

Benalla P-12 College Newsletter

Acting Principal-Paul Challis



Dear Families and Friends,

I would like to provide a huge welcome to all our families and to new families commencing the 2018 school year at Benalla P-12 College. I hope everyone has had a great holiday period, and have refreshed and are ready to embrace a productive year ahead. The year has started off really well and this is evident when I walk around all campuses and visit classrooms. As parents you, are your child's first and most important teacher and I hope you will enjoy many opportunities throughout the year to become actively involved in your child's education. Feel free to come in and make the time to discuss the learning progress that your child is making. Teachers are happy to share the progress being made.

Foundation Students 2018

Last Wednesday our Foundation students commenced their first year at school. They settled in quickly and enjoyed every minute of their first day. We are very proud of them.



Whole School Assembly

Our first Whole School Assembly for this year will be held next **Tuesday 6th February** commencing at 11.30am in the Clark Street Gymnasium. All our families and friends are invited to attend. This is a special assembly when our Year 12 students will present the Foundation students to the whole school. We all look forward to seeing you there.

School Council

In February/March we will be asking for parents to nominate for School Council. I encourage parents to consider stepping on to council so you can gain a better insight into the running of the College and to demonstrate that you value education to your child. Please consider having a go at this opportunity. If you would like to ask questions about school council, please drop in and see me.

Mobile Phone

Towards the end of 2017, Benalla P-12 College and the Years 7-12 teaching teams implemented a new approach to managing students who bring mobile phones to class. When entering the class, students are asked to place their phone in the storage box at the front of the class and at the end of the class they can take them back from the box. This is working really well, as it allows students to focus on their learning and not be distracted by their phone. I would like to thank students, parents and carers for supporting this process.

Year 12 Information Evening

A Year 12 Information Evening is being held for Year 12 students and parents on February 19th starting at 5:30pm and finishing at 6:00pm. It will take place in the Barkly Theatre where staff will discuss and plan for the year ahead. All Year 12 students and parents are strongly encouraged to attend the information session.

Welcome back BBQ

The Year 5-9 welcome back BBQ is taking place on February 15 starting at 5:00pm and finishing at 6:30pm. The BBQ will be held around the Faithfull Street pool area so bring your swimming gear if you want to swim.

The Years 10-12 welcome back BBQ is being held on February 19th starting at 6:00pm and finishing at 7:30pm. It is being held outside the Year 12 study centre. All parents are encouraged to attend.

School Uniform

All students are required to be in full school uniform including wearing a navy hat. If you are experiencing difficulties purchasing the uniform please contact your child's Campus Leader. **The Uniform Policy is attached to this Newsletter.**

Email: benallap-12@edumail.vic.gov.au
Web: www.benallap-12college.vic.edu.au

Avon St Campus
(Prep-Gr 4)
Ph: (03) 5762 1646
Fax: (03) 5762 2740
Attendance Hotline
5762 1646

Waller St Campus
(Prep-Gr 4)
Ph: (03) 5762 2600
Fax: (03) 5762 3863
Attendance Hotline
5762 2600

Faithfull St Campus
(Yr 5-9)
Ph: (03) 5761 2777
Fax: (03) 5762 4076
Attendance Hotline
5761 2747

Barkly St Campus
(Yr 10-12)
Ph: (03) 57621 2888
Fax: (03) 5762 5276
Attendance Hotline
5761 2810

Speed Limit on School Days

Road users are advised that the 40km/h school speed zone will be in place around each of the College Campuses from 8:00am until 9:30am and from 2:30pm until 4:00pm on school days, during school terms.



Student Accident Insurance, Ambulance Cover Arrangements.

I would like to remind parents that the Department of Education and Training (DET) does not provide personal accident insurance or ambulance cover for students. **Parents and guardians of students, who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs.** Information sheets related to Personal Insurance Cover can be picked up from each Campus.

Private Property brought to School.

I would also like to remind parents/guardians that the Department of Education and Training does not hold insurance for personal property brought to school and it has no capacity to pay for any loss or damage to such property. Personal property is often brought to school by students and visitors. This can include mobile phones, calculators, bikes, toys, sporting equipment and cars parked on school premises. As the Department does not hold insurance for personal property brought to school and has no capacity to pay for any loss or damage to such property, students should be discouraged from bringing any unnecessary or particularly valuable items to school.

