate as normal. It is only if there is a confirmed case of a student or staff member having COVID-19 or being in 'close contact' with someone who has been diagnosed with COVID-19 that the DET would look at closing the school. I will keep you informed of any changes to that policy as soon as possible.

Parent Teacher Interviews, scheduled for this Wednesday and the following Thursday, will both proceed as normal at this stage. Please come along if you have made a booking or contact the office of your child's campus if you need assistance to make a time.

All measures taken by the DET are intended to protect the health of students and the broader school community. These measures will also contribute to broader efforts across the community to contain and slow the virus over a period of what is going to be a number of months.

It is clear COVID-19 will be with us for a while, and we will need to listen to and act on health advice to reduce the spread and protect the most vulnerable in our communities.

In the meanwhile, the advice to stay safe and healthy from Victoria's Chief Health Officer is outlined in the attached poster. There is also information on the DET coronavirus page [here](#).

If you are after some information about how to talk to your child/ren about the pandemic, I have included some links below that may be of interest.

<https://www.abc.net.au/news/2020-03-04/how-to-talk-to-children-about-coronavirus/12020324>

<https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/>

Tony Clark  
Executive Principal

### Dates to Remember

Monday 16th March

- Year 9 Future Makers Camp 2
- Year 7 Vaccinations

Wednesday 18th March

Parent teacher Interviews 4.00pm

**FRIDAY 27TH MARCH**



**END OF TERM  
DISMISSAL 2.30PM**

**TUESDAY 14TH APRIL  
TERM 2 COMMENCES**

### Our College Values

Respect  
Responsibility  
High Expectations  
Integrity

## WHY EVERY DAY COUNTS

There are only 10 days of school left. Not long now for holidays. Don't forget to make a time with your child's teacher for parent teacher interviews. This is a perfect time to discuss any difficulty you have with your child's attendance, if they are up to date with their school work requirements and how their absences have affected their learning.

### Top attendance tips for parents

- Schools want to work in partnership with parents - act early if you have any concerns by contacting your child's teacher and asking for advice and support.
- Remember every day counts
- Talk positively about school and the importance of attending every day.
- Open and prompt communication with your child's school about all absences is a good idea.
- There are no safe number of days for missing school - each day a student misses puts them behind, and can affect their educational outcomes and their social connectedness.
- Avoid making routine medical and dental appointments during the school day or planning holidays during the term
- Seek help from your school if you are concerned about your child's attendance and wellbeing. Schools want to work in partnership with parents.

If you are having trouble getting your child to school every day, please pop in to see one of our student wellbeing team:

- ☐ Avon/Clarke St Campus -Scott Greig 5762 1646
- ☐ Waller St Campus -Bron Greig 5762 2600
- ☐ Faithfull St Campus 7-9 -Lou McCloskey 5761 2777
- ☐ Faithful Senior Campus -Craig Carley 5761 2777

**We would love to support and work together with you to get your child back on track attending every day.**



**FRIDAY 27TH MARCH END OF TERM DISMISSAL 2.30PM**



## UNIFORM SHOP OPEN DAYS FAITHFULL ST-ROOM D1

- Wednesday 22nd April 3pm-6pm
- Wednesday 13th May 3pm-5.30pm
- Wednesday 10th June 3pm-5.30pm
- Wednesday 15th July 3pm-6pm
- Wednesday 19th August 3pm-5.30pm
- Wednesday 7th October 3pm-6pm
- Wednesday 25th November 10am-4pm ( Prep try-on & order day )

Orders can also be placed over the phone and delivered to your campus.

Call Judds Yarrawonga on  
5744 1269 for any further details

## AFTER SCHOOL CARE

**After School Care bookings can be made  
by contacting:**

**Waller Street Campus:**  
57622600 or mob 0407 715 660

**Avon Street Campus:**  
5762 1646 or mob 0428 014 133



**TERM 2 DATES, TUES 14TH APRIL- FRI 26<sup>TH</sup> JUNE**





Congratulations to above students who were this week students of the week Well done Jake, Penny, Maddie, Orion, Charlotte and Rifa

Ruby is pictured right after winning February's Ray White Award



## AVON HAMPER DONATIONS

Avon Street Campus are seeking your support for our Easter themed donations for our upcoming Easter Raffle Hampers. Items such as Easter eggs, bunnies, story books or craft activities are always popular. Please bring your donations to the Avon St Office by Monday 23rd March. Hampers will be drawn on

Thursday 26th March at 9.00am. Thank you for your support



## EASTER FUN DAY AT AVON STREET

Easter Hat Parade Tuesday 24th March at 9.00 am Students are encouraged to design a hat for the Easter Hat Parade. There will be Easter activities and an egg hunt after the parade.



