



Monday 22nd May 2017

RESPECT RESPONSIBILITY HIGH EXPECTATIONS INTEGRITY

Benalla P-12 College Newsletter

Principal-Barbara O'Brien



Dear Families,

Walkathon

We were so lucky to have such beautiful weather on the day of our Walkathon. All students from Foundation to Year 12 and some of our parents enjoyed a stroll around the lake in glorious sunshine. At this stage we have raised just under \$1,000 however there is money still coming in and we hope to have a final tally next week.

College Activities

Once again our students have been involved in a range of extra-curricular activities. Last week students from Years 1 to 9 participated in the Sayembara Lisan Indonesian Speaking Competition with Bu Perry and Puk Steve. Our Year 8 students participated in the Live4Life program while the VCE students had the opportunity to listen to a local lawyer speak to them to assist with their Legal Studies. The Year 8 and Year 9 Outdoor Education students enjoyed bushwalks in the Warby Ranges and at Reef Hills while the Year 3/4 Students from Waller St enjoyed a wonderful excursion in Melbourne. On Friday afternoon the instrumental students participated in the music Solo's concert. Lots of great things are happening around the College.



Staff Carparks

To ensure students' safety we request that parents do not drop off or pick up students from the staff car parks on each campus. Staff are often arriving or leaving for meetings before, during and after school and this makes it unsafe for students who may be walking through this area. Thank you for your attention to this.

Best wishes for the weekend.

Barbara O'Brien
College Principal.



Respect

Responsibility

High Expectations

Integrity

Email: Benalla.p12@edumail.vic.gov.au
Web: www.benallap-12college.vic.edu.au

Avon St Campus
(Prep-Yr 4)
Ph: (03) 5762 1646
Fax: (03) 5762 2740
Attendance Hotline
5762 1646

Waller St Campus
(Prep-Yr 4)
Ph: (03) 5762 2600
Fax: (03) 5762 3863
Attendance Hotline
5762 2600

Faithfull St Campus
(Yr 5-9)
Ph: (03) 5761 2777
Fax: (03) 5762 4076
Attendance Hotline
5761 2747

Barkly St Campus
(Yr 10-12)
Ph: (03) 5761 2888
Fax: (03) 5762 5276
Attendance Hotline
5761 2810



