



# Benalla P-12 College Newsletter

Principal-Barbara O'Brien



Dear Families,

## Parent / Teacher / Student Interviews

This year we are combining the Parent/Teacher Interviews for the Years 9, 10 & 11 students with Course Counselling. It is therefore important that all students in these year levels and their parents attend these interviews to ensure they have accurate information when choosing their subjects for 2018.

Parent / Teacher / Student Interviews provide an important time when families can speak to their child's teacher to discuss academic progress and social emotional development. We value family members' knowledge about their children and this meeting can help us to learn more about each child and how we can support them in their school life. **Your child is required to attend the Parent/Teacher interviews to be part of the discussion about their learning with you and their teacher.**

Parent / Teacher interviews this term will be held on the following dates for all campuses.

**Thursday 24th August – 4:00pm to 7:00pm**

**Friday 25th August – 9:00am to 2:00pm**

- Years 7 to 12 (Faithfull St Campus)
- Years Prep to 4 interviews will be held at your child's campus, either Avon St or Waller St.
- Years 5 & 6 interviews will be held in their learning area on Clarke St

Interview times are to be booked through the online booking system which is available to all parents. To book go to the Benalla P-12 College Parent Portal <https://portal.benallap-12college.vic.edu.au/portal/login> bookings are now open. Full instructions on booking are being sent home with your child, however, if you are experiencing difficulties please contact your child's campus.

Parents/guardians who are unable to make a booking electronically will be able to arrange an interview time with your child's teacher.



**We look forward to seeing all parents and students at the interviews. Students are not required at school on Friday 25<sup>th</sup> August.**

## Parent Opinion Survey

A number of parents have been randomly selected by a DET computer program from our data base. For the first time, the randomly selected parents, will complete the survey online by being provided with a unique survey link to the portal. Parents have until 27<sup>th</sup> August to complete the survey in their own time. Parents who are randomly selected will be phoned with the survey link being emailed to them. **We value your opinion so if you are invited to participate in the survey, please take the time to complete this.**

## College Activities

Our students once again participated in a range of activities over the past week. Our students are currently working on displays at the Town Library, please pop in and have a look. Indonesian Independence Day Celebrations were conducted on the Avon Campus, while students participated in the Hume Netball Competition. Senior students were engaged in the Walk the Talk program while the Instrumental Bands Mid-Year Concert was a great success on Thursday evening.

Best wishes for the week ahead.

Regards,

Barbara O'Brien  
College Principal



## We are now taking 2018 PREP ENROLMENTS!

Do you or a friend have a younger child due to start school next year? Please contact our Avon or Waller Street Campus office to collect an Enrolment Form or book a School Tour.

**Avon St Campus: 5762 1646**

**Waller St Campus: 5762 2600**



Email: [Benalla.p12@edumail.vic.gov.au](mailto:Benalla.p12@edumail.vic.gov.au)

Web: [www.benallap-12college.vic.edu.au](http://www.benallap-12college.vic.edu.au)


