



Benalla P-12 College

Executive Principal - Tony Clark

Monday 5th August, 2019

Edition #21

A MESSAGE FROM OUR PRINCIPAL

COLLEGE VISION

BENALLA P-12 COLLEGE ENSURES THAT EVERY CHILD LEARNS AND IS PREPARED FOR THE FUTURE THROUGH A COMMITMENT TO EXCELLENCE IN TEACHING, HIGH EXPECTATIONS AND POSITIVE RELATIONSHIPS IN A SAFE AND INCLUSIVE ENVIRONMENT.

Senior School Information Night

Tonight there are a series of information sessions for students from Years 9-11 held in the Theatre of the new Weary Dunlop Education Centre at the Faithfull Campus. These sessions are run by our experienced senior staff and are aimed at providing an overview of the VCE/VCAL as well as ensuring that all students have all the information they need to develop and plan their senior studies course for 2020 and beyond. The course handbook and subject selection sheets will be distributed on the night so please make sure you are there to collect them.

School Council

Thankyou to Geoff Patterson for filling the casual vacancy on School Council. Geoff joins his daughter Nicole as a member of council and it is great to have him on board. Just a reminder to all members of the school community that council meets monthly on a Monday night and has a range of sub-committees that non-councillors can be a part of – Education, OHS, Buildings and Grounds. If you have an interest in any of these areas please contact me or council president Michael Plex.

Parent Opinion Survey

Final reminder to complete the parent opinion survey if you received an email and haven't yet done so. Our response rates are varied between campuses, with Clarke Street doing the best so far with 47% of parents completing the survey. The data collected is much more meaningful when we get all campuses over 50% so I urge parents to take the time to complete the survey where possible.

Grade 4 Parents

It was great to see a number of parents attend the first transition activity at the Grade 5/6 Hub last Thursday. The Hands on Learning students enjoyed the opportunity to make coffee and tea for people and the Grade 5 and 6 students who acted as guides were excited to show parents around their campus. The next activity is on Wednesday August 14th at 11.30am and involves observing (and joining in with) the students while they complete a series of Maths rotation activities. Once again, all parents are welcome to attend these activities to help better understand how the Grade 5/6 Hub works.

Continued.....

TERM 3 DATES, MON 15TH JULY- FRI 20TH SEPTEMBER

DATES TO REMEMBER

MON 5TH AUG

11.15am 100 Days of Prep Celebrations

Senior School Information Evening from 6pm

TUES 6TH AUG

Hands on Learning -Winton Wetlands Tree Planting

WED 7TH AUG

Yr 10 Careers Day

Yr 7 Headspace

Hands On Learning- Winton Tree Planting

Yr 12 VTAC Briefing- 6pm

THURS 8TH AUG

Yr 9 & 10 Defining Moments History Project.

Senior Girls Netball- Hume Finals

Yr 11 &12 Vis Com-Benalla Art Gallery Excursion

Mid Year Bands Concert- Faithfull St PAC

WED 14TH AUGUST

Course Counselling Day -Year 9, 10 & 11- **Student Free day for Yrs 9, 10 & 11**

Yr 4 Transitioning into Year 5

Our College Values

Respect
Responsibility
High Expectations
Integrity

PRINCIPALS MESSAGE CONTINUED.....

Attendance

As I have mentioned here before many times, being at school every day is essential for educational success. We work hard to ensure all families understand the value of turning up to school and put measures in place to encourage regular attendance. So far this year we have had 67% of secondary students with less than 10 days absent. This is a significant improvement on previous years and one that I hope we can maintain to the end of the year. The BIGGEST improvement however, has been in reducing unapproved absences. Our daily phone calls home have made a difference here, and I thank the parents who provide notes or call us first when their child is going to be away. At primary level, we have 72% of students with less than 10 days absent so far. This is also tracking better than in previous years. Thankyou to all parents who support us in this vital work of ensuring that EVERY DAY COUNTS when it comes to school attendance.

Tony Clark
Executive Principal

ATTENDANCE

Why are some children anxious about going to school?

