

# Benalla P-12 College

Executive Principal - Tony Clark



## A MESSAGE FROM OUR PRINCIPAL

### COLLEGE VISION

*BENALLA P-12 COLLEGE ENSURES THAT EVERY CHILD LEARNS AND IS PREPARED FOR THE FUTURE THROUGH A COMMITMENT TO EXCELLENCE IN TEACHING, HIGH EXPECTATIONS AND POSITIVE RELATIONSHIPS IN A SAFE AND INCLUSIVE ENVIRONMENT*

### Avon and Waller Welcome BBQs

Thank you to all those parents and family members who came along to these welcome events last Thursday. Despite the unexpected storms we had a great turnout at both campuses. I hope everyone who came along had the opportunity to meet with your child's new teacher. The partnership between home and school is an incredibly important one to ensure successful outcomes for students.

### Student Free Days

Each year we are permitted to take 4 student free days, with each one approved by school council. The first two days of the year counted towards those. Our next one is in Term Two, Friday May 1<sup>st</sup> and the last one will be the Monday of the Melbourne Cup Weekend. Day care is normally available to parents on those days at either Avon or Waller Campus.

### School Council

It is the time of year again when we call for nominations for the parent positions on school council and hold elections if required. Details about the opening and closing dates are posted at each campus office, along with the number of positions. In short, there are 4 parent vacancies and nominations open today and close next Monday Feb 17<sup>th</sup>.

No special skills are required to be on school council, just a willingness to be involved and learn. Training is provided if needed for new councillors and it is a great way to contribute to policy development at school. There are several sub-committees including Finance, OHS, Buildings and Grounds and Education that councillors can also be a part of and develop a better understanding of the way the school operates.

College Council meets 8 times per year (twice each term). Meetings are 90 mins, usually starting at 5.30, and rotate between the campuses. We have had good representation from each of the campuses in the last few years but this is not essential. We just need parents who are interested in making a positive contribution to the success of the school.

If you would like to nominate yourself or someone else, please fill in a form available at any campus office. If the number of nominations exceeds the number of vacancies, an election will be held and further information will be sent out about that.

**TERM 1 DATES, THURS 30<sup>TH</sup> JANUARY- FRI 27<sup>TH</sup> MARCH**

## Dates to Remember

Monday 10th February

- **Mon Feb10-Wed Feb 12**  
Year 7 Camp-Kyneton
- Hockey Clinic-Avon & Waller Street
- **Mon Feb10th-Thurs Feb 13th**  
Years 3/4 Swimming Program

Tuesday 11th February

- Hockey Clinic-Clark Street

Wednesday 12th February

- School Photos-Faithfull St Campus  
Years 5,6,8 & 9

Friday 14th February

- Years 3-6 Swimming Carnival

Monday 17th February

- School Photos-Avon & Waller  
a.m Years 7,10,11 & 12 after recess
- **Mon Feb 17th-Fri Feb 21st**  
Years 3/4 Swimming

Tuesday 18th February

- Whole school Assembly 11.30am  
Clarke Street Gymnasium

Thursday 20th February

- Welcome BBQ and pool night

## Our College Values

Respect

Responsibility

High Expectations

## PRINCIPALS MESSAGE CONTINUED.....

If you are interested but would like to know more or have any questions, please get in touch with me through any campus office.

### Parents Club/Association

Last year, we made an attempt to establish a whole school Parents Club/ Association. As one College, we are only permitted to have one parents group and have been through the process to obtain the necessary approvals from the Department of Education. As with College Council, a strong representative parents group is important and provides many benefits to our families and students. The majority of the activities organised by the parents group would be fundraising but there are other opportunities to support the school.

The next step is to call a meeting to establish the club, call for office bearers and set the dates for future meetings. This meeting will be held on **Tuesday February 25<sup>th</sup> at 2pm** at the Clarke Street Campus. We will place this on the Compass Calendar and send out further reminders. I hope we will see a range of parents attend. If you are keen to be involved, but this time and/or date is not suitable, please let me know.

Tony Clark  
Executive Principal

## WHY EVERY DAY COUNTS

We are now in our second week of term 2. What stories have your child/ren brought home with the new things they have learned or new friends they have met each day? What you may not know is that **going to school every day is the most single important part of your child's education**..... missing school puts them behind. There are no safe days for missing school.