**Avon St Campus**  
(Prep-Yr 4)  
Ph: (03) 5762 1646  
Fax: (03) 5762 2740  
**Attendance Hotline**  
5762 1646

**Waller St Campus**  
(Prep-Yr 4)  
Ph: (03) 5762 2600  
Fax: (03) 5762 3863  
**Attendance Hotline**  
5762 2600

**Faithfull St Campus**  
(Yr 5-9)  
Ph: (03) 5761 2777  
Fax: (03) 5762 4076  
**Attendance Hotline**  
5761 2747

**Barkly St Campus**  
(Yr 10-12)  
Ph: (03) 5761 2888  
Fax: (03) 5762 5276  
**Attendance Hotline**  
5761 2810

## 2017 Term 3 Dates: 17th July-22nd September

August 21-25th	* Scholastic Book Fair– Avon, Waller & Faithfull St Libraries (see pg 8 for more details)
August 23	<ul style="list-style-type: none"> <li>* Avon Street Book Character Parade-9.00am-All welcome</li> <li>* Community Reading Morning all campuses</li> <li>* Year 10 Outdoor Education Ski Trip –Mount Stirling</li> <li>* Uniform Shop Open-3.00pm-5.00pm-Faithfull St Sports Hall</li> </ul>
August 24	* Parent Teacher Interviews & VCE Career Counselling 4.00pm-7.00pm
August 25	* Parent Teacher Interviews & VCE Career Counselling <b>PUPIL FREE DAY</b> 
August 28	* Year 9 -Respectful Relationships
August 29	<ul style="list-style-type: none"> <li>* Victorian School Music Fest Performance-Hawthorn</li> <li>* Year 9 Outdoor Education- Reef Hills</li> </ul>
August 31st	* Whole School Assembly-Clarke Street Gymnasium 11.30am
September 1	<ul style="list-style-type: none"> <li>* Years 7-9 Koori Student Gathering –Faithfull St Library 1.30pm</li> <li>* Year 5/6 Tree Planting Excursion</li> <li>* Year 5/6 Round Robbin</li> <li>* Avon St Fathers Day Stall-11.30am</li> <li>* Waller St Fathers Day Stall <b>(GIFTS FOR FATHERS DAY WILL RANGE FROM \$1.00-5.00)</b></li> <li>* Faithfull 5/6 Fathers Day Stall</li> </ul>

PUBLIC TRANSPORT VICTORIA

### SCHOOL BUS MANAGEMENT SYSTEM

Public Transport Victoria (PTV) and the Department of Education and Training (DET) have reviewed the administrative system of the School Bus Program in order to streamline and improve the process for parents and students.

Here is a summary of the changes:

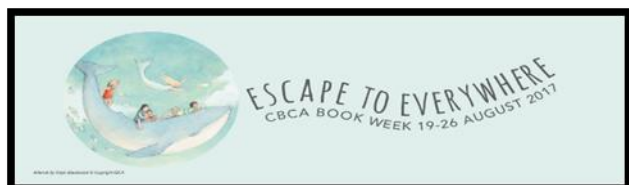
- > An online School Bus Management System is being introduced and Benalla has volunteered to be part of the pilot program for Semester 2, 2017.
- > Once the changes occur, PTV will manage the application process and issue bus passes, rather than schools.
- > New students who would like to access a school bus will need to apply online directly to PTV.
- > Existing school bus users that have already applied will automatically transfer to the new system and PTV will let each family know of next steps, including their username and password.
- > Schools will continue to manage on-the-ground information, student behaviour and emergencies.
- > Until the changes officially begin, your school will continue to manage travel applications.

PTV will share more information about the new School Bus Management System over the coming months. If you have any questions, please contact your school or call PTV on 1800 800 007.



# Community Reading Morning 2017

## F-9 Reading Events



Year Level	Campus	Event	Date	Time
Foundation	Waller	<b>Reading Activities</b> -Students will invite their families in to enjoy a variety of reading activities	Wednesday 23 <sup>rd</sup> August	9:00-10:00 a.m.
Year 1 Year 2	Waller	<b>Peer Reading</b> -share a book about their favourite animal <u>OR</u> -share an information report they have written in class	Wednesday 23 <sup>rd</sup> August	Morning
Foundation Year 1 Year 2 3/4	Avon	<b>Buddy Reading</b> -F-4 students and their special guests will meet in the Multi-Purpose Room to read favourite books and reports they have written in class <i>*This event will immediately follow the Book Parade being held at 9:00a.m.</i>	Wednesday 23 <sup>rd</sup> August	9:30-10:00 a.m.
3/4	Avon	<b>Buddy Reading</b> -with Foundation students	Tuesday 22 <sup>nd</sup> August	9:00 a.m.
3/4	Waller	<b>Booknic</b> -Students will be sharing recess and their favourite books with their 3/4 peers and special guests	Tuesday 22 <sup>nd</sup> August	2:10 p.m.
5/6	5/6 Hub	<b>Poetry Reading</b> -students will be reading their poetry to kinder visitors	Tuesday 22 <sup>nd</sup> August	Afternoon
Year 7	Faithfull	<b>Multi-age Reading Activities</b> -Students will be sharing their favourite stories/work with a group of Year 8 students.	Tuesday 22 <sup>nd</sup> August	Morning
Year 8	Faithfull	<b>Multi-age Reading Activities</b> -A group of Year 8 students will be visiting Year 7 classes and sharing their self-written stories or poems.	Tuesday 22 <sup>nd</sup> August	Morning
Year 9	Year 9 Centre	<b>Reading Workshops</b> -Students will be reading a novel of their choice with a group and participating in group discussions.	Tuesday 22 <sup>nd</sup> August Wednesday 23 <sup>rd</sup> August	11:40 a.m.