Golden Shovel and Red Apron award winners this week were: Alex, Amelia, Beau and Bonnie and



Congratulations Rifa who received Mr Clark's Avon Street WOW work award on Friday.



## PRIMARY CAMPUS NEWS-WALLER STREET

### Numeracy - Transformations

Year 3/4 Carracher have been developing their understanding of flips, slides and turns. We have been using physical models to demonstrate our knowledge. After we created our flip, slide, turn patterns we challenged each other to identify the pattern. Some were VERY challenging!



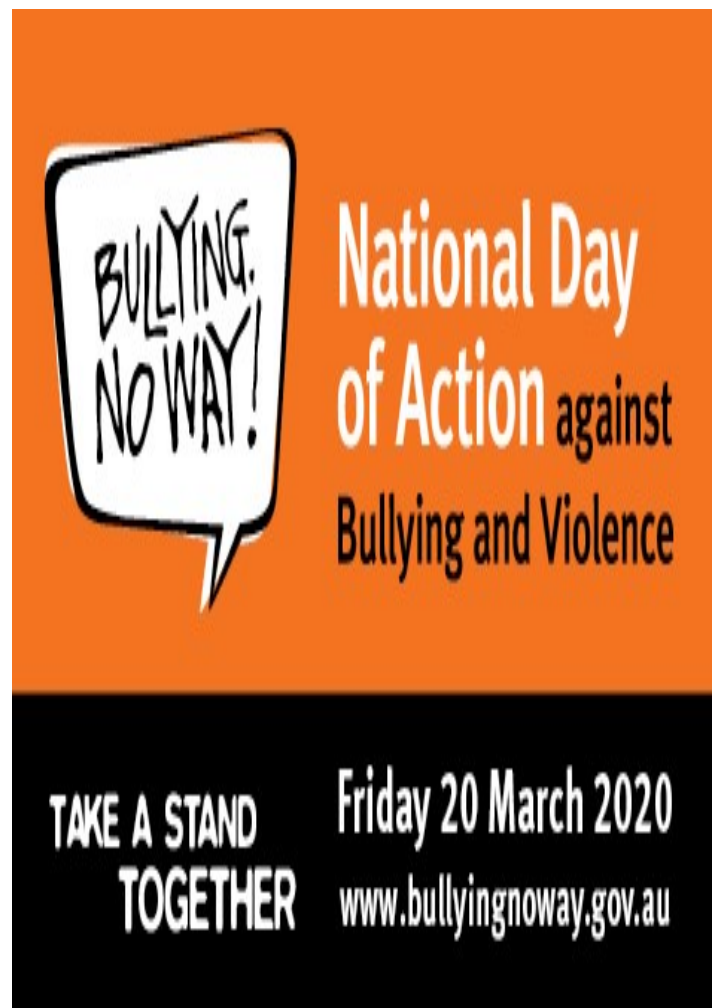
Back L-R: Emily, Ryder and Chantay Front L-R: Jake, Bella & Amy

### RED APRON AWARD WINNERS



Congratulations Elly Decker, Darcey Carracher & Paige Clark Harwood

### WALLER STUDENTS OF THE WEEK 6



Well done to our week 6 students of the week. Pictured left are: Lucas Edney, Marcus Gould, Malakye Henry, Mikayla Noyes, Mila Symes, Marcus Freeman, Dianne Osman, Eli Kerss, Peyton Fowles, Olivia Anderson.



SCHOLASTIC  Book Fairs

# SEE WHAT'S NEW AT OUR BOOK FAIR

Let Your Imagination Grow!

THE  
**SCHOLASTIC  
BOOK FAIR**  
IS COMING!!

