

RESPECT RESPONSIBILITY HIGH EXPECTATIONS INTEGRITY

Benalla P-12 College Newsletter

Executive Principal-Tony Clark

Dear Parents and Members of the School Community,

Parent Teacher Interviews

This coming Thursday and Friday we have Parent Teacher Interviews for all students. These are a very important part of our program and I would strongly encourage all parents to attend. It is a great opportunity to find out how your child is progressing with their learning and to ask questions of the classroom teacher. Interviews are being held on Thursday from 4pm to 7pm and Friday from 9am to 1.30pm. I will be available at those times as well and would be more than happy to meet with parents and answer any questions. Please contact the Faithfull office to make a time to see me if you need to.

Friday will be a student free day because of the interviews. Childcare will operate at Waller Street Campus for the whole day for those parents who are unable to make other care arrangements for their children on the day. Please make bookings prior to Friday.

Madagascar

Congratulations to all the students for their wonderful performances of Madagascar at BPACC last week. The show was full of life and colour and was very entertaining, with some standout performances in the lead roles on both nights. It was great to see so many people in attendance as well. Thankyou to our hardworking and dedicated staff, Kirsty Halligan and Mel Pentreath, for getting the kids ready and supporting them to put on such a wonderful performance.







Year 10 Careers Day

All Year 10s took part in a local Careers Day last week organised by the Tomorrow/Today Foundation. Students attended university workshops and workplaces and found out about TAFE courses and apprenticeships. Thankyou to Schneider Electrical, Rose City Vets, Primal Health and Benalla Health for their support.

Uniform

The College has an expectation that all students wear uniform to school every day. If your child is out of uniform they should have a note from you explaining why. Please support us in this matter by ensuring your child has the correct uniform on. There are some great new winter jackets available that look good and keep you warm. There is therefore no need to wear 'hoodies' under school jumpers or other jackets over the top. Students will be asked to remove 'hoodies' if they wear them.

Transition

Last week, we had information sessions for the children moving from Grade 4 to 5 and those moving from Year 6 to 7. These are both very important transitions and it was good to see a number of parents and students in attendance. If you were unable to attend, please contact the Faithfull Street Campus office to speak to Assistant Principal Reno Lia, Subschool Leaders Sangeeta Vashishta (Year 7-9) and Emily Carr (Year 5-6) to collect the information that was handed out on the night.

Tony Clark Executive Principal



Email: benalla.p12@edumail.vic.gov.au Web: www.benallap12.vic.edu.au

Avon St Campus (Prep-Yr 4) Ph: (03) 5762 1646 Fax: (03) 5762 2740 Attendance Hotline 5762 1646 Waller St Campus (Prep-Yr 4) Ph: (03) 5762 2600 Fax: (03) 5762 3863 Attendance Hotline 5762 2600 Faithfull St Campus (Yr 5-9) Ph: (03) 5761 2777 Fax: (03) 5762 4076 Attendance Hotline 5761 2747 Barkly St Campus (Yr 10-12) Ph: (03) 5761 2888 Fax: (03) 5762 5276 Attendance Hotline 5761 2810



Dates to Remember:	2018 Term Dates 16th July -21st September 8th October -21st December		
August 14	* Year 8 OED Warby Ranges Bushwalk		
August 15	 * VCE Legal Studies visit to Dhurringile Prison * OES White Water Rafting Day Trip-King River * Hume Netball-Senior Girls * STEM EXPO—Galen College Wangaratta 4.00pm 		
August 16	* Parent Teacher Interviews 4.00pm-7.00pm		
August 17	* Parent Teacher Interviews 9.00am-1.30pm Pupil Free Day		
August 21	* School Captains overnight Canberra Trip* Year 9 OED-Reef Hills		
August 22	 Year 9,10 & 11 Course Counselling Day Community Reading Morning 		
August 28	* Year 5/6 CFA Safety Awareness		



Benalla P-12 Uniform Shop 2018 Open Days

- Wednesday 22nd August 3pm-5pm
- Wednesday 10th October 3pm-6pm
- Wednesday 21st November 10am-5pm (prep intake and last uniform day for the Year)

Orders can be placed over the phone and delivered to your nearest campus.