## Avon Street Book Parade Wednesday 23rd August 9.00am

Students and teachers are invited to dress up as their favourite book character on Wednesday. Family and friends are welcome to join us in the Multipurpose room.



## Parents & Friends Fathers Day Stall Friday 1st September

A wide range of gifts will be available for students to purchase for that special person in their lives. Gifts will range from \$2-5.00

*Any parents that can assist on the day please let Karen know.*



**Congratulations Ryder, Kaylee, Kiarnah, Sophie, Isabella, & Caidayne**

## AVON STREET CAMPUS SCHOLASTIC BOOK CLUB

**Orders are due back to school  
Wednesday 4th September by 9.00am.**

If paying by cheque, please make payable to  
Scholastic Book Club.

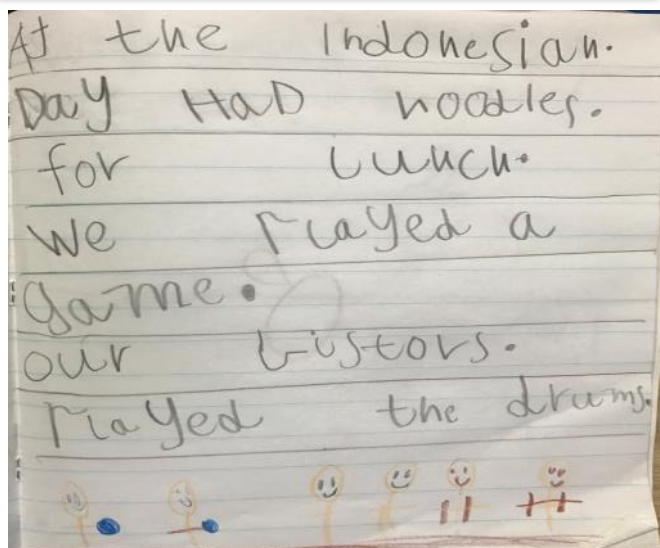
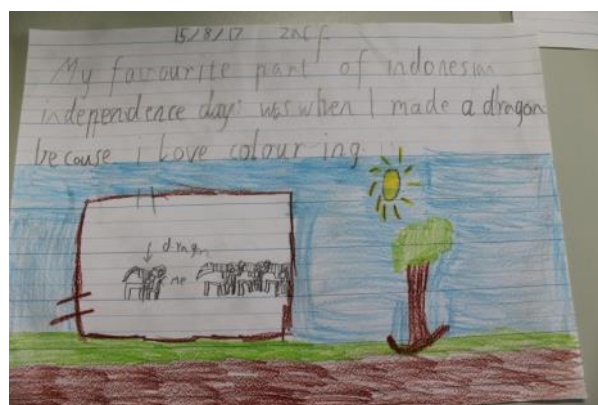
**Please note that late orders cannot be accepted.**



## Indonesian Independence Day

On the 15th August we had Indonesian Independence Day. It was awfully fun. We had Suara Indonesian Performance come to Avon Street and show us some instruments that come from Indonesia. After that we went to our groups. We made dragons on sticks and read a book called Elmas day then after that we did a dot painting on Elma the Elephant. Lastly we made paper dolls. It was a fun day and my favourite activity was the dot painting.

*By Jayhe-lee*



# Students of the Week



Student  
of the  
Week



Congratulations Hunter, Cianna, Danielle, Maddy  
Lachie, Arni, Noah, Beau

## Golden Shovel Awards



Well done to our above Golden Shovel  
award winners. Jacob, Trinity, Bella, Ibrahim,  
Koren, Cianna, Maddy.



This weeks Benalla P-12 champion award from Bron  
was awarded to Tahlia and Elizabeth for using their in-  
tegrity when they found something in the yard that didn't  
belong to them.

## New Volunteer at Waller Street Brekky Club



As many of you are already aware, Breakfast Clubs operate at different campuses across Benalla P-12 College and we are always looking for new volunteers.

Waller Street's Brekky Club is run by Bron Greig and we are lucky to have a number of helpers, including two of our local police officers, Mark Kennedy and Paula Allen, who volunteer their time every week. Not only do they make milos

and serve out toast and muffins, they also build strong and positive relationships with our students.