SAVE THE DATE

FRIDAY 13 MARCH  
TO  
WEDNESDAY 18 MARCH

TIMES

FRIDAY 13 MARCH  
3.15 PM – 4 PM

MONDAY 16 MARCH  
3.15 PM – 4 PM

WEDNESDAY 18 MARCH  
3.15 PM – 5 PM

PLACE

**WALLER LIBRARY**

OPEN FOR FAMILIES FROM ALL  
CAMPUSES

FIND THESE **BOOKS** AND **HUNDREDS MORE** AT THE FAIR!

Date

Time

Place

**EVERY** PURCHASE YOU MAKE EARNS **LEARNING** AND  
**LITERACY RESOURCES** FOR **OUR SCHOOL**

 **SCHOLASTIC**







## Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- laptops & tablets
- lessons & activities
- uniforms & shoes
- books & supplies
- sports fees & gear
- camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*

Contact your local Saver Plus Coordinator  
Phone or SMS your name and postcode to 1300 610 355  
Email [saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)  
Online [saverplus.org.au](http://saverplus.org.au)  
Find us on Facebook



\*many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.ds.gov.au](http://www.ds.gov.au) for more information.

The Molyullah Community invites you to the

# MOLYULLAH

## EASTER SPORTS

### A Fun Day for the Whole Family

**EASTER MONDAY 13TH APRIL 2020**  
MOLYULLAH RECREATION RESERVE  
115 CENTRE ROAD MOLYULLAH VIC 3673

**FREE KIDS RIDES**  
• JUMPING CASTLE  
• FACE PAINTING  
• TRAIN RIDES  
• HORSE CART  
10.30AM - 3PM

**HORSE EVENTS**

**FARM YARD**  
• ANIMAL NURSERY  
• COW MILKING  
• SHEEP SHEARING  
• SHEEP DOG DEMO  
• DOG JUMPING  
BEGA DRESS

**LUCKY GATE PRIZE**  
BENALLA TRAVEL

**VINTAGE TRACTOR PULL**  
BERTOLLS

**TRADE STANDS**

**VINTAGE TRUCKS & CARS SHOW N SHINE**  
CLUB REGO ONLY  
TASCO FUEL

**PLANT STALL**  
HORSE EVENTS  
SPINNING WHEEL

**PROGRAM OF EVENTS AND SCHEDULE**  
  
[www.molyullah.net](http://www.molyullah.net)  
Email: [molyullaheastersports@gmail.com](mailto:molyullaheastersports@gmail.com)  
Conducted by the Molyullah Recreation and Public Hall Reserve Committee of Management Inc.  
President: Anthony Hill - 0428 109 464

**FULL CATERING**  
INCLUDING SPIT ROAST, BBQ, TRADITIONAL MORNING & AFTERNOON TEA

**ADMISSION:**  
ADULTS \$10  
FAMILY \$25  
SCHOOL AGED CHILDREN \$5  
PRE-SCHOOLERS FREE

Committee reserves the right to cancel any event at very short notice to preserve the integrity of the sporting event and the safety of prospective competitors.

Proceeds of the Sports Day are used for the upkeep of the Hall and its surrounds and in support of various local charities.

Dogs must be kept on leash.

# FREE COME & TRY DAY

Free community event showcasing Benalla's great sports and recreation activities.

**Soccer, Archery, Badminton, Hockey, Fishing, Auskick, Cubs, Scouts... and more**

**Who:** Young people aged 5-19 years  
**When:** Sunday 22nd March, 2020  
**Time:** 10am - 1pm  
**Where:** Churchill Reserve (entry via Waller Street)

**FREE sausage sizzle!**

If you decide to join a club or do an activity, Tomorrow Today can provide financial assistance to families with pension and health care cards.

For more information call Corena at Tomorrow Today on 03 5762 1211.

**TOMORROW TODAY** **Valley Sport**

## COMMUNITY NEWS

### Volunteers needed

## - 2020 - YOUTH ACKNOWLEDGEMENT AWARDS

Create an event that recognises the important contributions young people make to the community.

Sign up before Monday 16 March 2020.  
Text or call 0447 166 528 or contact us on social media.

f @benallayouth



## LET'S DO THIS

LEARN THE NETBALL BASICS, GET OUTSIDE AND MAKE SOME FRIENDS.  
PLAY SUNCORP NETSETGO AT YOUR LOCAL CENTRE.