Year 12 Graduation Thankyou

Benalla P-12 College would like to thank the many organisations and businesses that donated funds for awards and scholarships at the Year 12 Graduation Evening in December 2017. Without their support, many awards and scholarships would not be possible. A big thank you and show of appreciation goes to Aldous & Hill Accountants, Jenny Milner Foundation, Amcal Pharmacy, Apprenticeships Matter, MSP photography, Australian Defence Force, CSU, Lions Club of Benalla, The Mavis-Wynne Foundation, Millers Benalla, North East Tracks (LLEN), Rambling Rose, Benalla Bus and Coach Lines, Benalla Glass, Benalla Health, Benalla Mitre 10, Benalla Rural City Council, Benalla Waste, Benalla Soroptimist Club, Delatite Steel and Engineering Supplies, Graeme Currie Electrical Contractors, Rotary Club of Benalla, Schneider Electrical, Solar City Office Equipment, the Pink Shop, the Tomorrow: Today Foundation and the Weary Dunlop Scholarship Committee. We look forward to continuing our relationship with these businesses and we value their ongoing support for our College.

All the best for the year ahead.

Paul Challis
Acting College Principal.

EVERY DAY
COUNTS

Going to school every day is the single most important part of your child's education. Students learn new things at school every day – missing school puts them behind.

Why it's important



We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

If students miss school regularly, they miss out on learning the fundamental skills that will set them up for success in the later years of school.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.


Each missed day is associated with progressively lower achievement in numeracy, writing and reading.

We ask that students and parents schedule appointments outside school hours so their learning is not impacted. If we all work together we can make a difference and continue to improve student outcomes.

Benalla College is a Sunsmart School, and as such, each student is to wear a navy broad rimmed hat when outside during Term 1 and 4. Please take the time to **label your child's hat and uniform** so it can be returned if found.

Please ensure that you reinforce with your child about the importance of staying hydrated throughout the day, which means drinking plenty of water.




Foundation students will have each Wednesday off until the 14th March.

2018 Intercampus Travel Permission Forms



Intercampus permissions forms have been sent via Skoolbag and Facebook please complete and return to your campus office as soon as possible. Hard copies can be collected from your school office.

SCHOOL PHOTOGRAPHS



Students and families are reminded that:

- Avon & Faithfull St Campus photos are scheduled for Monday 19th February.
- Waller & Barkly St Campus photos are scheduled for Thursday 1st March.



Please note envelopes and payment are to be handed to the photographer on the day.

ARE YOU ELIGIBLE FOR THE CAMPS, SPORTS AND EXCURSIONS PAYMENT FOR 2018?

If you hold a valid means-tested Centrelink Card (ie Health Care Card, Pension/Veterans Affairs Card, Youth Allowance Card) your are eligible to receive CSEF funding. This is available to help families with the cost of **Camps, Sport & Excursions**.

- Families of students new to the school will need to complete an Application Form and provide a copy of your valid Centrelink Card to the school by 23rd February
- Families who received CSEF last year do not need to reapply again this year provided your card is still valid.

REMINDER – SCHOOL FEES ARE NOW DUE

A big thank you to those families who have already paid their 2018 Parent Payments (School Fees), your early payment is greatly appreciated.

A reminder to those who have not yet done so that payment was due on 1 February. If you are experiencing difficulty with payment or would like to discuss a Payment Plan please contact our Business Manager Leanne Fry on 57612777 at any time.

Benalla P-12 Uniform Shop 2018 Open Days

- * Wednesday 7th February 3pm-6pm
- * Wednesday 7th March 3pm-5pm
- * Wednesday 18th April 3pm-6pm
- * Wednesday 16 May 3pm-5pm
- * Wednesday 13th June 3pm-5pm
- * Wednesday 18th July 3pm-6pm
- * Wednesday 22nd August 3pm-5pm

Orders can be placed over the phone and delivered to your nearest campus.

Call Judds Yarrawonga on 5744 1269 for any further details

SkoolBag



Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- * School newsletters
- * Notices
- * Events
- * Cancellations
- * Reminders
- ...and more!

INSTALLATION INSTRUCTION

Just search for our school's name in the App Store on your phone and download our app!

Term 1-31 January-29 March Dates to Remember:

February 6	* Whole School Assembly 11.30am-Clark Street Gymnasium
February 8/9	* Year 7 Mentor Day
February 12	* Year 12 Study Camp-Valley Homestead- Myrtleford * Year 3/4 Swimming Program commences -YMCA 11.30am-2.00pm
February 14	* Year 12 Torquay Surf Camp
February 15	* Year 5-9 Welcome BBQ-Faithfull St 5.00pm-6.00pm
February 19	* Avon and Faithfull Street Campus school photos
February 26	* Year 9 Future Makers Camp1-Fifteen Mile Creek
March 1	* Ovens & Mitta Division Swimming -Wangaratta * Waller and Barkly Street Campus school photos
March 6	* Southern Ranges Swimming-Seymour
March 7	* Year 11 3 day Discovery Camp -Melbourne
March 13	* Year 9 Future Makers Camp 2-Fifteen Mile Creek * Outdoor Education 3 day Barmah Paddle-Barmah National Park