Call Judds Yarrawonga on 5744 1269 for any further details

Parent/Teacher/Student **Interviews**

Parent/Teacher/Student Interviews this term will be held on the following dates:-

- Thursday 16th August, 4.00pm 7.00pm
 Friday 17th August, 9.00am 1.30pm

To book go to the Benalla P-12 College Parent Portal https://portal.benallap12.vic.edu.au/portal/login bookings are now open. For parents who have not registered for our portal instructions have been sent home. However, if you are experiencing difficulties please contact your child's campus.













Reading Phones for Avon

Some students have been practising reading with a Reading Phone. It is easily made with a 10cm length of poly pipe and two elbows from Bunnings or Mitre 10. The Reading Phone amplifies the voice and the student can hear themselves read, and check if they are reading like a storyteller with fluency and phrasing. The students have LOVED reading with them and ask to use them!! They can read with a whisper voice and still hear themselves read. It is an awesome way to encourage reading at home.

Mandy Brown.

Congratulations to Harry, Penny, Aeryn and Jack who have finished reading their books to complete the 2018 Victorian Premier's Reading Challenge. The Challenge closes on Friday 24th August, 2018. Please have completed forms to Mandy by this date. Thank you!





Year 12-Foundation Waller & Avon Street Buddy Day

On Wednesday 8th August, Year 12 students visited their Prep buddies at both Avon and Waller campuses. Prep students got to show off their reading jobs, go noodle breaks and made a poster with their buddy. Both the Year 12s and Prep students brought their teddies in for the session, and finished off by decorating some teddy bear biscuits together. It was an awesome morning and the preps absolutely LOVED having their buddies come to visit them at their campus.

Foundation Student Reflections

Rebecca said "My buddy Kate was a great drawer."

Lucas said "Playing tunnel ball was really fun."

Oliver S said, "My buddy's name was Cam. My favourite part was decorating and eating biscuits."

Harry W said "We made a poster and eating the biscuits was my favourite thing."

Alarna said "We read a book and we had Teddy bear biscuits.







FOUNDATION – Year 4 UNIFORM (Waller and Avon Campuses)

- Winter Uniform Terms 2 & 3
- Black, firm fitting shoes, with enclosed toes. No ballet flats.
- Sports shoes are acceptable.
- School Polo Top (short or long sleeved)
- Plain navy tracksuit pants, navy shorts or long navy slacks.
- Cargo pants, jeans, corduroys, basketball shorts or running shorts, are not acceptable.
- Leggings (not skins) are acceptable, but only if worn under a shirt or pinafore
- School tartan pinafore worn with plain white skivvy or long sleeved T-shirt and navy tights or white socks
- Plain navy skirt
- School windcheater
- School blue woollen jumper
- School navy hat
- Navy School Jacket

Please note, the summer dress should not be worn with tights or long sleeve shirts underneath.

Clothing items, such as jumpers and hats, should be clearly named. If you are experiencing financial difficulty with uniforms, please don't hesitate to contact Bron (Waller Campus) or Scott (Avon Campus) to explore options for support.

Every day counts, even when your child is anxious

Why are some children anxious about going to school?

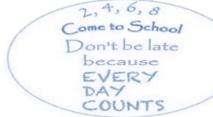
Anxiety may affect children at any age. The causes of anxiety may be different for young children than for teenagers:

- Separation anxiety (being afraid to be away from parents)
- Problems at school such as:
 - \Diamond Being bullied and/or cyberbullied
 - \Diamond Learning difficulties
 - \Diamond Social isolation, not fitting in, friendship conflicts
 - \Diamond Feeling lost at school
 - \Diamond Fear of getting into trouble
 - Not getting along with a teacher
- New situations like the first day in a new class or the first day in a new school
- Failure worry their schoolwork will be too hard, they won't be able to keep up, or they won't know the correct answer when called on in class
- Fear of losing a parent. They may think something bad will happening to a parent due to:
 - \Diamond A parent being ill
 - \Diamond Family problems and fighting
 - \Diamond Parents separating
 - Knowing another child who has lost a parent or whose family has broken up

If you feel your child is experiencing anxiety and not wanting to come to school, please speak with your child's teacher, or contact one of our student wellbeing team members who can offer assistance and make recommendations about professional support if needed. Help us to help you, please contact one of our Wellbeing team, Craig, Bron, Lou or Scott to assist with your child and their attendance.