#### VENUE

Churchill Reserve, Bond St, Benalla

#### SESSION DAYS & TIMES

4.30 pm Tuesday

#### START DATE

10 March 2020

#### CONTACT

email : benallanetball@gmail.com

phone : 0450 192 249

Find your nearest centre at [play.netball.com.au](http://play.netball.com.au)



## ART COMPETITION

### AccessAbility 2 U

Explore what accessibility means to you by submitting a visual artwork.

**Entries open 10 March 2020  
and close 22 May 2020**

Prizes up to \$300 value

**For more information or to register contact:**

Benalla Rural City Council on 03 5760 2600  
or email [council@benalla.vic.gov.au](mailto:council@benalla.vic.gov.au)



## IS YOUR LOLLIPOP PERSON THE SWEETEST?



2019/2020 School Crossing Supervisor  
of the year award.

Jump online and complete a nomination at  
[www.schoolcrossingsvictoria.com.au](http://www.schoolcrossingsvictoria.com.au)

Your support of this program will help ensure your School  
Crossing Supervisor is shown the appreciation they deserve  
for their commitment to the ongoing safety of our children

Email: [benalla.p12@edumail.vic.gov.au](mailto:benalla.p12@edumail.vic.gov.au)  
Web: [www.benallap12.vic.edu.au](http://www.benallap12.vic.edu.au)

#### Avon St

Yrs F-4

P: 035762 1646

Attendance Hotline  
035762 1646

#### Waller St

Yrs F-4

P: 035762 2600

Attendance Hotline  
035762 2600

#### Faithfull St

Yrs 5-6 Hub

P: 035761 2752

Attendance Hotline  
035761 2747

#### Faithfull St

Yrs 7-12

P: 035761 2777

Attendance Hotline  
035761 2747



## INSIGHTS

## Supporting kids affected by the bushfires



This summer's Australian bushfire crisis is a reminder of the fragility of life, the unpredictability of our relationship to nature and the incredible human capacity to come together when tragedy strikes.

The fires have also provided a poignant reminder of the vital place that local schools place within our communities. Whether it's been a gathering point during fires, a recovery centre or the place where people go for a sense of community, local schools have been major assets during this time of crisis. And they continue to provide a sense of connection not just for those areas directly affected by the fires, but for communities across the country who've been deeply affected.

Children and young people are not immune to the impact of these fires. For those children and young people directly exposed to the bushfires shock, anxiety, sadness, fear and anger are common emotions that you may see on display as their vulnerability and infallibility has been exposed. Those not directly affected by the bushfires are not immune to their impact. They too can feel distressed, upset and unsettled by these events.

As a parent it can be difficult to know how to help kids to process what they've seen and experienced. Here are some ideas to help:

### Give kids permission, space and time to talk

Make it easy for children and young people to talk about the bushfires and share their thoughts and stories. Try to ensure that they don't run away with the facts, which can exacerbate anxiety. Children can be faulty interpreters of information so be prepared to assist them to process what they see and hear.

### Listen to what they have to say

Gauge children's emotional reactions by listening to what they have to say. Sometimes children can feel distressed, unhappy, sad or scared, yet they can't connect it to a specific event. You don't necessarily need to make a link but understand that their feelings are real.

### Monitor the media your children access

Children under the age of six can be frightened by images and stories they see and hear on the TV news so it's probably best to keep the TV turned off at news time. Older children and teens are more able to cope with disturbing images but they may not fully understand what they see. They also generally want to know what's happening and can feel more of a sense of control when they can learn first hand the latest fire news. Common sense and sensitivity are your best assets when it comes to monitoring children and the media.



## Take solace in everyday routines

School routines add structure to the day and can stop kids thinking endlessly about what's happened. If family life has been upended by bushfires, a return to routine is part of the recovery process.

## Support children's concern for others

They may have genuine concerns for the suffering that has occurred to people and wildlife, and they may need an outlet for those concerns. It's heartwarming to see this empathy and concern for others. Helping others overcomes our feelings of helplessness in the face of tragedy or catastrophic events. Look for ways that kids can help whether it's donating some pocket money to one of the various bushfire appeals, helping one of the many localised action groups that have sprung up everywhere or even assisting you to minimise the possible impact of bushfires in your own community.