**Did you Know?** That all staff at Benalla P-12 College want your child/ren to get a great education, and the building blocks for a great education begins with your child/ren coming to school each and every day. If your child/ren miss school regularly, they miss out on learning the fundamental skills that will set them up for success in the later years of school.

If you are having trouble getting your child/ren to school every day, please pop in to see one of our student wellbeing team:

- ☐ Avon/Clark St Campus -Scott Greig 5762 1646
- ☐ Waller St Campus -Bron Greig 5762 2600
- ☐ Faithfull St Junior Campus -Lou McCloskey 5761 2777
- ☐ Faithfull St Senior St Campus -Craig Carley 5761 2777

**We would love to support and work together with you to get your child/ren back on track attending every day**

## ARE YOU ELIGIBLE FOR THE CAMPS, SPORTS AND EXCURSIONS PAYMENT FOR 2020

If you hold a valid means-tested Centrelink Card (ie Health Care Card, Pension/ Veterans Affairs Card, Youth Allowance Card) you are eligible to receive CSEF funding. This is available to help families with the cost of **Camps, Sport & Excursions**.

- ☐ Families of students new to the school will need to complete an Application Form and provide a copy of your valid Centrelink Card to the school by 23rd February
- ☐ Families who received CSEF last year do not need to reapply again this year provided your card is still valid.

## CANTEEN

If you have a few hours per week to spare, and would like to volunteer helping out in the Canteen we would love to hear from you. It could be just one day per week or a few days.....whatever you can spare..... from 11am to 2pm.

If you are interested in finding out more please ring Faithfull Campus on 57612777 ask talk to Leanne.

Email: [benalla.p12@edumail.vic.gov.au](mailto:benalla.p12@edumail.vic.gov.au)  
Web: [www.benallap12.vic.edu.au](http://www.benallap12.vic.edu.au)

### Avon St

Yrs F-4  
P: 035762 1646  
**Attendance Hotline**  
035762 1646

### Waller St

Yrs F-4  
P: 035762 2600  
**Attendance Hotline**  
035762 2600

### Clarke St

Yrs 5-6 Hub  
P: 035761 2752  
**Attendance Hotline**  
035761 2747

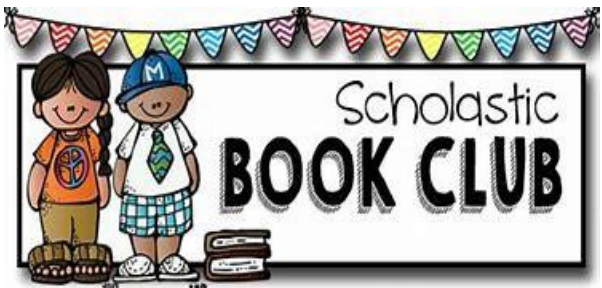
### Faithfull St

Yrs 7-12  
P: 035761 2777  
**Attendance Hotline**  
035761 2747



## AVON ST CAMPUS NEWS

Avon Street Foundation students have had an awesome start to school. Students are looking forward to a wonderful year of fun and learning.



## AVON, WALLER & CLARKE ST BOOK CLUB

**Scholastic Book Club**

**Orders are due in by**

**9.30am Monday 17th Feb**

Scholastic Book club catalogues have been distributed to students. Orders can only be paid for online through Scholastic Book Club Loop Orders using your credit card. Three easy steps can be found on the back page of the catalogue.

**Please note cash and late orders cannot be accepted.**

For more information contact Scholastic Book Club 1800 021 233



## AVON STREET CAMPUS WELCOME BBQ

Despite the rain and thunder Avon Street had a great turn out for their welcome BBQ last Thursday night.





## WALLER ST CAMPUS NEWS

### Breakfast Club is every day on the Waller Campus.

Breakfast is served from Monday through to Friday morning, from **8:30 to 8:50am** in the Stephanie Alexander Kitchen. Parents are also welcome. What you may not realise is that in this time in the morning, our children make new friends, share stories, make plans, laugh a lot, help others, learn life skills like washing and drying dishes, practice their social skills by being polite and courteous to others and put leadership skills into practice to name a few. Best of all, our children get to start the day with a smile on their face even if they have already had breakfast at home. It's not just about having breakfast, it's a meeting place for making a great start to the day.