Our newest volunteer is Jessica Mobourne, our Regional Koori Education Support Officer and she will be helping out every Monday morning and no doubt she will get to know many of our staff, students and their families. This Monday the 21<sup>st</sup> of August, Jessica will begin volunteering at our brekky club. Jess is a part of the Wemba Wemba, Yorta Yorta, Gunditjmarra, Wotjabaluk and Gunai/Kurnai communities. Jess would love to engage with as many students and families as possible. This is a great opportunity for Aboriginal and Torre Strait Islander students and families to introduce themselves and have a chat with Jess.

If you would like to volunteer, please contact Bron on  
Ph. 5762 2600



## Indonesian Independence Day celebrations at Waller street!

On Tuesday 15<sup>th</sup> August, Benalla P- 12 College celebrated Indonesian Independence Day. After recess, we enjoyed a fantastic performance by Rose and Rendra, culminating in a P- 4 Indonesian song, which was beautiful. The students then took part in 3 rotational activities which highlighted the cultural variety across Indonesia.

This week, students from Avon, Waller and Clarke St Campuses enjoyed being involved in celebrations for Indonesian Independence Day. This year, in Indonesia marks 72 years of Independence from Dutch Colonial Rule.

The students were all completely engaged and enthralled in the spectacular musical and dance performance by Rose and Rendra from the Rhythm Hunters. Students enjoyed learning all about the traditional musical instruments from Sumatra, Indonesia. Students were invited to have a try playing the instruments and being a part of the performance.

The performance ended with a special Indonesian song with all students, staff and parents getting involved.

Students were then transported to Indonesia for 3 hours whereby they were involved in rotations such as batik making, orangutan dioramas, unique spice pictures, Indonesian landscape concertina art, mask making, sponge painting and dragon art.

Students were then treated to the delicious delights provided by the Avon St Parents – with Indonesian fried noodles wafting through the corridors.

Here are some of the beautiful reflections from the Prep students on the day.

*"At the Indonesian Day we had some noodles" - Jack Chittick*  
*"At the Indonesian Day we played a game" - Charlie Bowen*  
*"At the Indonesian Day we painted Elmer" - Aaliyah Freeman*  
*"At the Indonesian Day our visitors played the drums" - Dylan Monaghan*

Thank you to all staff who were involved in the day as well as the parents who volunteered to cook up a delicious Indonesian feast!

It certainly was a day we will all remember and cherish

Bu Perry

### INDONESIAN SUARA DANCE GROUP

On Tuesday August the 15th an Indonesian Dance group came to perform for 5/6 and some year 7s. The dances names were rose and Andrea. They lived on a island called Java. At the start they performed a welcome dance. They told us that Indonesia has over 2000 islands and 800 languages. They had many types of percussion instruments. They play (chiput) fast music more than slow music. Most of the drums are frame. They showed us that you can "talk" with small drums. Then they performed a few more dances. They let some kids use small frame drums. and they taught us the high and low pitches of a drum. We made our own rhythms by clapping or playing drums. Then he showed us how to circular breathing with a flute. To finish we did a little song to end we think everyone had such a good time.

From Montell Macfarlane and Tyler McGregor



## Independence Day celebrations!

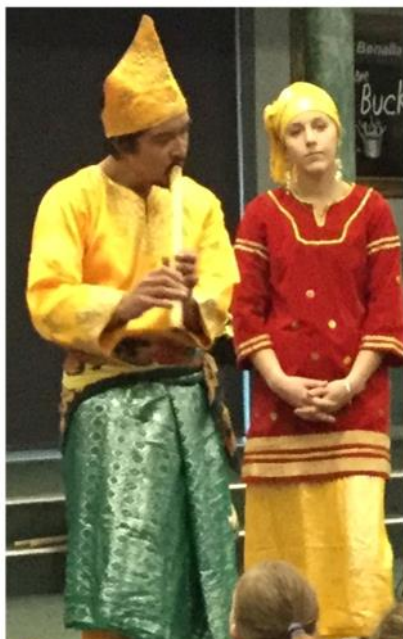
On Tuesday we had Indonesian people who came and showed us Indonesian instruments and some dancing. They are from a company called Suara.

They played lots of drums. They handed out little hand drums to some of the kids and taught us how to play them. They had passion! They were dressed in Indonesian shiny sparkly clothes. Rose (the lady) flipped her head around in one of the dances and her headpiece came off and her hair flung everywhere. They asked one of the students to come up and Rendra blew on her arm to show how long he could blow using circular breathing.