Benalla P-12 College BELL TIMES 2017

Foundation to Year 4 –Avon & Waller St	
Session 1	8:50am – 11:00am
Recess	11:00am – 11:30am
Session 2	11:30am – 1:30pm
Lunch	1:30pm – 2:10pm
Session 3	2:10pm – 3:10pm

Year 5 to Year 12-Faithfull & Barkly St Campus	
Monday	
Period 1	9:00am – 9:45am
Period 2	9:45am – 10:30am
Mentor	10:30am – 10:55am
Recess	10:55am – 11:20am
Period 3	11:25am – 12:10pm
Period 4	12:10pm – 12:55pm
Lunch	12:55pm – 1:40pm
Period 5	1:40pm – 2:25pm
Period 6	2:25pm – 3:10pm

Year 5 to Year 12-Faithfull & Barkly St Campus	
Tuesday - Friday	
Period 1	9:00am – 9:47am
Period 2	9:49am – 10:36am
Recess	10:36am – 11:08am
Period 3	11:13am – 12:00pm
Period 4	12:02pm – 12:49pm
Lunch	12:49pm – 1:28pm
Period 5	1:33am – 2:21pm
Period 6	2:23pm – 3:10pm

CAMPUS ASSEMBLIES FOR 2018

- Avon Street Assembly -Friday 2.45pm
- Waller Street Assembly -Monday 9.00am
- Years 5/6 Assembly -Friday 9.00am

All Welcome

Bringing Up Great Kids



Bringing Up Great Kids is a FREE program for anyone caring for kids aged 0–12 years.

This program helps you build strong, positive relationships with your kids

- Explore how what we think and feel influences how we parent our kids
- Learn about how kids brains grow and work
- Understand kids communicate through their feelings and behaviour
- Look at what are the important messages we want to pass on to our kids, and how can we do this
- Find out ways parents can take care of themselves and find help if they need it

Date: Thursday 15/02/2018 – 22/03/2018 (6 sessions)

Time: 2.00pm – 3.10pm (end of school time)

Location: Benalla P12 College – Waller Street Campus

Cost: FREE!

Please contact Bron on 5762 2600 if you are interested in attending



Breakfast Club is every day on the Waller Campus.

Breakfast is served from Monday through to Friday morning, from **8:30 to 8:50am** in the Stephanie Alexandra Kitchen. We also are serving up coffee and tea to our parents. What you may not realise is that in this time in the morning, our children make new friends, share stories, make plans, laugh a lot, help others, learn life skills like washing and drying dishes, practice their social skills by being polite and courteous to others and put leadership skills into practice to name a few. Best of all, our children get to start the day with a smile on their face even if they have already had breakfast at home. It's not just about having breakfast, it's a meeting place for making a great start to the day.

If you are wanting to volunteer for the Breakfast Program, please call Bron on 5762 2880.

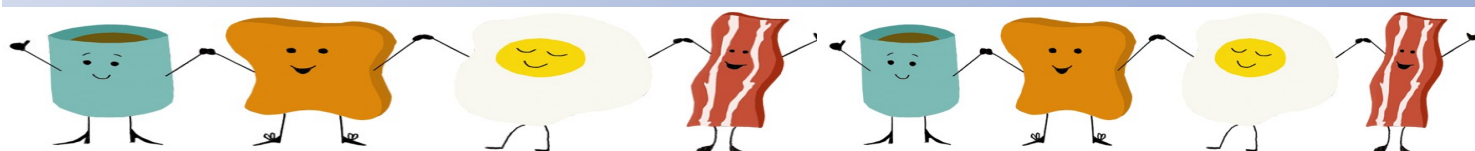


Avon Campus Breakfast Club is every Friday.