Ш	Avon S	St Campus	-Scott	Greig	5762	1646
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- ☐ Waller St Campus -Bron Greig 5762 2600
- ☐ Faithfull St Campus -Lou McCloskey 5761 2777
- ☐ Barkly St Campus -Craig Carley 5761 2888





A Day in the Life of 5C:

MULTIPLICATION AND TREES?

This week we have been working on number trees, multiples and factors. A number tree is a tree involving multiplication. It is a tree formation with factors of a whole number. By Jordan

With number trees, first we start with a base or whole number, for example, 108. What numbers are factors of 108? So one of the answers could be 12 x 9. Then we would find out what are the factors of 12 and 9. That is 6 x 2 and 3 x 3. We practiced deriving factors from whole numbers which was fantastic fun this week - it was a great visual drawing. We then chose one of our factor trees to present creatively. Look what we came up with. By Nikita

A CLASS OF EMERGING POETS

During this term, each week we are working on a different type of poetry. We will publish a number of different poems and produce an Anthology of Poems in an app called Book Creator! We can't wait for this!

This week we have been writing free verse poetry. We have written about donuts, old shoes, our passions in life as well as nature. During the writing session about nature, we took a seat outside and in the sun and fresh air we all managed to write free verse poems.

It was really fun to write our poems. I think our class favorite would have to be our donut poems as we enjoyed eating a delicious donut thanks to Bu Perry.

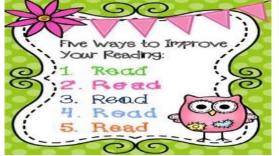
By Matilda and Ella



Year 5/6 Student Leadership Group

BE YOU. BE BRAVE. BE HEARD.

We can stop bullying together



Mid Year Bands Concert "Well Tuned" - Barry Roberts

Thank you to the many families, friends and staff who came out last Thursday night to support our instrumental music students at the Mid Year Concert. The night was full of the wonderful musical achievements of all our students, from Year 7 to 12. The Victorian School Music Festival for bands is on August 30th in Bendigo for the Year 8 and Symphonic Concert Bands. We are all very excited about seeing how our bands are rated after Thursday night's performance.

Don't forget to order one of the limited CD's from Kool Skools Recording Project from either Faithfull or Barkly Offices for \$10. Delivery should be soon.







HANDSONLEARNING



Hands on Learning students and a group of Year 8 students volunteered to go out and plant trees at the Winton Wetlands. This work is part of the ongoing revegetation of the wetland site. Four hundred River Red Gum trees were planted and guarded along

the Lunette Walk. This takes you out along the sand dune (lunette) to the small rocky island outcrop. Beyond this is the grassy Winton Swamp that has not filled with water this winter and providing the local kangaroos with some grazing. Thanks to Dave Maloney, the Ranger who spent the day with us and answered lots of questions about this special outdoor place.









Year 9 Outstanding Attendance Semester 1

Congratulations to Year 9 students who were awarded "Outstanding Attendance" certificates for Semester 1. These students all had above 99.5% attendance in Term 1 and/or Term 2 this year.

When asked about the importance of good attendance, Ankur, Jess and Cheyane provided some insight...

- ⇒ Schoolwork is easier to keep up with and you have less homework
- ⇒ If you're not at school every day you may not know about extra opportunities
- ⇒ Good attendance helps with your friendships with other students
- ⇒ Teachers get to know you better
- ⇒ We are proud of our certificates which show that we are reliable when we apply for a job

These certificates will make a valuable addition to these students' Achievement Portfolios and provide evidence of the employability skill of "self-management".