SAYEMBARA LISAN AWARDS - BENALLA P-12 COLLEGE 2017

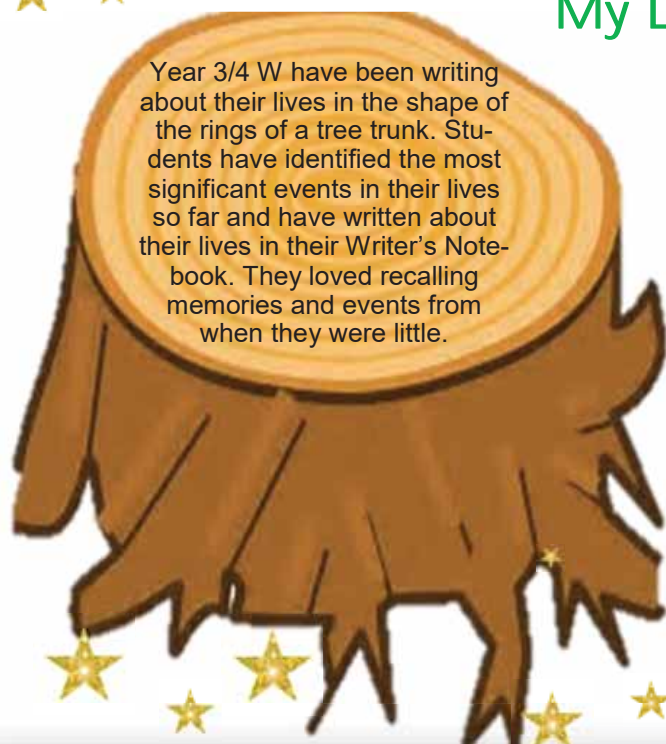
CLASS	AWARD	NAME
PREP	ENCOURAGEMENT	Jack Chittick
	ENCOURAGEMENT	Liam Carroll
GRADE 1	1 ST	Charli Levy
	2 ND	Emily Mackay
	3 RD	Hayley Warnock
	HIGHLY COMMENDED	Millie Hahn
	ENCOURAGEMENT	Ben Green
GRADE 2	1 ST	Sophie Winkler
	2 ND	Erin Jenkins
	3 RD	Amali McKenzie
	HIGHLY COMMENDED	Kazadi Kadima
	ENCOURAGEMENT	Indi Stovell
GRADE 3	1 ST	Jayhe Lee Quattrocchi
	2 ND	Ryder Levy
	3 RD	Jacinta Woodward
	HIGHLY COMMENDED	Kaylee Boer
	HIGHLY COMMENDED	Audrey Walker
	ENCOURAGEMENT	Caitlin Wood
GRADE 4	1 ST	Amber Armstrong
	2 ND	Aria Winkler
	3 RD	Meghan Guy
	3 rd	Brayden Quattrocchi
	HIGHLY COMMENDED	Zach Schalter
	ENCOURAGEMENT	Daisy Coleman
GRADE 5	1 ST	Ryley Ely
	2 ND	Imogen Biddle
	3 RD	Sunny Freeman
	HIGHLY COMMENDED	Tyler Begnone
	ENCOURAGEMENT	Mia Ely
GRADE 6	1 ST	Kyle Termorshuizen
	2 ND	Katie Barrow-Glass
	3 RD	Ben Sutherland
	HIGHLY COMMENDED	Ebony Armstrong
	ENCOURAGEMENT	Shayla Pace
YEAR 7 CONTINUERS	1 ST	Evelyn Biddle
	2 ND	Star Beavis
	3 RD	Maria Campbell
	HIGHLY COMMENDED	Justin Maddox
	ENCOURAGEMENT	Jayde James
YEAR 8 BEGINNERS	1 ST	Hamish Nelson
	2 ND	Meagan Webster
	3 RD	Olivia Housel
	HIGHLY COMMENDED	Sienna Herbert
YEAR 8 CONTINUERS	1 ST	Alex Dowe
	2 ND	Ankur Singh
	3 RD	Lily Freeman
	HIGHLY COMMENDED	Perry Plex
Year 9 Beginners	1 st	Megan Rice
	2 nd	Amber Rae Armstrong
YEAR 10 Continuers	1 ST	Annabelle Love
	2 ND	Willow Plex





My Life in a Tree Trunk

Year 3/4 W have been writing about their lives in the shape of the rings of a tree trunk. Students have identified the most significant events in their lives so far and have written about their lives in their Writer's Notebook. They loved recalling memories and events from when they were little.



Students of the Week

Pictured below are our students of the week. Well done Audrey, Kristy, Sharna, Harry, Tylar and Cash



ITS IN YOUR PALM!!



Last week, students from Year 4 visited the Orangutan street art in Benalla. Students were asked to sketch a picture of this street art. They used this picture to create an advertisement to encourage all Benalla citizens to stop buying products made with Palm Oil. Students were surprised to learn that products such as fruit loops, skittles, oreo cookies and coco cola all contain palm oil.

Whats the big deal about Palm Oil?

Palm Oil plantations are constantly replacing the forests that orang-utans live in Indonesia. Orang-utans are great apes and are closely related to humans having 97% DNA in common. It is predicted that if we don't stop extreme logging of the orang-utan habitat in 10 years there will be no more Sumatran orang-utans left in the wild.

Year 4 students have created impressive advertisements and information reports about the dangers facing the orang-utans and urge all of us to be responsible shoppers and not buy products with palm oil in them.





Back: Ryan, Xavier, Lilly, Charlotte, Hunter
Front: Jaxson, Emily, Kaleigh, Ryley



Back: Tahlia, Deisel, Manni, Mackenzie, Lachlan
Front: Max, Laura

Finger Pointing Under Words When Reading

It is important that early readers finger point under the words, to match what is read aloud with the printed words on the page.

The finger pointing acts as a check for accuracy.