Breakfast Club will commence this Friday 9th February with Viv in the Art room. Parents are welcome to join us and we look forward to seeing many new faces. If you would like to volunteer for the program please contact Viv 0411 260 622

Breakfast Club is every day at the Faithfull Campus except Wednesdays

Faithfull Campus Breakfast Club will commence on Monday 5th Feb. Breakfast Club runs in the stadium from 8.30am to 8.45 each day, except Wednesdays. Everyone is welcome to join us. For more information, please contact Lou McCloskey 5761 2777



Careers and Pathways – Barkly Street Campus



My name is Kellie Cairncross I am the Careers Advisor/Pathways Co-ordinator at the Barkly Street Campus. I am based in the Careers Room at Barkly Street. I work 3 days a week (Monday/Wednesday/Friday) and I am available to students and parents/carers to attend meetings regarding career transitions decisions. Please feel free to contact me to make an appointment time. Students are welcome to put their name on the appointment sheet in the careers room. I would like to see all year 12 students this term. Year 12 students are encouraged to research the career that they think they may want. It is time to start being proactive and doing things like contacting Universities regarding selection requirements, seeking work experience and contacting potential employers. For students wanting to go to University, the **VTAC website** has everything you need to know about various courses.

Myfuture.com (<https://myfuture.edu.au/>) is a great website to use to take the first steps to managing and discovering a career. It has Information about career planning and education, and training options for Australian jobs. This year, every student needs to have an up to date CAP's plan (Careers Action Plan). All our students have a folder which is kept in our office that contains their CAP's plan, a current resume, certificates, job skill checklists and more. It is the student's responsibility to keep their plans and their portfolio up to date.



Molly Craig is our Work Experience and School Based Apprenticeship Co-ordinator. Molly is also the VET Co-ordinator. Molly is based in the Careers Room at Barkly Street. Mark Winzer from Apprenticeships Matter is available to students Period 1 on a Wednesday and helps students to secure school based apprenticeships. Molly is available 5 days a week.



"Giving back"

#Giving Back

As part of our careers/transitions program and preparing our students to leave school as well rounded young citizens, this year we would like to our school community to help us focus on the concept of "Giving Back".

We live in a wonderful community. We have numerous groups, organisations, clubs and committees and there are endless ways that our students can 'give back'.

In addition to this, when our students apply for University, there are early entry programs and scholarships that are focussed on contribution to community and 'giving back'. Our students resumes can also be greatly enhanced by including unpaid work and community and school contributions that they have made.

Our goal: By the end of 2018, we would like every student from Years 9-12 have volunteered in their community (local or school) in some capacity.

We can't enforce this, it is not compulsory, but we would greatly appreciate parents, carers and guardians to help us achieve this!

Volunteering is all about making a difference in our community. We feel it will also benefit our students by:

- allowing them make new friendships and create professional networks
- helping them gain work experience and learn new skills
- allowing them to enjoy new social experiences and build confidence/self esteem
- allowing them to enjoy better physical and mental health (studies show volunteering makes us healthier and happier)
- giving them opportunities to have fun!

The volunteering may be a 'one off', for a short time or it may be ongoing. It may be at school, with an organisation, through their sporting group etc. It may be helping at sausage sizzles, going on a committee or helping raise money. It may be belonging to your local CFA, volunteering for charity, offering to help at the library or helping with the Street Art Festival. The opportunities are endless!

If any member of our school community can support our students with this or know of volunteering opportunities, please feel free to let us know and we can promote it. We are happy to promote different organisations in our newsletter.

-Kellie Cairncross

Out of School Hours Care Program

After School Care: The Waller P-4 Campus and the Avon P-4 Campus both operate an After School Program each weeknight throughout the school year. Care is provided in the Multi Purpose Room at Waller Street and the Avon Campus music room from **3.10pm until 6.10pm** each school day from Monday until Friday. Both programs employ qualified staff and provide safe, and stimulating environments for students requiring care after school hours. The weekly program and snack menu is advertised each week in the school newsletter. The cost for each night is \$13.50 based on a 3-hour session. For the last day of each term when early dismissal occurs, the cost of care is \$18.50, based on a 4-hour session.

Vacation Care: Both campuses also operate a Vacation Care Program for 8 weeks of the four term school holidays, which provides care from **8.30am to 6.00pm**. The cost for one day of care on either campus is \$42.75 per child. Families are to supply their child's own lunch and snacks. The program may also include special excursions such as swimming and movies, which are an additional charge to the daily cost. These days are advertised to families several weeks prior to the care and are invoiced to families at the end of the program. An optional early drop off is also available from 6.45am, for an extra \$10 per child, per day.

Before School Care: Operates each school morning at the Avon and Waller Campus, from **6.45am to 8.45am**, at a cost of \$9, per child, per day. Children are provided with a nutritious breakfast and play games and activities in a secure and comfortable environment. Prior bookings are required for care.