There were really good sounds that they made. We sang a song that Claudia wrote on the board for everyone. The lyrics were:

**Salam dunia  
apa kabar, semua  
Kami mengharap,  
baik baik saja, selamanya**

-by Claudia, Haylea & Sunny.





## THE SCHOLASTIC BOOK FAIR IS COMING TO YOUR CAMPUS LIBRARY!

### TIMES:

#### **Waller Library:**

Monday 21st August 2.30PM-4.30PM  
Tuesday 22nd August 2.30PM-4.30PM  
Thursday 24th August 4.00PM-7.00PM

#### **Avon Library:**

Wednesday 23rd August 2.30PM-4.30PM  
Thursday 24th August 4.00PM-7.00P

#### **Faithfull Library:**

Monday 21st August 2.30PM - 4.30PM  
Wednesday 23rd August 2.30PM-4.30PM  
Thursday 24th August 4.00PM- 7.00PM

#### **SALES ARE CASH ONLY -**

NOVELTY ITEMS & BOOKS FROM \$1  
WACKY PACKS \$6 ( BOOK & 2+ NOVELTY ITEMS)  
A RANGE OF BOOKS FROM \$5-\$20

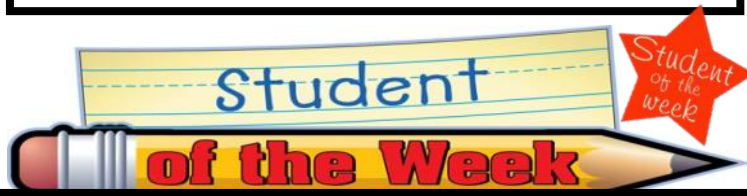
Happy Book Shopping  
Mrs Fraser



## dates to Remember

5/6 News

- \* 22/8- Poetry afternoon
- \* 1/9- Tree planting for year Kilpatrick, Higgins and Arendshorst
- \* 4/9- Tree planting for year Carr, Winkler and Foy.
- \* 8/9- Kids thrive celebration event
- \* 11/9- Beechworth excursion for year Carr, Winkler and Foy
- \* 14/9- Athletics day
- \* 15/9- Beechworth excursion for years Kilpatrick, Higgins and Arendshorst
- \* 22/9- 5-9 Campus assembly



Congratulations Emily, Georgie, Hannah, Lilly, Mia, Tyler, Meah, Hayley, Chloe

every day counts 

Fathers Day Stall  
Friday 1st September  
5/6 Hub  
Gifts will range from \$1-00-\$5.00

Students will be able to purchase something for that special person in their lives.

**HAPPY FATHER'S DAY**



Students from Year 5/6 SLG are selling Daffodil Day merchandise over the next two weeks.

Pin-\$5.00

Pen-\$6.00

Students will call around to classes each day.

## Study Group

The Barkly Campus is now offering Study Group twice per week. The first session is immediately after school on Monday afternoons whilst the second Study Group session is on Thursday afternoons. Students can work in the library, S3 or the Study Centre. Teachers are available to provide one-to-one assistance. This is a fantastic opportunity to complete homework, prepare for assessment tasks, work on group projects and meet with classroom teachers. See you there :)



## YEAR 10 CAREERS DAY

Year 10s from across Benalla, were fortunate enough to be involved with a Careers Day organised just for them by Tomorrow:Today Foundation.

The day began with students visiting various workplaces or workshops on university courses. Our students went to D&R Henderson, Rose City Vets, Primal Health, Benalla Health and attending courses on Digital Art and Law. Hands on learning was a high priority with students undertaking physical challenges at Primal and teeth scaling on a dog at the vet.

Students then all met together at Benalla Lakeside Centre, where they heard a talk on the importance of volunteering in their community and then had speedy talks with a wide range of people who talked about a wide range of jobs and careers available. Over lunch students had the opportunity to talk to universities, TAFEs and apprenticeship providers.

In the afternoon students attended a workshop either from the Police, the Defence Force, on Apprenticeships and Traineeships or what life is like at Uni. In these small groups, students were able to ask questions and find out all sorts of information as they begin planning for their futures.



## Have you considered a: Traineeship in Outdoor Recreation (Certificate 4)

Outdoor School is a residential outdoor school run by the Department of Education. We have 2 campuses, 15 Mile Creek and Bogong. The 15 Mile Creek campus is located at Greta South and provides Outdoor Education Programs for students from Prep to year 12. The Bogong Campus is located at Bogong Village and provides Outdoor Education programs primarily to secondary school students. The Certificate IV in Outdoor Recreation is a 12 month course and students will gain knowledge in all aspects of the activities offered. Develop skills in

- Climbing
- Canoeing
- Rafting
- Bushwalking
- Mountain Biking
- Orienteering
- Skiing



Students will also be required to attend TAFE based training at a range of locations in Victoria.