Anxiety may affect children at any age. The causes of anxiety may be different for young children than for teenagers:

- Separation anxiety (being afraid to be away from parents)
- Problems at school such as:
 - Being bullied and/or cyberbullied
 - Learning difficulties
 - Social isolation, not fitting in, friendship conflicts
 - Feeling lost at school
 - Fear of getting into trouble
 - Not getting along with a teacher
- New situations like the first day in a new class or the first day in a new school
- Failure – worry their schoolwork will be too hard, they won't be able to keep up, or they won't know the correct answer when called on in class
- Fear of losing a parent. They may think something bad will happen to a parent due to:
 - A parent being ill
 - Family problems and fighting
 - Parents separating
 - Knowing another child who has lost a parent or whose family has broken up

If you feel your child is experiencing anxiety and not wanting to come to school, please speak with your child's teacher, or contact one of one of our student wellbeing team members who can offer assistance and make recommendations about professional support if needed.

Help us to help you, please contact one of our Wellbeing team, Craig, Bron, Lou or Scott to assist with your child and their attendance.

- Avon St Campus -Scott Greig 5762 1646
- Waller St Campus -Bron Greig 5762 2600
- Faithfull St Campus -Lou McCloskey 5761 2777
- Senior Campus -Craig Carley 5761 2777

Email: benalla.p12@edumail.vic.gov.au

Web: www.benallap12.vic.edu.au

Avon St
Yrs F-4
P: 035762 1646

Attendance Hotline
035762 1646

Waller St
Yrs F-4
P: 035762 2600

Attendance Hotline
035762 2600

Faithfull St
Yrs 5-6 Hub
P: 035761 2752

Attendance hotline
035761 2747

Faithfull St
Yrs 7-12
P: 035761 2777

Attendance Hotline
035761 2747

AVON ST CAMPUS NEWS

TERM 3 CAMPUS LEADERS

Congratulations to our Term 3 Campus Leaders. Pictured with Mrs Treacy are Zac Fennell, Alex Briggs, Sophie Winkler and Talydia Williams.



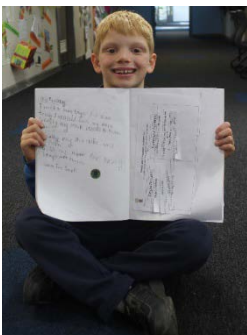
STUDENTS OF THE WEEK

This week's students of the weeks were Ava, Sophie, Valentine, Daniel, Josh and Hayley.



PERSUASIVE TEXTS

This term, the Year 1 and 2 students are learning about persuasive texts. The purpose of a persuasive text is to convince someone to change, think or buy something. We are discussing the differences between opinions and facts. Thomas wrote a very convincing letter to Mrs Treacy.



Dear Mrs Treacy... I need to have longer Art time. Firstly, I would finish my work. Secondly, my work would be better quality. Finally my Art skills will improve. This is my reasons for having longer Art time.

-Thomas Snell.

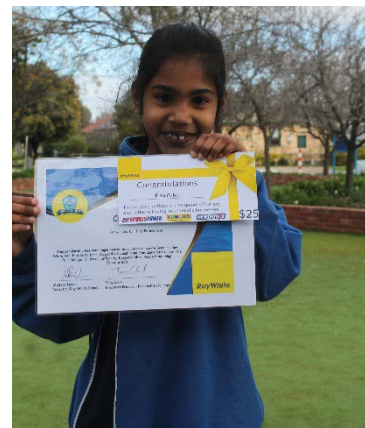
WOW AWARD

Mr Clark's WOW award went to Sophie Winkler for outstanding hand writing.



RAY WHITE AWARD

Huge congratulations to Fiza Patel who was this month's Ray White award winner.



PRINCIPALS DAY

Avon & Waller Street Campus Leaders presented Mr Clark with a basket of goodies from the Stephanie Alexander Kitchen Garden Program to celebrate Principals day. Pictured with Mr Clark are students Alex, Zac, Sophie, Talydia, Zara, Ruby, Kobie and Amy



WALLER ST CAMPUS NEWS

STUDENTS OF THE WEEK

Congratulations to our student of the week award winners.