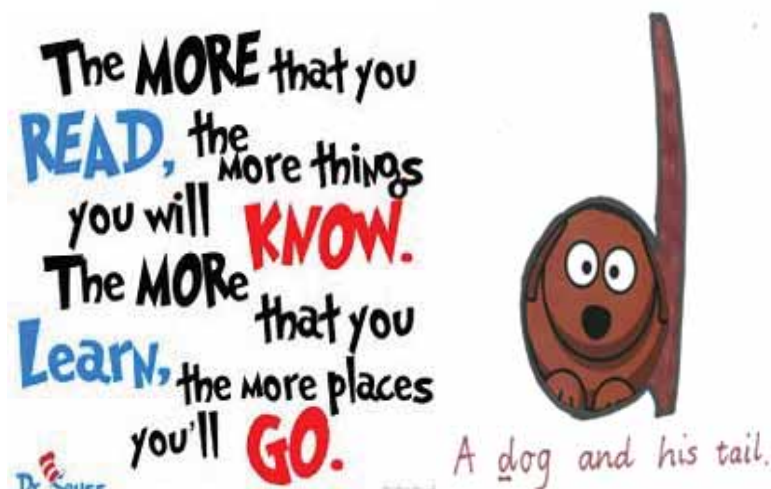
Eventually, the finger pointing will decrease, as the child is able to follow the text with his or her eyes. A child may return to finger pointing when a word is tricky or when the text is difficult. The child will then use learnt strategies to solve a new word or reread to self-check what has been read.



If I write with my right hand-
My right hand points under the word as I read it.
My left hand holds the book flat on the table so it doesn't move.



If I write with my left hand, my hands have different jobs when I read.
My left hand points under the word as I read it.
My right hand holds the book flat on the table so it doesn't move.



every day counts 

5/6 News

5/6 kitchen wizards

Over term's one and two, three of the year 5/6 classes have been lucky enough to participate in a cooking program. The students have been developing their knife skills, understanding of healthy food and most importantly working on their dishwashing skills!!

So far students have created pinwheels, muffins, vegetable quiche, vegetable tarts and carrot puddings.

"It's fun, it's quick, it's edible!" Cooper Woods

"I love that we get to eat our school work." Montell MacFarlane

"I love learning new things to cook at home." John Burke

"I love coming home and sharing the things that I have cooked with my family." Midian Craig.



"Cooking with kids is not just about ingredients, recipes, and cooking. It's about harnessing imagination, empowerment, and creativity."

- Guy Fieri



Sports Awards



Congratulations to all of our above worthy recipients

Students of the week



Congratulations Teresa, Chenel, Bianca, Montelle and Flynn.

Year 7 art students have been studying "The Victorian Era"

Colby's brilliant newspaper report accompanied his artwork-

"There has been an incident this week as a chimney sweep's master sent his 6 year old apprentice into a lit fire chimney for cleaning. Young Anthony Bull's funeral will be held at Morgag Cemetery . Anyone is welcome to come."



Join Us for



Cancer Council

Australia's
Biggest
Morning
Tea

Friday May 26
Faithfull St Campus

Gold coin donation



On Friday the 12th of May, our 7-12 students competed in their Cross Country run to qualify for the next round. The 7-9's completed a 3km course while the 10-12's completed a 5km course. Several students will be selected to represent our college on the 1st of June at Yea. Well done to all involved, and best of luck to those who qualify.

IDAHOBIT DAY

Faithfull Campus students supported IDAHoBi T day by celebrating diversity and inclusion, thanks This is important because lesbian, gay, bisexual, intersex and transgender and gender diverse people are much more likely to experience [depression](#) and [anxiety](#) than the broader population. They are also at a greater risk of [suicide](#) and [self-harm](#). Among LGBTI populations, research clearly indicates that [discrimination](#), abuse (both verbal and physical), exclusion and prejudice are key contributors to the increased rates of depression, anxiety and self-harm.¹

At Benalla P-12 College we believe all students have a right to come to school to feel safe and accepted.



Barkly Street Campus News

BREAKFAST WITH CATHY McGOWAN

On Thursday 18th of May, a number of our Year 12 students attended breakfast with Cathy McGowan, Federal Representative for the electorate of Indi. The purpose of the visit was to give young people of Indi the opportunity to discuss issues that matter most to them. One of the most contentious issues was how the federal budget will impact on university students.