If you are wanting to volunteer for the Breakfast Program, please call Bron on 5762 2600.



### WALLER FOUNDATION STUDENTS





WALLER CAMPUS WELCOME BBQ





## AVON CAMPUS STUDENTS OF THE WEEK



Charli Levy received Mr Clark's WOW work award this week for her outstanding handwriting.



Congratulations Lashaya, Levi, Hugo, Bella, Ava and Jack who were this week's Students of the Week.

## WALLER STREET STUDENTS OF THE WEEK



**Foundation L-R:** Chloe, Eli and Leroy  
**Year 1/2 L-R:** Drazick, Steele, Thomas and Kayden  
**Year 3/4 L-R:** Hayley, Paige (on behalf of Year 3/4 Milvain) and Logan



### Boofred & Melissa

The 5/6 Hub welcomes our new therapy dog 'Boofred' and his handler Melissa from the K9TEACH Program. K9Teach program is an animal assisted intervention team that uses pet therapy to assist primary school children to feel supported and to encourage students to engage in school and reach their full potential. K9Teach consists of a trained teacher, Melissa Brown, and a trained AAI and therapy dog, Boofred, who have both undertake certification to provide therapy in schools. They will be attending the 5/6 Hub on Monday and Tuesday for the 2020 school year and we look forward to sharing Boofred's adventures.



### 5/6 Swimming

The YMCA and Benalla P-12 College have come together once again to provide our Year 5 and 6 students with a swimming program to build and develop water safety and swimming skills within our school community. This year we have been able to provide this program at our very own swimming pool! The program has run every day in week 2 and will provide students with great preparation for our upcoming swimming sports. Our Swimming Sports will be held on Friday 21st of February at the YMCA Pool. We look forward to seeing parents and friends attending to cheer on our students. More information available from the 5/6 Hub.



### 5/6 Assembly

Our weekly assemblies will be held every Monday at 2:45 in Room 9.



## SENIOR SCHOOL NEWS

### CAREERS

The Careers Room in the Senior Building is always available for students to come and get any help with resumes, work experience or careers advice. Molly Craig is now the Careers Coordinator for Years 10-12. Parents are more than welcome to come and meet with Molly as well.

Doris Arendt from Geared4Careers is available Monday through Thursday at the school to assist students from Years 9-12.

Kel Vincent from GOTAFE will be visiting the school once a fortnight on a Monday and is able to meet with students to discuss pathways to GOTAFE as well as ideas for work

experience and School Based Apprenticeships.

Sue Oakley, will be back in Term 2 to begin work with Years 7-9, particularly with the Year 9s and their Career Intensive Program.

We have a careers website at Benalla P-12 College. Please go to <https://www.benallap12collegecareers.com/> to find out lots of great information.

We have two Facebook pages for the senior area of the school. Please like and follow us at Benalla P-12 College Careers Service and Benalla P-12 College Senior School Hub. Both of these will have relevant information for our Year 10-12 students on them.

There are some upcoming events happening that you and your child may like to consider going to. One is the VCE and Careers Expo on 30 April to 1 May at Caulfield Racecourse <https://www.vceandcareers.com.au/> The other is the Victorian Careers Expo on 17 and 18 April at Melbourne Showgrounds in Ascot Vale <https://www.victorianscareersshow.com.au/>



## SCHOOL PHOTO DAY

### SAVE THE DATE

### Benalla P-12 College

#### Photo Day 2020

**Wednesday 12<sup>th</sup> February (yr 5, 6, 8, 9)**

**Monday 17<sup>th</sup> February (Waller & Avon)**

**(Faithful, 7, 10, 11, 12)**



#### To Order Photos:

Go to [www.msp.com.au](http://www.msp.com.au), enter your unique shootkey and follow the prompts.

**Order your School Photos before midnight 17<sup>th</sup> February.**

Late Orders can be accepted after *Monday the 17<sup>th</sup> February* by contacting **03 5482 3190**. All late orders incur an extra \$20 for postage and handling.