Back L-R: Jethro, Shanaih, Sophia & Mason
Front L-R: Lucien, Jordan, Tallulah & Alana
Absent: Seth

GOLDEN SHOVEL AWARD



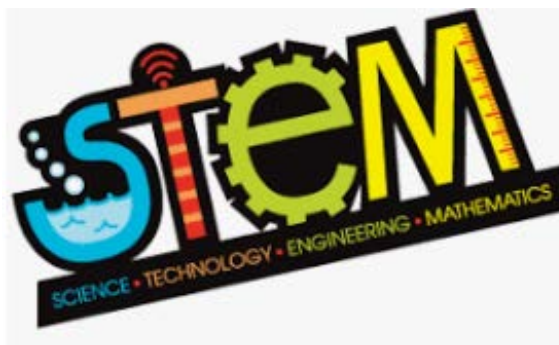
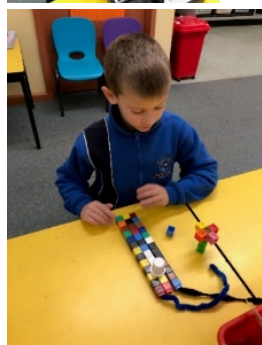
Congratulations to our Golden Shovel Award winners.

Back L-R: Ruby, Peyton & Elijah
Front L-R: Monique, Athena & Zara
Absent: Lailah & Caleb

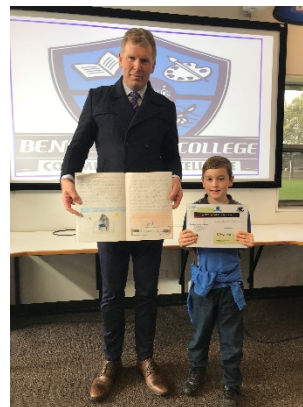
STEM IN FOUNDATION CHALLIS

Students in Foundation are working on the theme, "Animals" in Term 3. In Science, Technology, Engineering and Maths (STEM), we are working to incorporate this theme into our work too. We read the book, "The Very Hungry Caterpillar" and learnt about the lifecycle of a caterpillar. Then students made long, wide and tall caterpillars from a variety of materials. It was so much fun!!

-Mandy Brown



WOW AWARD



Mr Clarke presented his WOW Work Award to Oliver Parker!

WANTED FOR STEM

If you have any of the following items and no longer need them, our STEM students would LOVE to use them!

Cardboard tubes (no toilet rolls please), small cardboard packets/boxes, bottle tops, soft drink bottles, egg cartons, plastic or paper plates and cups, string, wool, fishing line or straws.

Please place items in the large boxes in Miss Challis' room at Waller or in Ms Brown's room at Avon

Thankyou so much

YEAR 4 TRANSITIONING INTO YEAR 5 IN 2020

Key dates

Wed 14th Aug- 11.30am-12.30pm

Tues 27th Aug- 9.30am-10.30am

Fri 13th Sept- 1.30pm-2.45pm



BENALLA P-12 COLLEGE
COMMITTED TO EXCELLENCE



Benalla P-12 College

TRANSITION EVENTS FOR YEAR 4 STUDENTS TRANSITIONING INTO YEAR 5

Faithfull Campus
Clarke Street, Benalla VIC 3671

Key Dates

Thursday 1 August	2.00pm-3.00pm
Wednesday 14 August	11.30am-12.30pm
Tuesday 27 August	9.30am-10.30am
Friday 13 September	1.30pm-2.45pm

2020 ENROLMENTS NOW OPEN

For more information:
Call (03) 5761 2777 or email
benalla.p12@edumail.vic.gov.au

www.benallap12.vic.edu.au

FAITHFULL ST CAMPUS NEWS

MY SECOND BEST FRIEND

Girl students in Years 5-10 took part in the "My second best friend" production on Friday 19th July.

My Second Best Friend is a production performed by Kelly Nash and Cath McCallig from My Giddy Aunt Productions. They have been performing in schools in Victoria, New South Wales and South Australia since 1994. The performance explores the complexities of female relationships, frenemies and subtle forms of bullying associated with female relational aggression.



THE MAN CAVE

Boys in Years 7 & 9 travelled to the Benalla P-12 college Lake Nillahcootie Camp to participate in the man Cave Program. Man Cave is a preventative mental health and emotional intelligence program for boys and young men

This program is to empower boys to become great men by providing an impactful program. It provides workshops, camps and presentations that explore healthy masculinity, respectful relationships and men's role in gender equality.



"SENIOR SCHOOL'S GOT TALENT"

Seeking talented students from years 10, 11 & 12.

Sing a song, mime a song, perform a dance, put on an act or do some stand up comedy. Individual or group acts welcome. Great prizes available for competition winners!

Auditions for interested students will be on Thursday August 1, at lunchtime in S8. Please see Krys Evgenidis if you have any queries.