If you are interested in applying for a position could you please send the following:

1. Current resume highlighting experience relevant to the Certificate IV Outdoor Rec position.
2. List of 3 referees with their contact details. At least one of these referees should refer to a personal context and one a professional context.
3. A succinct one page document outlining what it is that you hope to achieve whilst at Outdoor School and how you intend to use your experiences into the future.
4. Campus preference, if you have any.

Applications Open August 7<sup>th</sup> and CLOSE August 25<sup>th</sup> at 5pm.

Please email applications to [evans.rhys.o@edumail.vic.gov.au](mailto:evans.rhys.o@edumail.vic.gov.au)

## *'Educating for Sustainable Living'*

For more information, to register your interest or organise a tour of our facilities please contact Rhys Evans (Campus Principal – 15 Mile Creek) on 57666247 or Roger Blackwell (Campus Principal – Bogong)

The following PD's will be conducted at the Faithfull Street PAC at 3.30 – 5 pm on the following dates.

These PD's will be presented by the Melbourne Recital Centre musicians who are delivering an in school program for our Year 4 and Year 7 Hands on Learning students.

Music PD session is for teachers and anyone interested in engaging young people in percussion playing.

This session will be presented by musicians from the Melbourne Recital Centre.

Venue: Faithfull Street Campus Performing Arts Centre PAC

Time: 3.30 – 5 PM

Sessions will be held on:

**Wednesday the 23rd Aug - "Percussion in the class room"**

*We will be looking at body percussion, easy DIY instruments, composing using found sounds and some fun outdoor rhythm games for kids to play.*

**Wednesday the 30th Aug - "Composition in the class room"**

*Fun creative ways for students to compose their own pieces. No understanding of formal notation required.*

Each session will also recap what has been happening so far in the Benalla P-12 project with the year 4s and 7s ,

For more details contact Pip Rowe 57612777



**Mark Your  
Calendar**

*Dates to  
Remember*

## **Benalla P-12 Uniform Shop Faithfull Street Campus Sports Hall Open Days**

\* Wednesday 23rd August 3.00-5.00pm

\* Wednesday 11th October 3.00-5.00pm

Wednesday 22nd November (Foundation intake and last uniform shop day for the year  
10.00-5.00pm

**We are here to help. Call Judds Yarrawonga on  
5744 1269 for any further details**



**ESCAPE TO EVERYWHERE**  
CBCA BOOK WEEK 19-26 AUGUST 2017

Benalla P-12 College is now on display at the

## **Benalla Library from the 14<sup>th</sup> -28<sup>th</sup> August.**



In conjunction with Book Week and the theme 'Escape to Everywhere' we will be showcasing reading and all of the fantastic extra-curricular programs/activities that we offer at our college.

Look for the glass cabinet just inside the entrance and the red display board in the children's section for a display of photographs, student work and much more!

**The Benalla Library opening hours are:**

Monday, Tuesday, Thursday and Friday:

Wednesday:

Saturday:

Sunday and Public Holidays:

9:30am to 6pm

12noon to 8pm

9am to 12noon

Closed

If you would like further information please see Dee Carracher or Sharyn Stolz.



## What is communication access?

Where everyone in Benalla gets the message!

It is estimated that 1.1 million Australians have a communication disability, and that one in seven Australians will experience a communication difficulty.

Like mobility or wheelchair access, communication access is enabling people with communication disorders to get their message across by removing barriers to effective communication or providing extra support and strategies.

Communication access is vital to enable everyone to participate fully in the social, educational, economic and sporting aspects of community life in Benalla.