Child Care Benefit (CCB): *Families are eligible to claim some level of Child Care Benefit (CCB). This benefit is in the form of a fee reduction depending on the number of dependants and combined income of your family. If you are a new family using the program, you need to ring the Family Assistance Office on **136150** to register for CCB.*

STAFF

Avon Street Campus - Supervisor: Nardia Holmes **Waller Street Campus - Supervisor:** Kerry Masters

Educators: Vicki Tuckett, Mary-Lou Davis, Di McKenna, Maddy Hansen, Chloe Cameron, Adam McCulloch.

Program and Snacks:

The program includes a range of educational experiences including cooking, indoor/outdoor games, crafts, iPads, Lego, board games and many activities chosen by the children themselves. We provide healthy snacks each night including fresh fruit, sandwiches, biscuits and spreads, pasta, cereal and custard. The weekly program and menus are included in the school newsletter.

Further Enquiries: Call in to talk to the OSHCS staff or leave a message at the office for the staff to contact you.

Bookings: New families need to complete an enrolment form available from the school office or the Educators on duty. Bookings can be made by phoning the school or the program mobile on:

Waller Street: 0407 715 660 or 5762 2600 **Avon Campus:** 0428 014 133 or 5762 1646

Bookings that are not cancelled are charged at the normal rate.

PERMANENT BOOKING FORM – TERM 1, 2017

Child's Name: _____ Grade: _____ Parent Name: _____
Phone Number _____

I would like to book my child/children in each week for the following nights.

Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday ☐ Casual only ☐

Please return this form to the school office



When Anger gets in the Way

Department of Rural Health

Public Event

How to help your kids when they flip their lids!

Dr Andrew Wake
MBBS, FRANZCP, Mast Psych, Cert Child Psych.

Dr Andrew Wake is a child and adolescent psychiatrist in both the public and private health systems. He has worked in a range of settings, from urban suburbs to rural townships and remote Aboriginal communities and has recently released a book 'The Good Enough Parent'.

Do you worry about your children? Are you concerned about their development and your contribution as a parent. Do you think you're setting an example or do you find yourself tearing out your hair when you're confronted by an emotional outburst or tantrum?

Dr Andrew Wake has extensive experience in giving talks and seminars to health professionals, parent groups, schools, child

protection agencies and the police. He has a keen interest in helping parents and care giving adults to understand the emotional life and needs of the child in their life, and helping them to provide 'enough' of the things they need.

He has lectured at Melbourne University, presented at national and international conferences, and undertaken numerous speaking engagements at mental health clinics, schools, child protection units, and parent groups on various topics including parenting, understanding and managing strong emotions and tricky relationships, child development, adolescent sexuality, and the effects of childhood trauma.



Event Details

Date:
Thursday 1st March, 2018

Time:
5:30 - 7:00pm

Venue:
The Department of Rural Health
The University of Melbourne
49 Graham St (opposite GV Health)
Shepparton 3630

Enquiries:
DI Doyle P. 03 5823 4512 or E.
ddoyle@unimelb.edu.au

Bookings:
Bookings are essential for this free public lecture. Register at
trybooking.com/343756

CRICOS PROVIDER CODE: 00116K

Benalla
HEALTH



Foodcents is a free cooking and budgeting program run by Benalla Health. You get to cook tasty food and eat together with your family.

What you will need to do:



- * Commit to 3 cooking sessions in your home
- * Tie up your dogs
- * Not smoke while cooking or eating
- * Have a clean kitchen, benchtop and kitchen table
- * Have some clean plates/bowls and cutlery
- * Limit visitors—only the people on the list should be there
- * Do a quick phone survey with us

In return we will:

- * Buy all the food
- * Bring cooking equipment and utensils
- * Bring child friendly equipment e.g. safety knives
- * Let you know beforehand what meal we will cook
- * Let you keep you keep any leftovers
- * Help with the cleaning up



For more information, contact Benalla Community Health Service on 5761 4500



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|---|--|
|  laptops & tablets |  lessons & activities |
|  uniforms & shoes |  books & supplies |
|  sports fees & gear |  camps & excursions |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.

BERRY STREET
We're for Childhood

Contact
Donelle Walsh
your local Saver Plus
Coordinator
Phone
0457 849 112
03 5828 8100
Email
dwalsh@berrystreet.org.au
Web
www.saverplus.org.au

saverplus

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.berrystreet.org.au for more information.

NEW! Summer Social Hockey

Come enjoy Benalla's NEW social hockey ...

FRIDAYS
FROM **6pm** **STARTING Fri 9th Feb**
Have fun, meet people and increase your fitness!

Modified rules, 1/4 field games, no competition
All abilities welcome - surprise yourself!

Ages 10 and over
Equipment provided
Churchill Reserve, Waller St
Contact: benallahockey@gmail.com
HV Membership Costs only
FREE for new players for first 2 Weeks