AUTO NEWS

Automotive department is looking for any old, broken or worn out lawn mowers and/or small engines for students to work on.

Please contact Mark Rogers on 035761 2777, if you can help.



DR & NURSE SERVICE

Dr & NURSE SERVICE

EVERY TUESDAY

9AM - 12:30PM

CALL OR TEXT MESSAGE FOR APPOINTMENT:

0427752398

Private, confidential & free



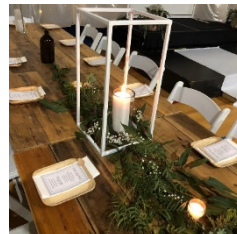
Alternatively you can arrange an appointment by seeing Craig Carley or turn up to the surgery during the walk in sessions from 10:30 to 11:15

FAITHFULL ST CAMPUS NEWS

BENALLA P-12 COLLEGE DEBUTANTE BALL 2019

Benalla P-12 College Debutante Ball was held on the 20th of July 2019. The mayor of Benalla, Cr. Scott Upton, as the special guest, and Principal Tony Clark presented the debutantes with their Certificate of Participation. Senior school teacher and MC, Amber Baker, announced the debutantes and their partners to the guest.

The stadium was beautifully decorated by Precision Event Management. The debbies and their partners danced seven dances including the Santorini, the Chicago Swing and the Sweetheart Waltz which was the special person dance. The debutantes looked stunning alongside their impressive partners. The evening was a wonderful success and enjoyed by everyone. The debutantes were a credit to themselves, their families and the school. – **Tahlia Allen, Yr 11**



FAITHFULL ST CAMPUS NEWS

2020 YEAR 10, 11 & 12 IMPORTANT DATES

Week	Date		Details
4	Monday August 5	Senior School Information Evening	<ul style="list-style-type: none"> • Senior School Course Handbook distributed along with Course Selection forms • Sign up for Course Counselling appointments via Compass – Wednesday August the 14th (Student free day for Year 9, 10 and 11). • Parent information session for students in Year 9 going into Year 10 2020 – 6:00pm start • Parent information session for students in Year 10 going into Year 11 2020 – 6:30pm start • Parent information session for students in Year 11 going into Year 12 2020 – 7:00pm start. Students and parents are asked to come to the Information evening before 7:00pm to look at displays and talk to teachers. • Overview of VCE/VCAL certificate • Ideas on how to choose the course that is right for you • EXPO showcasing all learning areas in the Weary Dunlop Education Centre • Information about career pathways/tertiary pre-requisites • TAFE, Apprenticeships Matter, Sarena Russo, NE Tracks representatives • Opportunity to meet VCE/VCAL Co-ordinators/teachers
4	Wednesday August 7	Tomorrow Today Careers Day – Year 10	
4	Thursday August 8	“What course is right for me?” Year 10-11 Course and Subject Selection Information Sessions for Year 10 students PERIOD 5 & 6	Format <ul style="list-style-type: none"> • VCE/VCAL/VET presentation • Subject Information Sessions – In small groups students rotate through each learning area to hear from teachers about VCE and VET offerings in their learning area. • English/Science/Humanities/Maths/Health, PE and Outdoor Education/Technology/Visual Arts and Performing Arts
5	Wednesday August 14	Course Counselling Day (Student free day for Years 9,10 & 11 students)	<ul style="list-style-type: none"> • Completion of the course selection sheet for all Year 9-11 students. • Course Counselling interviews – interview with a parent/carer and student. • The student’s progress, attendance and Career Action Plan will be reviewed as well as recommendations from their current teachers. • Fast tracking applications due • VCAL applications due

Selecting the right course for Years 10, 11 and 12 is extremely important. The above table outlines the important events that will occur. All courses need to be carefully considered, so the Course Counselling Day (Wednesday August 14) is extremely important – we need all parents/carers to make an appointment with their designated teacher on this day. Jo Martin Senior Sub school Leader

AFTER SCHOOL CARE NEWS

Pictured are Alex Briggs, Harry Ward, Imogen Lowen & Jake Soyer enjoying some after school activities at the Avon St campus.