## Tips for successful communication

- Treat the person with the communication disability with dignity and respect
- Understand there are many ways to communicate, including electronic speech devices, communication boards or books, signing and gestures
- Ask the person with the disability what will help with communication
- Avoid loud locations, find a quiet place
- Listen carefully
- When you don't understand, let them know
- Try asking the person yes or no questions if you are having difficulty understanding them
- Ask the person to repeat or try another approach if you don't understand
- To make sure they are understood, check with the person that you have understood them correctly
- Allow the person time to respond, so always be patient
- Speak directly to the person and make eye contact.
- Speak normally. There is no need for you to raise your voice or slow your speech



# TRADES DAY

## WANGARATTA

Thursday 24 August 2017 • 3.30pm - 6.30pm  
GOTAFE Campus • Cusack Street, Wangaratta  
Register at [gotafe.vic.edu.au/wangtradeday](http://gotafe.vic.edu.au/wangtradeday)

Meet the Trainers  
Get tips to become an Apprentice  
Try a trade  
Find steps to employ an Apprentice  
Explore the mini trade expo



Meet **Dale Vine** from The Block  
Bring a friend for a chance to **WIN** great prizes

AUTOMOTIVE | BEAUTY | BUILDING & CONSTRUCTION | ELECTRICAL | ENGINEERING | GLASS & GLAZING  
HAIRDRESSING | HOSPITALITY | JOINERY | PAINT & PANEL | PLUMBING | REFRIGERATION

[gotafe.vic.edu.au](http://gotafe.vic.edu.au) | 1300 GOTAFE (468 233)

GOTAFE is the trading name of Goulburn Ovens Institute of TAFE (RTO 3094)

**gotafe**

**Avon Campus: 0428 014 133**

Monday 21/8	Tuesday 22/8	Wednesday 23/8	Thursday 24/8	Friday 25/8
<b>Activity:</b> x-box and drawing <b>Afternoon Tea:</b> Fruit, toast Milk & Juice	<b>Activity:</b> Lego and game boards <b>Afternoon Tea:</b> Fruit, spaghetti Milk & Juice	<b>Activity:</b> Movie <b>Afternoon Tea:</b> Fruit, muffins Milk & Juice	<b>Activity:</b> Playground and soccer <b>Afternoon Tea:</b> Fruit, party pies, Milk & Juice	<b>PARENT/TEACHER INTERVIEW DAY</b> <b><u>NO CARE Available</u></b>
Monday 28/8	Tuesday 29/8	Wednesday 30/8	Thursday 31/8	Friday 01/9
<b>Activity:</b> Dodge ball <b>Afternoon Tea:</b> Fruit, popcorn Milk & Juice	<b>Activity:</b> Blocks and octopus <b>Afternoon Tea:</b> Fruit, sandwiches Milk & Juice	<b>Activity:</b> Father's day present <b>Afternoon Tea:</b> Fruit, cereal Milk & Juice	<b>Activity:</b> Father's day bags <b>Afternoon Tea:</b> Fruit, biscuits, spreads Milk & Juice	<b>Activity:</b> Father's day cards <b>Afternoon Tea:</b> Fruit, pancakes Milk & Juice

**Waller Campus: 0407 715 660**

Monday 21/8	Tuesday 22/8	Wednesday 23/8	Thursday 24/8	Friday 25/8
<b>Activity</b> Board Games & hula hoops. <b>Afternoon Tea</b> Fruit, Wedges, milk & juice	<b>Activity</b> Oil pastel drawings & sandpit. <b>Afternoon Tea</b> Fruit, dry biscuits & spreads, milk & juice	<b>Activity</b> Bubbles & skipping. <b>Afternoon Tea</b> Fruit, nachos milk & juice	<b>Activity</b> Card games & soccer. <b>Afternoon Tea</b> Fruit, cereal, milk & juice	<b>PARENT/TEACHER INTERVIEW DAY</b> <b><u>NO CARE Available</u></b>
Monday 28/8	Tuesday 29/8	Wednesday 30/8	Thursday 31/8	Friday 01/9
<b>Activity</b> Board games & football <b>Afternoon Tea</b> Fruit, noodles, milk & juice.	<b>Activity</b> Bubbles & Lego. <b>Afternoon Tea</b> Fruit, mini hotdogs, milk & juice.	<b>Activity</b> Play dough & totem tennis. <b>Afternoon Tea</b> Fruit, party pies, milk & juice.	<b>Activity</b> Brain box & sandpit. <b>Afternoon Tea</b> Fruit, nachos, milk & juice.	<b>Activity</b> Hama beads & down ball. <b>Afternoon Tea</b> Fruit, dry bisc & spreads, milk/juice juice.



**Vacation Care**

With only 5 weeks of term left, we are now planning for the September Vacation Care, which will include 10 days of fun filled activities. Please ensure that you are fully paid up for the July holidays by the end of the this term. Program will be out in two weeks time. We are always looking for activities or ideas for excursions, so please give feedback to the carers if you have any ideas.