Sue Oakley

Pathways to Retention Coordinator



Front Row - Jakk Devlin, Perry Plex, Christian Frederick and Ankur Singh

Back Row – Adrian Thaus, Jessica Patterson, Charlie Paterson, Cheyane Vaughan, Harry Hodge, Alicia Ashlin, Madison Stovell, Chanelle Lober and Elliot McCallum



Years 10-12 Barkly Street Campus News

We have had another week where the students are continuing to work hard and attend regularly. The Live4Life program finished last week with all 3 Year 11 groups undertaking the three sessions of training. This is a great program to support students with their understanding of mental health and the supports available. I would like to recognise the work of the Benalla Rural City in bringing this program to life in Benalla.

Exchange Students:



We have two young men on exchange to us from Germany and Denmark. See their introduction below.

Hi,

I'm Kevin Bongers from Germany. I came here as an exchange student with SCCE to experience the life on the other side of the world. I used to live at the border to the Netherlands in North Rhine, Westphalia, and I will stay in Australia for five months visiting Benalla P12 College. I like playing the trumpet, sailing and flying gliders. I'm looking forward to a trip from Darwin through the Outback to Adelaide and learning how to surf in Queensland. I have never been to Australia before and hope to have a great experience. This week I have just come back from a school ski trip. Great experience.

Hi

My name is Emil Pilegaard Petersen. I'm from Denmark and I'm in Australia for 12 months on rotary exchange. I come from a town smaller than Benalla on an island called Langeland. In my spare time I play badminton, tennis and I had a job in a store called Super-Brugsen. While I'm in Australia I'm going on a safari to the outback, and maybe on a trip to Fiji. This week I have just come back from a school ski trip. It was really fun.

A big welcome to Kevin and Emil. They have both settled in well.

Year 10 Careers Day

Our Year 10 students were out and about on Wednesday visiting different businesses to gain a greater understanding of what happens in different industries. A big thanks to Molly Craig for organising the day for our Year 10 students.

The Senior Sub school Team are continuing to focus on and follow up on student attendance. If students don't attend we can't assist them to improve and connect with their learning.

Uniform - It is important that students and parents support the wearing of the College uniform every day and continue to show pride in the College.

YEAR 10 CAREERS DAY

All Year 10s in Benalla were involved in a Careers Day organised by the Tomorrow Today Foundation on 8th August.

Students had the choice of touring a workplace, including Schneider Electrical, Benalla Health, Rose City Vets and Primal Health, or took part in university workshops on Art and Design or Engineering.

The Lakeside Community Centre was the venue for other activities. Students heard from Benalla Rural City on the importance of volunteering and enjoyed a delicious lunch prepared by the Benalla Rotary Club.

This was followed by Speedy Talks, where student made their way around the room hearing short and interesting information on various careers including vet nursing and firefighting. The final session gave students the opportunity to find out more about the Police, the SES, apprenticeships and traineeships or what life is really like at university.

Many thanks to the Tomorrow Today Foundation for organising the event and to everyone who came along to support and present to our students, who thoroughly enjoyed the day.







90% attendance is...

- Half a day missed every week!
- Nearly four whole weeks of lessons missed in a school year!
- Half a school year missed over five years!









STEM Expo Galen College Wangaratta

Galen College in Wangaratta is hosting the annual S.T.E.M Careers expo that features a community session from 4pm until 6pm on Wednesday 15th August.



See the wonderful things that 3D printers can do,
Try your hand at driving VEX and Sphero Robots,
Experience Virtual Reality via our Google expeditions Kit.
Meet the Galen VEX team, who have just returned from the
World Championships in America

There will be plenty of advice on S.T.E.M Career pathways by exhibitors from, GoTAFE, Charles Sturt Uni,, Melbourne Uni, Holmesglen, and more. More information can be found at http://galenstemexpo18.weebly.com/



When: Monday the 20th of August until Friday the 24th August

Where:

Waller Campus Library

Monday 12.00-4.00pm Friday 12.00-4.00pm

Faithfull Campus Library

Monday —Friday 1.30-4.00pm

Come along and grab a bargain!!!



FREE COME AND TRY DAY

When: Sunday 16th September 2018
Time: 10am-1pm
Where: Churchill Reserve, Waller
Street entry, Benalla
FREE sausage sizzle

Young people aged 5-19 can try a range of fun, enjoyable activities that are currently offered in Benalla.