PARENT AND RELATIONSHIP EDUCATION PROGRAMS

**Tuning in to kids-
emotionally intelligent
parenting (2-10 years)**

Friday 16th August-13th
September

10am-12pm
Gateway Health
Room F1
45-47 Mackay St,
Wangaratta
Call to Book 035723 2000

COMMUNITY NEWS



**TRYOUTS FOR
REPRESENTATIVE
BASKETBALL**

**Come along and test yourself against the best and
be selected to represent Benalla at the highest
levels in Basketball.**

**Where: Benalla Indoor Recreation Reserve
Ackerley Avenue, Benalla.**

When:

	Under 12 boys and girls	Under 16 and 18 boys and girls
Tuesday 6/08/2019	5.30p.m. to 6.30p.m.	7.30p.m. to 8.30p.m.
	Under 14 boys and girls	
	6.30p.m. to 7.30p.m.	
	Under 12 boys and girls	Under 16 and 18 boys and girls
Tuesday 13/08/2019	5.30p.m. to 6.30p.m.	7.30p.m. to 8.30p.m.
	Under 14 boys and girls	
	6.30p.m. to 7.30p.m.	

Bring a drink bottle and ball!

Age Group	Top	Bottom
Under 12	2009	2010
Under 14	2007	2008
Under 16	2005	2006
Under 18	2003	2004

Further information benallabasketball@gmail.com



Youth @ LifeChurch Benalla

Friday night 6:00-7:30 (school term)
\$2 per person*

Howard street Benalla

THE FACTORY

Every second friday

AFTER YOUTH, POOL, COFFEE, RELAX

TIL 10

* OPTIONAL

parenting*ideas insights



Encouraging healthy attitudes towards women

by Dr Rosina McAlpine

Recent events and current statistics highlight that as a nation we have a serious problem when it comes to domestic violence. While there's no easy solution, together, we can do our part to stop violence against women. If you're a parent or guardian, you can play an important role. Disrespect towards girls can begin in childhood, and we can break the cycle when we teach our children to be respectful and caring right from the start.

As parents, we have three main jobs:

- First, to love our children and build a strong lifetime bond
- Second, to keep them safe from harm until they can do that for themselves
- Third, to teach them all the skills they need to thrive in life and to make a positive difference in the world

LIFE SKILLS APPROACH TO RAISING CHILDREN

So what life skills do children need to learn when it comes to the issue of preventing violence against girls and women? As parents, we can talk with our kids about:

- Behaving respectfully towards others
- Communicating their needs using words and without the need to hit, snatch or shout
- Managing their emotions and their behaviours so as not to 'fly off the handle'

START THE CONVERSATION ABOUT RESPECT EARLY

Start by responding to your child calmly when they are disrespectful to others. The following three-step communication approach can be used from early childhood through to teen years. Let's put it into practice.

If a boy is making fun of his sister or a female friend:

1. STOP: Respond calmly rather than react asking him to stop the teasing.
2. EMPATHISE: Invite your son to see the behaviour through the eyes of his sister. 'How do you think your sister/friend feels right now?'

3. EDUCATE: Provide options such as ignoring his sister or friend if she's annoying him or providing an appropriate social script he can use to communicate his thoughts such as, "I find it annoying when you don't share the computer"

IT'S A MARATHON, NOT A SPRINT

When it comes to gaining academic knowledge and learning skills, parents know it takes years of consistent effort from childhood through to adolescence. In the same way, parents can take a long-term approach to teaching life skills beginning right from toddler to teen.

PARENTS LEAD THE WAY

Parents are powerful teachers and role models for the next generation. We can teach our children how to be respectful and kind to each other. By stopping disrespect and violence at the start we can play a crucial role in putting an end to violence against girls and women.

RESOURCES YOU CAN USE

The Stop it at the Start campaign provides parents, family members and others with information and practical resources to self-reflect, and talk to boys and girls aged 10-17 about being respectful and caring. You can find videos, guides and other resources to help you have conversations with your children at www.respect.gov.au/resources/talking-about-respect.

There is so much we can do in families to develop healthy attitudes toward women. Through modelling and teaching we can change entrenched attitudes and behaviours that will put an end to the cycle of violence against women.



Dr Rosina McAlpine

Dr Rosina McAlpine is an author, parenting expert, mother and CEO of Win Win Parenting. Win Win Parenting supports busy working parents to effectively navigate work and family for success at home and at work. Parents learn practical strategies to manage day-to-day parenting challenges like struggles with technology, emotional outbursts and keeping calm even in the most volatile situations. Connect Dr Rosina at WinWinParenting.com or DrRosina.com.