## Make anxiety management a lifestyle

If the bushfires is a cause of anxiety for your children, use anxiety management techniques such as deep breathing, mindfulness, exercise and other simple relaxation techniques. Being close to someone who makes them feel safe can also lower a child's anxiety.

And remember in difficult times like these, what adults and children need most is each other.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

## Awareness, Acknowledgement and Action

Mr Warren Davies

The Unbreakable Farmer

Mr Warren Davies is The  
Unbreakable Farmer.

Resilience, persistence and determination are the three words that describe Victorian mental health advocate, and professional speaker, Warren Davies.

At the age of 22 Warren purchased his first farm and the harsh reality of being a farmer soon became evident: high interest rates, low commodity prices, flood and drought; all having an impact. Most significantly it took its toll on his mental health. This built up over time with his mental health spiraling out of control until he hit rock bottom and could not see a way forward.

While the stigma associated with mental health is slowly reducing in Australia, in rural communities the stigma of it's weak to discuss their emotional and mental health is rife. Mental health stigma is considerably worse in rural areas and the suicide

rates are 40% higher than the rates in metropolitan areas.

Mental illness is made harder in rural communities since rural areas have fewer local services, professionals, and knowledge on where to access help. Additionally, people generally have feelings of embarrassment or fear to ask for help so they manage their problems by themselves. However, recognising when help and support is needed, either for yourself or for someone else, is very important.

Your mental health is critical to your overall health and wellbeing. You need good mental health to help you get through life's challenges, to have healthy relationships with others and to enjoy life.

Warren will share his life lessons, his message is simple and so very important at a time when stress is seen as normal and depression is commonplace.



### Event Details

**Date:**  
Thursday 26th March 2020

**Time:**  
5:30pm - 6:30pm

**Venue:**  
The University of Melbourne  
Department of Rural Health  
49 Graham Street  
Shepparton VIC 3630

**Enquiries:**  
Di Doyle - Events, Community  
Engagement & Alumni  
Administrator  
P. 03 5823 4512  
E. [ddoyle@unimelb.edu.au](mailto:ddoyle@unimelb.edu.au)

**Bookings:**  
Bookings are essential for this  
free public lecture. Register at  
[www.trybooking.com/BIKDI](http://www.trybooking.com/BIKDI)





## Department of Health and Human Services

50 Lonsdale Street  
Melbourne Victoria 3000  
Telephone: 1300 650 172  
GPO Box 4057  
Melbourne Victoria 3001  
[www.dhhs.vic.gov.au](http://www.dhhs.vic.gov.au)  
DX 210081

### STATEMENT ON SCHOOL CLOSURES IN VICTORIA

**Dr Brett Sutton** MBBS MPHTM FAFPHM FRSPH FACTM MFTM

Victorian Chief Health Officer

Victorian Chief Human Biosecurity Officer

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The Australian Health Protection Principal Committee (AHPPC) met recently to consider the issue of school closures in relation to the community transmission of COVID-19.

The Committee's advice is that pre-emptive school closures are not likely to be proportionate or effective as a public health intervention to prevent community transmission of COVID-19 at this time.

As Victoria's Chief Health Officer and as a member of the AHPPC, I fully endorse this advice in relation to schools in Victoria.

There is currently limited information on the contribution of children to transmission of COVID-19. The WHO-China Joint Mission noted the primary role of household transmission and observed that children tended to be infected from adults.

Previous work suggests that the potential reduction in community transmission from pre-emptive school closures may be offset by the care arrangements that are in place for children who are not at school.

There is a particular risk associated with the fact that children may require care from vulnerable grandparents or may continue to associate (and transmit infection) outside of school settings.

Broadly, the health advice on school closures from previous respiratory epidemics shows the health costs are often underestimated and the benefits are overestimated.

This may be even more so in relation to COVID-19 as unlike influenza, the impact on otherwise healthy children has been minimal to date.

For pre-emptive school closures to be effective, prolonged closure is required and it would be unclear when they could be re-opened. If there were still a large pool of susceptible students when schools are re-opened, there would be likely to be re-emergence of transmission in the community.

School closures may still be considered late in the outbreak in anticipation of a peak in infection rates, for a shorter period of time. Short term reactive school closures may also be warranted to allow cleaning and contact tracing to occur.

Should evidence change in relation to school closures then my advice to the sector, in collaboration with AHPPC, would of course change also.