Including archery, astronomy, athletics, golf, netball, scouts, soccer and tennis.

Assistance with the cost of registration fees is available to families with pension and health care cards.

For more information call Corena Brennan on 5762 1211



KNOW YOUR RIDE

VEHICLE MAINTENANCE WORKSHOP



TARGETING YOUNG PEOPLE, PARENTS AND INTERESTED COMMUNITY MEMBERS

You are invited to a free workshop, where qualified mechanics will introduce:

- Basic vehicle familiarisation
- Maintenance demonstrations
- Answer any questions about owning and looking after your vehicle

LUCKY DOOR PRIZES, PIZZA AND REFRESHMENTS PROVIDED

WHEN:

6-8PM

Thursday 6 September 2018

WHERE: Benalla Toyota 28 Sydney Road Benalla

To Book:

Customer Service Centre Ph: 03 5760 2600

Email: council@benalla.vic.gov.au

Places limited (RSVP Tuesday 4 September 2018)







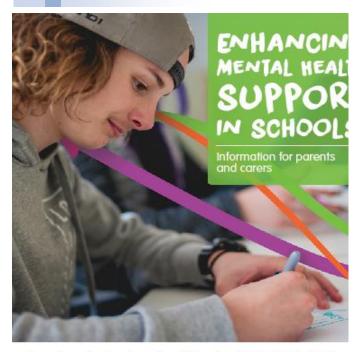












Secondary school can be a stressful time for students. During this time mental health issues such as anxiety and depression arise for one in fo children and young people. However, when mental health issues are pic up early, students can be supported to build and manage their wellbei leading to better educational and health outcomes. That is why the Victo Government has established the Victorian Anti-Bullying and Mental Hec Initiative (VABMHI).

Face-to-face and regional phone counselling

Victorian government secondary school students with mild to moderate mental health concerns will be able access face-to-face counselling at a headspace centre and/or a regional phone counselling service through headspace.

This is part of the VABMHI's mental health focus – Enhancing Mental Health Support in Schools initiative, funded by the Victorian Department of Education Training.

How does it work?

Face-to-face and/or regional phone counselling will be available depending on your child's school. Counselling will take place during school hours between 9am and 4pm with a qualified counsellor for approximately 45 minutes.

If a student is referred or self-refers for a face-to-face counselling session, it will take place at a headspace centre.

All phone counselling sessions will take place in a safe and private place on school grounds.

Any member of the school staff can refer a student or a student may wish to self-refer. In accordance with the School Advisory and Policy Guide*, your consent as a parent or carer will be sought if and when your child is not considered to be a mature minor. This means they are incapable of making their own decision about participating in a counselling service.

All sessions are completely confidential and the counsellor will only discuss the session with others, such as family and other health professionals, if given student's permission. In this instance, the counsellor and student will agree about what information is shared with who.

However, if student safety is a concern, the counsellor may act to ensure the student remains safe. The counsellor will always try to include the student in decisions about their health and safety.

More information

Please contact your school for more information about the Enhancina Mental Health Support in Schools initiative.



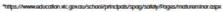














Could \$500 help you with high-school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

aptops & tablets

specialist subjects

uniforms & shoes

sports fees & gear

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourse

your local Saver Plus Coordinator Phone 0457 849 112 Web

Contact Wendy McNama







TUESDAY NIGHT SPRING COMPETITION

Junior competition for boys and girls and social womens competition 1st Round starts Tuesday 28th August Early Bird registration before 19th August Registration ONLINE via our website www.benallana.vic.netball.com.au All enquires to: Karen Edwards 0421 057 421 benallanetball@gmail.com Like our facebook page to stay up to date!