LAW WEEK EVENT

To celebrate Law Week, the Barkly campus hosted a Q&A session with Veronica Haccou. Veronica was a part of the Australian legal team involved in the clemency appeals in Indonesia for Andrew Chan and Myuran Sukamaran (Members of the 'Bali 9'). A number of schools from our region attended the event.



Term 2 Tuesday 18th April-Friday 30th June

May 22-26	* PEEP Music Week * Library & Information Week
May 23	* BPACC Musical for Foundation Students– “We’re going on a Bear Hunt” * Year 7-12 Round Robin 2
May 24	* Year 3/4- Melbourne Excursion 7.00am-6.00pm
May 25	* Year 3-6 District Cross Country-Arundel St Showground * Year 7 first Concert Band-7pm-8.00pm
May 26	* Year 8 Outdoor Education-Reef Hills * Biggest Morning Tea-Faithfull St Campus
May 29	* Year 10 Outdoor Education -Kooyoora Basecamp
June 1	* Year 9 Outdoor Education-Mount Samaria * Year 7-12 Southern Ranges Cross Country-Yea
June 5	* Year 10/11 Exams Commence * Year 10 Outdoor Education -Kooyoora Basecamp



FREE Youth Mental Health First Aid Course

For Parents and Community Members from Benalla

Learn skills and gain confidence to assist young people experiencing mental health problems



Mental illnesses often start in adolescence or early adulthood and it is important to detect problems early to ensure the young person is properly treated and supported. The YMHFA course teaches adults how to assist adolescents who are developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis.

COURSE INFORMATION (Normally costs \$250 - \$350 to complete)

A comprehensive 14 hour Youth Mental Health First Aid (YMHFA) course over four sessions.

Course topics covered: Developing Mental Health problems, depression, anxiety, psychosis, eating disorders and substance abuse. Suicide and mental health crisis are also covered. Participants receive a copy of the Youth MHFA manual and are eligible to become an accredited Mental health First Aider

BOOK EARLY : 20 places only

Contact Benalla Rural City Council Community Development on 5760 2600 or email amanda.aldous@benalla.vic.gov.au

Monday May 29 - 5-9pm

Monday June 5 - 5-9pm

Monday June 19 - 5-9pm

Monday June 26 - 5-9pm

CWA Hall, Benalla

Light supper included

Participants will learn about adolescent development and the signs and symptoms of mental health problems, how and where to get help and what sort of help has been shown by research to be effective



Brought to you by Youth Live4Life
Benalla Partnership Group



Avon Campus: 0428 014 133

Monday 22/05/17	Tuesday 23/05/17	Wednesday 24/05/17	Thursday 25/05/17	Friday 26/05/17
Activity: Skipping and tiggy Afternoon Tea: Fruit, noodles Milk & Juice	Activity: Ham beads and cricket Afternoon Tea: Fruit, nachos, Milk & Juice	Activity: Drawing and bowling Afternoon Tea: Fruit, biscuits and spreads Milk & Juice	Activity: Loom bands and TV Afternoon Tea: Fruit, spaghetti Milk & Juice	Activity: Blocks and colouring pictures Afternoon Tea: Fruit, cocktail franks, Milk & Juice
Monday 29/05/17	Tuesday 30/05/17	Wednesday 31/05/17	Thursday 01/06/17	Friday 02/06/17
Activity: Dress ups and cubbies Afternoon Tea: Fruit, pancakes, Milk & Juice	Activity: Colouring and football Afternoon Tea: Fruit, sandwiches Milk & Juice	Activity: Cars and drawing Afternoon Tea: Fruit, pasta Milk & Juice	Activity: Painting Afternoon Tea: Fruit, soup Milk & Juice	Activity: Ball games and totem tennis Afternoon Tea: Fruit, dim sims, Milk & Juice