**Change of address and phone numbers**

Please let the carers know if you have any changes to your postal address or contact numbers.



**Enquiries please email: [hanrahan.anne.e@edumail.vic.gov.au](mailto:hanrahan.anne.e@edumail.vic.gov.au) or phone Anne on Fridays at Waller 5762 2600**



# FREE Youth Mental Health First Aid Course

For Parents of young people in Benalla

**Learn skills and gain confidence to assist young people experiencing mental health problems**



Mental illnesses often start in adolescence or early adulthood and it is important to detect problems early to ensure the young person is properly treated and supported. The YMHFA course teaches adults how to assist adolescents who are developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis.

**COURSE INFORMATION ( Normally costs \$250 - \$350 to complete)** A comprehensive 14 hour Youth Mental Health First Aid (YMHFA) course over four sessions. Course topics covered: Developing Mental Health problems, depression, anxiety, psychosis, eating disorders and substance abuse. Suicide and mental health crisis are also covered. Participants receive a copy of the Youth MHFA manual and are eligible to become an accredited Mental health First Aider if they attend ALL sessions

Participants will learn about adolescent development and the signs and symptoms of mental health problems, how and where to get help and what sort of help has been shown by research to be effective

20 places only - Registration Essential This course is being offered for the second time in 2017 due to demand. Parents of young people in Benalla will be given first priority.

**BOOK EARLY :**

Contact Benalla Rural City Council Community Development on 5760 2600 or email [amanda.aldous@benalla.vic.gov.au](mailto:amanda.aldous@benalla.vic.gov.au)

**Monday Sept 11 - 5.30-9pm**  
**Monday Sept 18 - 5.30-9pm**  
**Monday Oct 9 - 5.30-9pm**  
**Monday Oct 16 - 5.30-9pm**

Benalla Community Care Centre  
45 Coster St - Light supper inc.



Brought to you by Youth Live4Life  
Benalla Partnership Group



## Family information sessions

Delivering the NDIS in your community

As the Early Childhood Partner of the National Disability Insurance Scheme, Merri Health is hosting NDIS Information Sessions for families and carers of children aged 0 – 6 years.

These sessions will be covering;

- What the National Disability Insurance Scheme,
- What is the ECEI approach and what it means to your family,
- Who the Merri Health Early Childhood, Early Intervention team are and
- Merri Health's role in supporting families and children under this model.

Our team of experienced early childhood specialists will be on hand to answer all your questions.

Additional childcare support can also be provided if required. Please let us know when you RSVP so we can ensure this is available.

RSVP Phone: 1300 OMKIDS (665 437)

Email: [ecei@merrihealth.org.au](mailto:ecei@merrihealth.org.au)



TEACHING YOUNG AUSTRALIANS TO BE  
*mentally healthy*

## PARENT INFORMATION NIGHT

- **Monday, 4th September**  
7.00pm — 9.00pm
- **Wangaratta Performing Arts Centre**
- **Registrations (free) at:**  
<https://www.eventbrite.com/o/nerpsa-10028539796>

Proudly hosted by :



## BENALLA NETBALL ASSOCIATION TUESDAY NIGHT SPRING COMPETITION

Junior competition for boys and girls  
and social womens competition

1st Round starts Tuesday 5th September

Early Bird registration before 29th August to save

Registration ONLINE via our website

[www.benallana.vic.netball.com.au](http://www.benallana.vic.netball.com.au)

All enquires to: Karen Edwards 0421 057 421

[benallanetball@gmail.com](mailto:benallanetball@gmail.com)

Like our facebook page to stay up to date!

## Benalla Community Health Service

Benalla "Boob Bus"  
HEALTH



Your next Boob Bus to Breast Screen is scheduled for

**Wednesday 30<sup>th</sup> August**

Leaving Benalla Community Care  
Coster St. Benalla at 12.10 pm

Travel to Shepparton for your Mammogram.  
Bring lunch with you, or have it early, then share  
afternoon tea, and more support than a  
bra can offer. Arrive back around 5.00 pm

**Cost:**

Your time, and money for refreshments!!!

**Bookings:**

Please Book by **Wednesday 16<sup>th</sup> August**  
Call Benalla Community Health Service on  
5761 4500

Supported by BreastScreen, and Benalla Community