Avon Campus: 0428 014 133

Monday 13/8	Tuesday 14/8	Wednesday 15/8	Thursday 16/8	Friday 17/8
Activity	Activity	Activity	Activity	
Fruit Salad	Tiggy & dress ups	Playground &Lego	Skipping & Puzzles	Parent
& Zoob	Afternoon tea	Afternoon tea	Afternoon tea	teacher
Afternoon tea	Fruit, dry biscuits	Fruit, raisin toast,	Fruit, Fresh sand-	interviews
Fruit, toast &	& spreads, milk &	milk & juice	wiches, milk & juice	CARE AT
spreads, milk &	juice	J	,	WALLER ST
juice				ONLY
Monday 20/8	Tuesday 21/8	Wednesday 22/8	Thursday 23/8	Friday 24/8
Activity	Activity	Activity	Activity	Activity
Bubbles & skipping	Golden child & Ha-	Elastics &	Ball games & colour-	Buzz & Lego
Afternoon tea	ma beads	Sand art	ing	
Fruit, pancakes,	Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea
milk & juice	Fruit, fresh sand-	Fruit, kabana &	Fruit, noodles, milk	Fruit, fairy bread,
J	wiches, milk &	cheese, milk & juice	& juice	milk & juice
	juice			

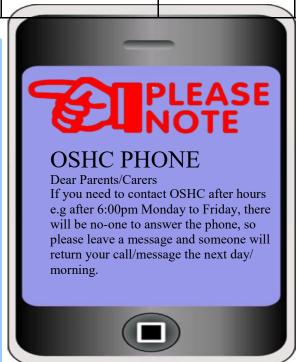
Waller Campus: 0407 715 660

Monday 13/8	Tuesday 14/8	Wednesday 15/8	Thursday 16/8	Friday 17/8
Activity Board games & football Afternoon Tea Fruit, mini hotdogs, milk & juice.	Activity Bubbles & Lego. Afternoon Tea Fruit, biscuits & spreads, milk & juice.	Activity Plasticine/play dough & totem tennis. Afternoon Tea Fruit, cereal, milk & juice.	Activity Brain box & sandpit. Afternoon Tea Fruit, spaghetti & toast, milk & juice.	Parent Teacher interviews CARE AT WALLER ST ONLY
Monday 20/8	Tuesday 21/8	Wednesday 22/8	Thursday 23/8	Friday 24/8
Activity Board Games & hula hoops. Afternoon Tea Fruit, Wedges, milk & juice	Activity Oil pastel drawings & sandpit. Afternoon Tea Fruit, , dry biscuits & spreads, milk & juice	Activity Bubbles & skipping. Afternoon Tea Fruit, , nachos milk & juice	Activity Card games & soccer. Afternoon Tea Fruit, cereal, milk & juice	Activity Totem Tennis & Lego Afternoon Tea Fruit, pasta, milk & juice

Parent Teacher Interviews

Dear Parents/Carers
Out of School Hours Care will operate All Day
Friday 17th August.
This will only be available at the
Waller St Campus.

If you require this service please let Kerry or Nardia know A.S.A.P Avon 0428 014 133 Waller 0407 715 660







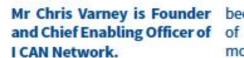
Empowering Autism

Department of Rural Health

Public Event

How my unstoppable Mother proved the experts wrong!

Mr Chris Varney Founder and Chief Enabling Officer - I CAN Network



I CAN Network is driving a rethink of Autism so that young Australians on the Spectrum think 'I CAN', not 'I Can't', in response to their challenges and opportunities. Chris was inspired to start I CAN from the exemplary support his family and friends provided in helping him channel his Asperger's.

Chris has a strong background in advocating for children's rights. His advocacy began as year-old Youth 16 Ambassador for World Vision Cduring which he became active in anti-poverty campaigning. He went on to

become National Co-Director World Vision's youth movement and later, the 2009 Australian Youth Representative to the United Nations.

As Youth Representative Chris put together a book 'Dear Kevin' which helped catalyse many practical outcomes for vulnerable children and youth. For his efforts he has received the 2011 Monash University Student Alumni Award, the 2012 National Award for Youth in Advancing the Legal Rights and Interests of Children and Young People and the 2012 Future Justice Medal.



Event Details

Tuesday 4th September 2018

Time: 5:30pm - 6:30pm

Venue: The University of Melbourne Department of Rural Health 49 Graham St Shepparton 3630

Enquiries: Di Doyle - Events, Community Engagement & Alumni Administrator P. 03 5823 4512 E. ddoyle@unimelb.edu.au

Bookings are essential for this free public lecture. Register at www.trybooking.com/409280

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