Waller Campus: 0407 715 660

Monday 22/05/17	Tuesday 23/05/17	Wednesday 24/05/17	Thursday 25/05/17	Friday 26/05/17
Activity Board Games & hula hoops. Afternoon Tea Fruit, Wedges, milk & juice	Activity Oil pastel drawings & sandpit. Afternoon Tea Fruit, , dry biscuits & spreads, milk & juice	Activity Bubbles & skipping. Afternoon Tea Fruit, nachos milk & juice	Activity Card games & soccer. Afternoon Tea Fruit, cereal, milk & juice	Activity Totem Tennis & Lego Afternoon Tea Fruit, pasta, milk & juice
Monday 29/05/17	Tuesday 30/05/17	Wednesday 31/05/17	Thursday 01/06/17	Friday 02/06/17
Activity Board games & football Afternoon Tea Fruit, 2minute noodles, milk & juice.	Activity Bubbles & Lego. Afternoon Tea Fruit, mini hotdogs, milk & juice.	Activity Play dough & totem tennis. Afternoon Tea Fruit, party pies, milk & juice.	Activity Brain box & sandpit. Afternoon Tea Fruit, nachos, milk & juice.	Activity Hama beads & down ball. Afternoon Tea Fruit, dry bisc & spreads, milk & juice.

Student Free Day – Friday 9th June 2017 – All day care will be provided for families on this day. Location of the care to be advised. Please book asap with After School Care, or the school office, so that we can determine how many children will require care on the day.

Ezidebit – Thank you to the families who have signed up to Ezidebit, a direct debit payment system that offers a fully automatic direct debit solution from the customers' bank, building society, credit union or credit card and debit card accounts, to pay for After School Care fees. Some families have committed to as little as \$10 a week to pay for their ongoing care. In order to use Ezidebit's Direct Debit Payment System, families must obtain a form from school and provide details of the amount, start date, frequency and the nominated debit account and return the completed form to the school office for processing.

Before School Care – Reminder to families that early care is available from 6.45am, weekdays. Bookings are required, as we only provide staff, if care is booked prior to the day. **A reminder to parents that before school care needs to be confirmed by 6.00pm weeknights.**

Enquiries please email: hanrahan.anne.e@edumail.vic.gov.au or phone Anne on Fridays at Waller 5762 2600

Become A Swim Teacher

Austswim - Teacher of swimming and safety
Course Code: TSW316808

Date: Saturday 17th June & Sunday 18th of June

Time: 8:30am - 5:15pm

Cost: \$395

Phone: 1300 885 666

Email: vic@austswim.com.au

Location: Benalla Aquatic Centre, 4 Mair St Benalla

Become a Austswim qualified teacher and teach children a skill that could save their life.

*Bookings Required



Benalla Aquatic Centre
4 Mair St Benalla 3672
T (03) 5762 2154 F (03) 5762 8485
www.benalla.ymca.org.au



Open your child's mind to another world

Give your children an opportunity to learn a new language and develop an interest in other parts of the world, by becoming a host family to an exchange student.

For more information, contact us:

1800 500 501

cheryl.p@scce.com.au

www.scce.com.au

Flexible,
short-term
host family
options are
available!



2017 REGIONAL CLINICS

This season, Telstra and the Melbourne Vixens would like to invite you to attend our **FREE** clinics throughout regional Victoria.

We're looking for a mix of girls and boys, aged between 11 and 16 to join us in May and June.

SALE	Monday 8 May	Gippsland Regional Sports Complex	4:30-6:30pm
GEELONG	Tuesday 30 May	Geelong Basketball Netball Centre	4:00-6:00pm
BALLARAT	Thursday 1 June	Ballarat Netball Association	4:00-6:00pm
ALBURY	Thursday 8 June	Albury Netball Association	4:30-6:30pm
BENALLA	Thursday 22 June	Benalla Netball Association	4:30-6:30pm

To secure a spot, head to the Netball Victoria website to register now.



vic.netball.com.au



Looking for an alternative to footy or netball?
Want a family-friendly sport and Club?

Come and play Hockey for Benalla!

Calling all 11 to 15 year old Boys and Girls

All abilities welcome – come & surprise yourself!

Training on Thursdays, 5-6pm

Churchill Reserve Hockey field

Mixed comp Sat mornings in Shepparton

Fees are \$200/yr all inclusive, equipment available

For more info email benallahockey@gmail.com
or come down on a Thursday!

Celebrating 100 years of hockey in Benalla in 2016