**Family Photos** – Please order online prior to photo day with this unique shootkey. One shootkey per family.

  
**msp**  
photography

03 5482 3190  
[admin.mrr@msp.com.au](mailto:admin.mrr@msp.com.au)  
[www.msp.com.au](http://www.msp.com.au)



**North Eastern** Presents  
**STEP UP TO THE PLATE**

**2ND FEB**  
@ Tropicana Park, Wangaratta

**9TH FEB**  
@ Springvale Baseball Field, Albury

**16TH FEB**  
@ Servatius Recreation, Bendigo

**23RD FEB**  
@ Pinesprings Baseball Field, Tumuckin

**1ST MAR**  
@ O'Sullivan Park, Wodonga







2020 JUNIOR COME AND TRY DAYS FEATURING:  
- Hand-eye skills for batting and fielding  
- Ages 7-15 | All abilities  
- Teamwork and inclusivity  
- BBQ Lunch  
- All equipment supplied

For more information contact Owen Gadenzi - 0419 534 495  
Each session will run from 10am - 12:30pm. Come along to one or all of our sessions, cost is absolutely FREE!



## Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

-  laptops & tablets
-  lessons & activities
-  uniforms & shoes
-  books & supplies
-  sports fees & gear
-  camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*

Contact your local Saver Plus Coordinator  
Phone or SMS your name and postcode to 1300 610 355  
Email [saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)  
Online [saverplus.org.au](http://saverplus.org.au)  
Find us on Facebook 



\*many Centrelink payments are eligible, please contact your local Coordinator for more information.  
Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



## Parent & Relationship Education Programs Term 1 - 2020 – **Bookings essential**

### Our sites

Wangaratta  
45-47 Mackay Street  
Wangaratta Vic 3677  
T: (03) 5723 2000

Wodonga  
155 High Street  
Wodonga, Vic 3690  
Freecall: 1800 657 573  
T: (02) 6022 8888

Myrtleford  
32 Smith Street  
Myrtleford Vic 3737  
T: (03) 5731 3500

[www.gatewayhealth.org.au](http://www.gatewayhealth.org.au)  
[www.facebook.com/gatewayhealth1](https://www.facebook.com/gatewayhealth1)

## Goorambat Football Netball Club

Goorambat is looking for under 15's and under 17's netball players. Welcoming club, come and try out. Call Nina for more details. All skills welcome.

Nina Gardener - netball coordinator 0420373601





## COMMUNITY NEWS



**COME  
AND  
TRY.**



Enquiries:

**WOMENS**  
Lucy Welch - 0497 864 515  
Russell Lowe - 0409 524 740

**YOUTH**  
Ant Faubier - 0409 050 099  
Jorja Daniel - 0477 125 774  
Damon Symes - 0437 884 776

Daniel Preston - 0438340109  
AFL Goulburn Murray Football Development Manager

**BENALLA SAINTS**  
**WOMENS & YOUTH GIRLS FOOTBALL**  
Showgrounds, Wednesdays @ 6.00pm

## LITTLE ARTISTS - FOR PRESCHOOLERS



**First Wednesday of  
every month**  
**10 – 10.45AM**

### FREE EVENT

Ages Under 5  
(Children must have a  
carer present to assist)

*Little Artists* is a creative program for the very young that continues throughout 2020 on the first Wednesday of every month. It is developed specifically for preschool children.

We use games and storytelling, as well as creating and making activities to encourage young children, along with their parents and carers, to have fun while learning about art.

Sessions are free and are scheduled for:

<b>05</b>	<b>04</b>	<b>01</b>	<b>06</b>	<b>03</b>	
FEB	MAR	APR	MAY	JUN	
<b>01</b>	<b>05</b>	<b>02</b>	<b>07</b>	<b>04</b>	<b>02</b>
JUL	AUG	SEP	OCT	NOV	DEC

Bookings essential:  
T 03 5760 2619 or gallery@benalla.vic.gov.au

Benalla Art Gallery  
Botanical Gardens  
Bridge Street, Benalla VIC 3672  
benallaartgallery.com.au

f @thebenallaartgallery  
@benallaartgallery

**BENALLA**  
**ART GALLERY**

**CREATIVE VICTORIA**

**BENALLA**  
**RURAL CITY**

## YOUTH MENTAL HEALTH FIRST AID COURSE

LOCAL MENTAL HEALTH TRAINING FOR PARENTS AND  
COMMUNITY MEMBERS



**MENTAL  
HEALTH  
FIRST AID**  
Australia



### WHEN:

Wednesday 26 Feb 5.30-9.30pm  
Wednesday 4 Mar 5.30-9.30pm  
Wednesday 11 Mar 5.30-9.30pm  
Wednesday 18 Mar 5.30-9.30pm

### WHERE:

Benalla Community Care  
45 Coster St, Benalla  
(Activity Room 1)  
Light supper provided.

A comprehensive Youth Mental Health First Aid course over four sessions. Learn about adolescent development, the signs and symptoms of mental health problems, how and where to get help and what sort of help is most effective.

For more information and to register go to [benalla.vic.gov.au/YMHFA](https://benalla.vic.gov.au/YMHFA)  
Limited places are available. Registrations close 21 February 2020.

Contact Benalla Rural City Council on 03 5760 2600 for more information.



Brought to you by Live4Life Benalla Partnership  
Group and Youth Live4Life Inc.



## ART AFTER SCHOOL - FOR TEENS



**Every Thursday  
during school terms**  
**3.15 – 4.45PM**

Benalla Art Gallery  
(Patricia [Pat] Gardner  
Studio)

### FREE EVENT

Young artists  
(12 – 18 years)

Experiment, create and explore at Benalla Art Gallery's *Art After School* program. It's free, and designed specifically for budding teen artists!

Are you interested in making art? Through this program, you'll connect with like-minded young people and work alongside guest artists.

This is a great opportunity to work with different materials, techniques, processes and explore a variety of artforms including drawing, painting, sculpture, multi-media and printmaking.

Bookings essential:  
T 03 5760 2619 or gallery@benalla.vic.gov.au

Benalla Art Gallery  
Botanical Gardens  
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benallaartgallery.com.au

f @thebenallaartgallery  
@benallaartgallery

**BENALLA**  
**ART GALLERY**

**CREATIVE VICTORIA**

**BENALLA**  
**RURAL CITY**



## INSIGHTS

# Making new friends and staying in touch with old classmates



As a parent there is a great deal you can do to help your child adjust socially at the start of the school year. Here are some tips to help.

### Encourage your child to be open to new friendships

An open, friendly attitude is a child or young person's best social asset. Students who open to forming new friendships are more likely to succeed than those who seek solitude, who are critical and who limit themselves to just one or two familiar faces. Encourage your child or young person to seek out new friendships, even though they may feel uncomfortable or strange at first.

### Encourage healthy relationships

Do all you can to encourage healthy relationships based on respect and common courtesy. Generally, when a relationship is healthy a child feels safe, valued and able to speak up. Unhealthy relationships, such as cliques, are restrictive, one-sided and are full of gossip and criticism.

### Encourage inclusiveness

Studies have shown inclusiveness to be one of the prime social skills shared by socially successful students. Encourage your child or young person to include others in games, conversations, team activities and other group activities. Inclusiveness is not just a wonderful friendship skill, it's strong leadership attribute as well.

### Encourage friendships with both genders

If you are in a co-education environment encourage your child to form friendships with both boys and girls. This is particularly valid if your child has siblings of their own gender, or don't have siblings. It's through these early relationships that we gain the confidence to mix with different genders in the later years. Forming friends across genders helps to break down the mystique that sometimes forms, when a child has little contact with the 'other' gender.

### Stay in touch with former classmates and school friends

Encourage your child to maintain friendships with former classmates and groups outside of school as this helps to insulate against unfriendly behaviour that they may experience with their close social circle.



# parenting\*ideas

## Provide social scripts

Your child may benefit from being provided with some social scripts that they can use in common social situations such as meeting a new friend, joining in a game or asking someone else for help. Boys, in particular, can benefit when given the words to use in a variety of different social situations.

## Forming new friendships can take time

Meeting new students and forming new friendships can be anxiety-inducing. If this is the case for your child, then it helps to acknowledge their feelings of discomfort, but also remind them that these feelings will pass. As well discuss the fact that feeling comfortable with new friends often takes time, particularly if your child by nature is reserved or slow to warm up in social situations.

Helping kids work through friendships can be tricky for a parent as you don't have a great deal of control over what happens at school. However, with empathy, patience, encouragement and a supportive attitude you can do a great deal to help your child make a smooth social transition.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.